AGENDA
LOCAL MENTAL/BEHAVIORAL HEALTH BOARDS AND COMMISSIONS SMALL COUNTY TRAINING
REDDING CA
AUGUST 24, 2018

Learning Objectives:
1. Understanding the roles and responsibilities of the local mental health board;
2. Developing a county specific action plan for board responsibilities including: Annual Report to the Board of Supervisors, Report to the CA Behavioral Health Planning Council, and Evaluation of board performance;
3. Understanding the requirements of the Brown Act as pertinent to the local mental health board meetings;

Agenda:
10:00 a.m.  Introductions:
Please let us know your NAME, COUNTY, and WHY YOU ARE ATTENDING THIS TRAINING

10:30 a.m.  The Roles and Responsibilities of a Local Mental/Behavioral Health Board/Commission:
CA regulations outline the responsibilities of the local mental health boards in a general way and we will discuss how to meet those responsibilities at the local level.
Action Planning:
Set priorities for your local county board and develop an action plan to meet those priorities.

12:30 p.m.  LUNCH

1:00 p.m.   Developing an Effective Board:
Discuss how to run a board meeting that meets the requirements of the Brown Act.
Learn some techniques for managing a meeting. Discuss board evaluation as an annual practice.

2:30 p.m.   Wrap-Up and Questions
What was your “aha” moment in the work we did today?

Contact information:
susanmorriswilson@gmail.com
530-524-4777
(a) The local mental health board shall do all of the following:

(1) Review and evaluate the community's mental health needs, services, facilities, and special problems.

(2) Review any county agreements entered into pursuant to Section 5650.

(3) Advise the governing body and the local mental health director as to any aspect of the local mental health program.

(4) Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process.

(5) Submit an annual report to the governing body on the needs and performance of the county's mental health system.

(6) Review and make recommendations on applicants for the appointment of a local director of mental health services. The board shall be included in the selection process prior to the vote of the governing body.

(7) Review and comment on the county's performance outcome data and communicate its findings to the California Mental Health Planning Council.

(8) Nothing in this part shall be construed to limit the ability of the governing body to transfer additional duties or authority to a mental health board.

(b) It is the intent of the Legislature that, as part of its duties pursuant to subdivision (a), the board shall assess the impact of the realignment of services from the state to the county, on services delivered to clients and on the local community.
WELFARE AND INSTITUTIONS CODE SECTION 5604.2:

(a) The local mental health board shall do all of the following:

(1) Review and evaluate the community's mental health needs, services, facilities, and special problems. Some examples include:
   - Programs presented to board during meetings by community organizations
   - Programs presented to board during meetings by staff
   - Visits to programs in the communities
   - Hold board meetings on site at various programs
   - Develop a system of evaluation of residential facilities/programs
   - Holding "town halls" or "forums" to discover what people think about current issues
   - Working with the staff regarding special issues
   - Monitor the BOS agendas for activity regarding mental health/substance abuse

(2) Review any county agreements entered into pursuant to Section 5650. Some examples include:
   - Understanding the funding streams of the mental/behavioral health department
   - Understanding the Mental Health Services Act implementation in the county
   - Understanding realignment dollars and how they are distributed

(3) Advise the governing body and the local mental health director as to any aspect of the local mental health program. Some examples include:
   - Monitoring the BOS agenda, including staff reports, to see what information is going to the 'governing body' and speaking to the BOS as appropriate regarding issues of importance to the board.
   - Reporting during meetings by board members of activities in the community that are pertinent to their participation on the mental health board
   - Holding "town halls" or "forums" to discover what people think about issues

(4) Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process. Some examples include:
   - Monitor the way that individuals in the audience are given the opportunity to address the board
   - Assuring that meetings held have citizen and professional involvement as appropriate
   - Assuring that meetings are held to develop and finalize plans regarding the expenditure of Mental Health Services Act monies

(5) Submit an annual report to the governing body on the needs and performance of the county’s mental health system. Some thoughts:
   - Use the planning document of the board as the basis for the Annual Report to the BOS
   - Use the report submitted to the CMHPC (below) as the basis for the Annual Report to the BOS
   - Discuss the needs of the BOS with their representative to determine what kind of information should be included in the Annual Report
   - Present the Annual Report in person accompanied by other board members
   - Participate in BOS meetings at times other than the presentation of the Annual Report

(6) Review and make recommendations on applicants for the appointment of a local director of mental health services. The board shall be included in the selection process prior to the vote of the governing body. Some thoughts:
   - The board does not select the Director
   - The board may participate in the selection process in a variety of ways: review job description prior to posting, review applications received and participate in the selection of final applicants for interviews, participate in interview panels (variable)
(7) Review and comment on the county’s performance outcome data and communicate its findings to the California Mental Health Planning Council. Some thoughts:

- The CMHPC annually prepares the Data Notebook on a selected topic
- The board may complete the Data Notebook using staff, a subcommittee of the Board, the entire Board in a designated meeting, a collaboration of quality assurance staff with board members
- The Data Notebook is designed to be educational and designed to help the board meet this requirement. As such, it means that the board has to participate in the completion of the document in some way
- The Board may choose to approve the document prior to submission
- The Board may choose to present the findings of the Data Notebook to the Board of Supervisors.

(8) Nothing in this part shall be construed to limit the ability of the governing body to transfer additional duties or authority to a mental health board. Some thoughts:

- The BOS may wish to ask the Board to complete a task having to do with mental health/substance abuse
- At least one county’s board completes a report on substance use treatment issues annually for the BOS

(b) It is the intent of the Legislature that, as part of its duties pursuant to subdivision (a), the board shall assess the impact of the realignment of services from the state to the county, on services delivered to clients and on the local community. Some thoughts:

- *Realignment is about the money that is distributed from the state to the county to meet the costs of mental health services.
- Realignment occurred in 1991
- Realignment occurred in 2011