BUILD HOPE AND BELIEF IN RECOVERY

IDENTIFY MEANINGFUL GOALS AND STRENGTHS TO ACHIEVE THEM

PLAN TO ACHIEVE GOALS

ACHIEVE GOALS TO PROMOTE RECOVERY

Movement to higher levels of recovery, and greater purpose and connection in their community of choice

DESIGN SYSTEM INFRASTRUCTURE TO SUPPORT INDIVIDUALIZED PATHWAYS TO RECOVERY

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BUILD HOPE AND BELIEF IN RECOVERY

Help clients and staff understand that recovery is a possibility for all people diagnosed with serious mental health issues
Assist each person to discover and express their evolving definition of recovery
Demonstrate organizational belief in recovery

IDENTIFY MEANINGFUL GOALS AND STRENGTHS TO ACHIEVE THEM

Identify clients’ usable strengths
Set and achieve meaningful and important goals using highly individualized and specific strengths
Align with client to build a collaborative working relationship

PLAN TO ACHIEVE GOALS

Plan to achieve goals by breaking them into smaller, measurable steps (short-term goals)
Use stages of treatment scale to guide intervention and evaluate progress
Use Shared Decision-Making Around the Use of Medications

ACHIEVE GOALS TO PROMOTE RECOVERY

Evaluate progress and update the plan at each visit
Assist client with obstacle removal and create opportunities for goal achievement at every visit
Make use of naturally occurring resources to help clients connect to their community
Support clients to prepare to and then exit the system
Use self-management strategies to help people progress in their recovery

DESIGN SYSTEM INFRASTRUCTURE TO SUPPORT INDIVIDUALIZED PATHWAYS TO RECOVERY

Provide leadership for recovery
Integrate recovery orientation into routine operations and daily management
Provide clinical mentoring/coaching and skill development that support clients’ recovery progress
Develop and support effective use of peer supports (employed and volunteer) for clients at different stages of recovery
Involve peers in system design and improvement
Make access and transitions easier and responsive to clients’ goals

Movement to higher levels of recovery, and greater purpose and connection in their community of choice