Telehealth Pilot

Increasing Access Through Technology; Phase I Project Overview/Initial Results
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Project Overview

- CA Small Counties interest in Telehealth
- Xpio just received approval to conduct a multi-phase Tele-Behavioral Health Pilot program
- This pilot will evaluate how organizations can expand their telehealth services offered, staff and service locations that are permissible by regulators, payers and DHCS
Project Drivers - AB 415

- The Telehealth Advancement Act of 2011 (AB415), authored by Assemblyman Dan Logue (R-Lake Wildwood) updated the legal definitions of telehealth, streamlined the approval process for telehealth-delivered services and broadened the types of allowed telehealth-delivered services available.
- http://chpca.org/health-information-technology

AB415

- Removed limits on locations
  - Allowing for any type of telehealth to be covered regardless of where it takes place
  - This can include patient care management programs, home monitoring devices, in-home patient medical appointments and physician reviews in any location for store and forward cases

Project Design

- Project Team will conduct an analysis of existing Telehealth options and resources currently being used by organizations and counties
- Team will work closely with the CA Telehealth Network (CTN)
- One Core Objective
  - Evaluate the feasibility of conducting clinic to client home based services and comparing to other telehealth services currently active in the region
**Scope of Pilot**

- Limited to a focus on gathering info for a more substantial grant in Phase I
- Work with counties to identify appropriate candidates, creation of a project charter and commitment of resources
- Timeline over the next 4 months

**Project Focus**

- Discovery of options
  - no full Telehealth program implementation
  - Provide actionable and well vetted information based on actual test scenarios that can be used for additional grant funding and other financial resources
- Funding to be used for developing Telehealth programs, procuring vendors and equipment

**Pilot Structure**

- Guidance published by both CTN and US Health and associates
- Seven Steps of Telehealth Planning for Program Success model
- [http://www.caitelehealth.org/](http://www.caitelehealth.org/)
Specific Pilot Issues

Differences between Behavioral Health and Primary Care will be taken into account:
- Behavioral Health EHR's and documentation requirements
- Network/Bandwidth Constraints in Rural Areas
- HIPAA and FCC Legal
- Liability Coverage and Insurance
- DHCS Billing and Credentialing
- Others as identified

Seven Steps of Telehealth Planning

The Seven Steps framework is adopted from Samuel G. Burgiss, Ph.D and included in the CTN telehealth kit used for guidance.
- Evaluate Needs
- Develop Care Services Plan
- Develop Business Plan
- Plan Technology
- Train Personnel
- Test Care and Technology Plans
- Evaluate Outcomes

Phase 1 Deliverables

- Initial results
- Hardware recommendations
- How to evaluate the client's appropriateness
- What is needed before any session
- Xpio Whitepaper
More Deliverables

- Develop Business Plans/Sustainability Model
  - Billing options/rates
- Plan Technology based on CTN resources
- Train Personnel
- Test Care and Technology Plans
- Evaluate Outcomes

Even More Deliverables

- Identify funders/grants interested in Telebehavioral projects in CA
- Identify partners to strengthen regional value proposition to prospective funders
  - Primary Care
  - Hospital
  - Other BH collaborators

Questions?
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