

Pool of Consumer Champions Lived Experience

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Why are we here?

- How to replicate the POCC model in your community?
- To share with you about POCC or a place to receive and provide support.
- To talk about POCC, a safe community to express challenges with mental health.
- To discuss ways to be an advocate in POCC and with peers living with mental health conditions.



Pool of Consumer Champions

Mission Statement

- The mission of the Pool of Consumer Champions (POCC) is to improve the quality of life for Alameda County residents who have mental health and substance use/abuse issues, in whatever settings they find themselves, and to provide the consumer perspective in transforming Alameda County Behavioral Health Services to a recovery vision that is consumer driven, culturally competent, and holistic in its services and supports. It provides a strong voice:of, by and for consumers in behavioral health care system and in the community

Why we joined POCC?

Hear our personal stories

Mary & Paulette



Highlights of the POCC

- Education and trainings
- Conferences
- Committees
- Events
- System collaboration
- Collaboration with the consumer movement
- No cost for membership
- Membership process

What's in the POCC for me?

Relationships

Stipend opportunities

Education and Training

Fun social events

Networking

Leadership and Advocacy

POCC Committees offer...



Empowerment

Self –advocacy

Acceptance

Fun

Safe environment

Hope



Questions and Answers