A Knock at the Door
Helping Youth Recover From Trauma Through The Strengths-Based TIP Model

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TIP Model Components

7 Guidelines

7 Core Practices

5 Transition Domains

- Employment & Career
- Personal Development & Interests
- Relationships
- Educational Opportunity
- Living Solutions

Life
7 Core Practices

Strength Discovery & Needs Assessment
Futures Planning
Rationales
In-vivo Teaching
SODAS Problem-Solving
WHAT’S UP? Prevention Planning
SCORA Mediation Method
5 TIP Transition Domains

- Employment & Career
- Educational Opportunity
- Living Situation
- Community
- Life

- Personal Effectiveness & Wellbeing

Functioning
A Knock at the Door
Visits with Mom
TIP Model Guideline #1
Engage young people through relationship development, person-centered planning & a focus on their futures

Wrap Principles: Strength-Based, Culturally Competent, Persistent/Unconditional
TIP System Guideline #2

Tailor services & supports to be accessible, coordinated, appealing, non-stigmatizing, & developmentally appropriate.

Wrap Principles: Individualized, Community Based
Palmdale, CA
BACK "HOME"
TIP System
Guideline #3

Acknowledge & develop personal choice & social responsibility with young people.

Wrap Principle:
Family Voice & Choice
TIP System Guideline #4

Ensure a safety-net of support by involving a young person’s parents, family, & other informal & formal key players

Wrap Principle: Natural Supports, Collaboration
TIP System Guideline #5

Enhance YPs competencies to help them in achieving greater self-sufficiency & confidence.
TIP System Guideline #6
Maintain an outcome focus in the TIP system at the young person, program, & community levels.

Wrap Principle: Outcome Based
TIP System Guideline #7
Involve young people, parents, & other community partners in the TIP system at the practice, program, & community levels