


REGIONAL COUNTY AND
PROVIDER CONVENINGS 2018-19



**CHILDREN AND YOUTH
SPECIALTY MENTAL HEALTH SERVICES**

“Supporting Collaboration and Partnership”


**February 20, 2019
Riverside, CA**

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**WELCOME &
OVERVIEW FOR THE DAY**

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Welcome and Overview of the Day



Kimberly Mayer, MSSW
Director, California Institute for Behavioral Health
Solutions (CIBHS)

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Opening Remarks



Erika Cristo
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Mental Health Services Division, Department of Health
Care Services (DHCS)


Jess Torrecampo
Chief, Policy & Performance Bureau, Continuum of Care
Reform Branch, California Department of Social Services
(CDSS)

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ENSURING ACCESS TO MENTAL
HEALTH SERVICES FOR CHILDREN
AND YOUTH PLACED INTO
CONGREGATE CARE

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Ensuring Access to Mental Health Services
for Children and Youth Placed into
Congregate Care



Loc Nguyen, DrPH, MSW
Consultant, County Welfare Directors Association of
California (CWDA)

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ENSURING ACCESS TO MENTAL HEALTH SERVICES FOR FOSTER CHILDREN & YOUTH PLACED INTO CONGREGATE CARE

Joint guidance by the County Welfare Directors Association of CA (CWDA)
County Behavioral Health Directors Association (CBHDA) &
Chief Probation Officers of California (CPOC)

Prepared for the Children and Youth Specialty Mental Health Services - Regional Provider and County Convenings 2018-2019



OVERVIEW OF PRESENTATION

- Background and Purpose
- Statutory Requirements
- Action Items for County Agencies
- Action Items for the State
- Considerations & Action Items for Providers
- Questions & Discussion

BACKGROUND AND PURPOSE

Continuum of Care Reform (CCR) implemented in January 2017 and requires:

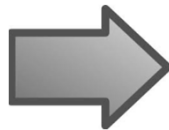
- ✓ Reduced use of congregate care – STRTPs reserved for youth whose needs cannot be met safely in a home-based family care
- ✓ Promote placements with family-based care, with emphasis on relatives
- ✓ Services aligned to meet the unique needs of the child/youth, including Specialty Mental Health Service (SMHS)
- ✓ Supports to caregivers including transitional services

These reform efforts were intended to begin immediately, but it has taken time to build capacity across California.

BACKGROUND AND PURPOSE

Group Homes

- Provided board and care only
- Mental Health Services only required for RCL 14's
- Long-term Placement Setting



STRTPs

- Intensive care and supervision PLUS...
- Intensive services milieu and all providers must provide Medi-Cal Specialty Mental Health Services (SMHS)
- Short-term treatment modality
- Core services required
- Must be accredited

BACKGROUND AND PURPOSE

Group Homes must:

- ✓ Either have obtained interim STRTP licensure from CDSS or were granted an extension (County submitted Form FC-30)
- ✓ Complete Accreditation*
- ✓ Obtain Mental Health Program Approval*
- ✓ Obtain Medi-Cal Certification and Mental Health Contract from a County MHP*

*Within 12 months of provisional licensure

Some Group Homes may already have mental health contracts –

- Even with contracts, existing services may not yet have all the necessary, intensive-level services to meet youths' needs.

BACKGROUND AND PURPOSE

The Problem: Many children and youth placed into interim licensed STRTP facilities may not be receiving the appropriate SMHS and supports to meet their needs.

This is due in part to the transitions still underway for group home and STRTP providers:

- County placing agencies continue to place children and youth into STRTPs, expecting a higher level of service as they are “licensed” as STRTPs.
- Meanwhile, Mental Health Program Approvals, Medi-Cal Certifications, and SMHS Contracts are in process.

STATUTORY REQUIREMENTS

Provider Requirements:

Providers have a statutory requirement to “ensure access” to needed SMHS through:

- Direct services provided on site and/or in-house by the STRTP
- OR
- Linking youth to services through the County MHP

STATUTORY REQUIREMENTS

County and State Agencies also have legal obligations:

- **County MHPs** have a legal obligation to provide SMHS under the EPSDT entitlement.
- County **placing agencies** have a legal obligation to identify needed services for foster youth and develop case plans to address child/youth needs.
- **DHCS and CDSS** are the single state agencies with oversight responsibility to ensure the entitlement requirements are met by county agencies

Therefore, we all share a role in ensuring access to SMHS for foster youth. **PARTNERSHIP & COLLABORATION** is key.



