Central Regional Partnership
Phone Conference Meeting Minutes

April 2\textsuperscript{nd}, 2015, 10:00 AM – 11:00 AM
(916) 552-6503, No participant access code required

MEETING NOTES

Documents related to this call and/or the Central Region priorities/workgroups are and will be posted to the Central Region Partnership webpage at: http://www.cimh.org/monthly-meeting-information.

I. Welcome and Introductions

Christa Thompson    Amador County
John Lawless (chair)   Calaveras County
Maureen Bauman     Placer County
Chris Polack        Placer County
JoAnn Johnson       Sacramento County
Janelle Frederiksen San Joaquin County
Connie Alcala       Stanislaus County
Jennifer Baker      Stanislaus County
Megan Spooner       Sutter/Yuba Counties
Juan Alvarez        Tulare County
Michelle Carlson     Tuolumne County
Lynn Thomas         Roving Supervisor – Stan/Tuol
Gina Ehlerl         CIBHS
Katie Culliton      CIBHS

Counties not represented:

Alpine    El Dorado    Fresno    Inyo
Madera    Mariposa    Merced    Mono

II. Review of Agenda and Minutes:

A. Changes and additions to the agenda:
   • None

B. Minutes from March 5\textsuperscript{th}, 2015 were approved with no edits.
III. Action Items and Possible Activities:

A. Directors’ Votes...

- **Roving Supervisors** – Nine counties voted (5 voted $50; 2 voted $45 and 2 abstained). Roving Supervisors will get **$50 per hour for travel** pay in contracts for upcoming fiscal year.

- **Training Recommendations for spring 2015 – spring 2016:**
  Thirteen directors voted on several trainings. The trainings listed below received at least 6 votes each.

  - Regarding FY 14/15 trainings:
    - **A - CIT Training**
      - 1-6 votes - A one-day Motivational Interviewing training that teaches the skills of Motivational Interviewing but also weaves in some of the concepts and learning around trauma-informed care, harm reduction and working with complexity/co-occurring conditions from CIBHS.
      - 7-6 votes - Integrated Dual Disorder Treatment (IDDT) is an evidence-based practice that improves quality of life for people with co-occurring severe mental illness and substance use disorders by combining mental-health and substance-abuse services. Download curriculum for free and implement with individual clinical supervisors. http://www.centerforebp.case.edu/practices/sami/iddt

    - **B - Trainings for Peers**
      - 1-6 votes - Motivational Interviewing for Peers (one-day training) from CIBHS.

  
  - **C - Co-Occurring Disorders Training**
    - 1-6 votes - QPR (Question, Persuade and Refer) Triage Training (online). QPR Online is taught in a clear, concise format using the latest in educational technology and takes approximately one hour to complete. More time may be taken to read additional files, practice the intervention and review key information for high risk groups; elders, youth, medical patients and others. A high-speed internet connection is required. $71/person for 51+ people http://www.qprinstitute.com/gatekeeperonline.html

- **D - Trauma Training for Triage Workers Training**
  - 1-6 votes - QPR (Question, Persuade and Refer) Triage Training (online). QPR Online is taught in a clear, concise format using the latest in educational technology and takes approximately one hour to complete. More time may be taken to read additional files, practice the intervention and review key information for high risk groups; elders, youth, medical patients and others. A high-speed internet connection is required. $71/person for 51+ people http://www.qprinstitute.com/gatekeeperonline.html

  - And regarding FY 15/16 trainings:

<table>
<thead>
<tr>
<th>II - New Fiscal Year Trainings:</th>
<th>Other Suggested Trainings:</th>
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<tbody>
<tr>
<td>A -10 votes - Interpreter training funding to develop T4T</td>
<td>Cultural Sensitivity to CLAS standards – This will go out to a directors’ vote</td>
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<tr>
<td>B -7 votes -MHFA T4Ts (Adult &amp; Youth)</td>
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<td>D -7 votes - Modified UCD Leadership Training for Supervisors and Managers</td>
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<tr>
<td>E -7 votes - Using data in Public Mental Health</td>
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B. **Online MSW Program Update** – RFA award posted. CSU, Stanislaus was the only applicant and they met criteria to win a $50,000 award. Contract negotiations will begin soon. The timetable and deliverables outlined in the proposal will help to guide verbiage in the Scope of Work. Gina will draft a copy and disseminate via email this month for review.

C. **Sponsorship of coordination of Trainer Document** – Theresa Ly of CalMHSA is asking if Regional Partnerships are interested in helping to fund the continuation of a document that keeps track of updated Gatekeeper trainers (e.g., MHFA, ASIST, SafeTALK, QPR, etc.). We discussed the matter and have a few more questions before committing. Gina will follow through with Theresa Ly.
D. **More MHFA Manuals Proposal** – At the face-to-face meeting some proposed that directors vote on providing MHFA manuals to certified instructors in counties that may need them. Gina will send this out to a directors’ vote this month.

E. **Roving Supervisors** - Need to post job description and coordinate interview panel for Amador and Calaveras Counties. Updated scope of work with Skype information will be developed for new contracts. Christa Thompson of Amador County and John Lawless of Calaveras County agreed to be on the interview panel. Gina will connect with them and the retiring roving supervisor to start the recruitment process.

F. **Starting work on new FY Work Plan** - To assist with the conversation, here is the Region’s financial situation:
   - To date, we have received (or invoiced for) $4,200,000. We will invoice OSHPD for $1,200,000 more over the next two years.
   - By June 30, 2015, we will have spent approximately $3,124,599 total as a Regional Partnership. We will have an approximate balance of $1,075,401 of unspent funds by June 30, 2015.
   - Gina will send out an email asking folks to brainstorm programs and projects for FY 15/16.

IV. **Updates:**

A. **New Outcomes Document is continuing to be drafted for review monthly via email until finalized.** *An updated version will be sent out via email for review by Monday, April 6th, 2015.* Gina shared that the most current document will be updated tomorrow and that version (v4) will be disseminated via email for review this month.

B. **Roving Psychiatrist (PA or NP tele-supervision) discussion** – CSU, Fresno is discussing starting up the online Psychiatric Nurse Practitioner Program again. New meeting to be scheduled soon.

C. **Training Sub-Committee** – Will meet again to discuss planning trainings based on directors' votes.

D. **Mental Health First Aid Instructor Support Group Meeting** – Meeting regularly to discuss implementation and training strategies.

E. **Seeking Safety** – based on request from those at March face-to-face meeting, new data was collected regarding the low attendance at follow-up meetings for this training. The data will be analyzed and added to the Outcomes document.

F. **TF-CBT Orientation AND Training dates** – Follow-up meeting was held in Sonora (Tuolumne County) and others are scheduled through spring of 2016. Electronic survey may be used to determine impact of training in counties that sent participants.
G. **Leadership Institute** – Participants completed the coursework in March. Outcomes survey will be disseminated to those who were sponsored by the Region.

H. **Online CASRA Advisory Committees**
   1. **MJC** – Orientation for fall courses to be scheduled soon. Contract extension for next fiscal year is being executed. Spring advisory committee meeting to be scheduled soon.
   2. **Madera** – Sustainability begins!: Two of the contracted classes will become stateside in fall of 2015. Spring semester advisory committee was held in March.

I. **Coordinator’s Monthly Work Updates** – Gina shared the updated document with the group.

V. Adjourn Regional Meeting