ACTION ITEMS FOR COUNTY AGENCIES

Through the Interagency Placement Committee (IPC) - Joint collaboration between CWS, Probation and Mental Health Plans with responsibility to:

- Ensure the mental health assessment is completed prior to placement out of county
- Incorporate input from CFT to determine placements and needed services and supports to the child/youth and their family.
- Review needs of youth already in STRTP placements.
 - Youth should only be in an STRTP if the child/youth needs intensive therapeutic care AND a home-placement is not a safe option.
- Ensure timely notification of presumptive transfer, or waiver of transfer.
 - Notifications by placing agencies can occur during the admissions process when sending other info to the host county.

ACTION ITEMS FOR COUNTY AGENCIES

County Placing Agencies (CWS & Probation) + County Mental Health Plan + County Offices of Education/SELPA's should host a joint meeting of all congregate care providers to communicate the following:

- Child and Family Teaming goals, requirements and expectations
 - Discuss SMHS & non-SMHS, educational supports and needs, and level of care
- Delivery of Specialty Mental Health Services (SMHS)
 - How to link to SMHS absent a contract, through the County MHP
- Explain County's communication process regarding presumptive transfer or waiver
 - County MHPs need to help County placing agencies understand what services may or may not be readily accessible to the youth placed in a local STRTP.
 - County placing agencies and CFTs can use this information to determine appropriate placements and inform waiver decisions.

ACTION ITEMS FOR COUNTY AGENCIES

Also at this “orientation,” County Mental Health Plans (MHPs) should explain to providers:

- Whether the County MHP has accepted MH Program Approval delegation or whether it will be conducted by DHCS.
- How to:
 - Complete MH Program Approval & Medi-Cal Certification
 - Obtain a County contract to provide SMHS
 - Request assistance from the County MHP on staffing and/or Medi-Cal billing

CONSIDERATIONS FOR PROVIDERS

Be **MINDFUL** that...

- DHCS does not dictate who County MHPs contract with – but MHPs ARE obligated to provide or make arrangements for the provision of SMHS per medical necessity.
- STRTPs are required to ensure access to SMHS for any youth placed into their care.
 - NOT having a SMHS contract does NOT release the STRTP from the responsibility of arranging for SMHS.
- Step down from a STRTP requires the provider to engage with the County Placing Agency + IPC to ensure a final pre-exit CFT is held for the child.
 - Planning for transition must begin from the first day of placement and should always be part of the CFT discussion.

ACTION FOR STATE AGENCIES

CDSS and DHCS should:

1. Reach out to all newly-provisionally licensed STRTPs to ensure the Mental Health Program Approval and Medi-Cal Certification processes are occurring timely.
2. Require providers to report back to CDSS and DHCS with:
 - a) Name and Contact info of their County MHP designee.
 - b) Process they will follow to link youth to SMHS.
 - c) Communication plan to share (a) and (b) with their staff.
3. CDSS should issue an RFP to develop regional placement options to serve multi-system youth with high needs who are likely to be placed out-of-state.
 - ✓ Note that this effort is currently underway.

ACTION FOR PROVIDERS

Providers need to:

- Attend your County's orientation!
- Identify your point of contact with the MHP
- Develop internal policies to support youth who need SMHS:
 - Who communicates with the County IPCs, MHPs, and Placing Agencies?
 - How do you access SMHS when needed by the youth?
 - Your role in CFTs and transition planning for youth.
- Communicate those policies with your staff
- Contact the County IPC first, and State Agencies as warranted, when issues arise:

ccr@dss.ca.gov

STRTP@dhcs.ca.gov

KatieA@dhcs.ca.gov

FOR ADDITIONAL INFORMATION

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CPOC

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QUESTIONS & DISCUSSION

Thank you!
Questions & Discussion




**DHCS AND CDSS UPDATES
REGARDING STRTPs AND
PRESUMPTIVE TRANSFER**

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**DHCS and CDSS Updates
Regarding STRTPS and
Presumptive Transfer**



Jess Torrecampo
Chief, Policy & Performance Bureau, Continuum of
Care Reform Branch, CDSS

Erika Cristo
Chief, Program, Policy & Quality Assurance Branch,
Mental Health Services Division, DHCS

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Short Term Therapeutic Programs (STRTPs)



- **CDSS STRTP Licensure**
 - 66 Providers Licensed (199 facilities)
 - 157 Providers In Process (342 facilities)
 - 6 Providers Denied (17 facilities)
- **DHCS STRTP Mental Health Program Approval**
 - 121 STRTP mental health program approval applications received (1,639 beds)
 - 72 site visits have been completed (1,074 beds)
 - 27 applications are under review (429 beds)
 - 5 applications withdrawn (30 beds)
 - 2 applications incomplete (106 beds)

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Delegation of Mental Health Program Approval



- Delegation of Mental Health Program Approval Task of STRTPs, Information Notice 18-049, issued October 23, 2018
- A county may request that DHCS delegate the mental health program approval task to its MHP by completing and sending the “Delegation of Approval Task” form to STRTP@dhcs.ca.gov
 - 11 counties have accepted delegation
 - 47 counties have declined delegation
 - Updated STRTP mental health approval interim regulations will be released in late-February or March 2019

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Delegation of Mental Health Program Approval



- **11 counties have accepted delegation**
 - Del Norte
 - Fresno
 - Los Angeles
 - Mariposa
 - Napa
 - San Benito
 - San Joaquin
 - San Luis Obispo
 - Santa Cruz
 - Shasta
 - Ventura

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Delegation of Mental Health Program Approval



- **47 counties have declined delegation**

Alameda, Alpine, Amador, Butte, Calaveras, Colusa, Contra Costa, El Dorado, Glenn, Humboldt, Imperial, Inyo, Kern, Kings, Lake, Lassen, Madera, Marin, Mendocino, Merced, Modoc, Mono, Monterey, Nevada, Orange, Placer-Sierra, Plumas, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, San Mateo, Santa Barbara, Santa Clara, Siskiyou, Solano, Sonoma, Stanislaus, Sutter-Yuba, Tehama, Trinity, Tulare, Tuolumne, Yolo

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STRTPs and Presumptive Transfer





- Updates and ongoing efforts
- Placement of children and youth in STRTPs
- Presumptive transfer waivers

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BREAK

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COUNTY AND PROVIDER PANEL
STRTPs & PRESUMPTIVE TRANSFER

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County and Provider Panel
STRTPs & Presumptive Transfer

Facilitators

- **Kim Suderman, LCSW**, CIBHS Consultant
- **Kimberly Mayer, MSSW**, Director, CIBHS

Riverside County

- **Nisha Elliot**, Riverside University Health System Behavioral Health
- **Monica Rose**, Riverside County Probation
- **Christopher Rosselli**, Riverside County Child Welfare

San Bernardino County

- **Timothy Hougen, Ph.D.** Department of Behavior Health
- **Alison Brown**, San Bernardino County Probation
- **Liza Arellano, LCSW**, Children and Family Services

Providers



- **Tammy Wilson**, Oak Grove Center
- **Maria D. Austin, LMFT, Psy.D.**, Boy's Republic

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**QUESTIONS AND ANSWERS
WITH PANELISTS**

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LUNCH

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TABLE DISCUSSIONS & REPORT OUT

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Table Discussions & Report Out



Please reflect on what you heard from the presentations on STRTPs and Presumptive Transfer:

1. What is the biggest takeaway?
2. What ideas/strategies might you be able to replicate?
3. What challenges have you encountered and how you have mitigated or continue to work to address these?

Please share your implementation status for Therapeutic Foster Care (TFC):


1. Where are you in the process of implementing TFC services?
2. Has your county or provider agency developed or implemented any processes, best practices, trainings, etc. that have enabled you to be move forward with your implementation efforts?
3. What challenges have you encountered and how you have mitigated or continue to work to address these?

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COUNTY AND PROVIDER PANEL
INTENSIVE SERVICES FOSTER CARE (ISFC) AND
THERAPEUTIC FOSTER CARE (TFC)

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County and Provider Panel
ISFC and TFC



Facilitators

- **Kim Suderman, LCSW**, CIBHS Consultant
- **Kimberly Mayer, MSSW**, Director, CIBHS

Riverside County

- **Liliana Gallegos, LMFT**, Riverside University Health System Behavioral Health
- **Monica Rose**, Riverside County Probation
- **Christopher Rosselli, MSW**, Riverside County Child Welfare

San Bernardino County

- **Timothy Hougén, Ph.D.** Department of Behavior Health
- **Tona Farlow**, San Bernardino County Probation
- **Liza Arellano, LCSW**, Children and Family Services

Providers



- **Amanda Sage, M.A.**, ChildNet
- **Joe Lopez, M.A.**, Greater Hope Foundation

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**QUESTIONS AND ANSWERS
WITH PANELISTS**

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**QUESTIONS AND ANSWERS
WITH DHCS & CDSS**

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 **Future Convening Dates** 

Convening 3	Central Region – Southern (Visalia)	Thursday, March 7
Convening 4	Bay Area Region (Oakland)	Wednesday, May 8
Convening 5	Los Angeles Region (Long Beach)	Tuesday, June 4
Convening 6	Superior Region (Anderson)	Tuesday, June 11

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Send Feedback, Questions, Comments to:

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