AMERICAN SOCIETY OF ADDICTION MEDICINE (ASAM)

ASAM's Mission:

- increase access to and improve the quality of addiction treatment;
- to educate physicians (including medical and osteopathic students), other health care providers and the public;
- to support research and prevention;
- to promote the appropriate role of the physician in the care of patients with addiction;
- and to establish addiction medicine as a specialty recognized by professional organizations, governments, physicians, purchasers and consumers of health care services, and the general public.

ASAM is a professional society representing over 3,000 physicians and associated professionals dedicated to increasing access and improving the quality of addiction treatment; educating physicians, other medical professionals and the public; supporting research and prevention; and promoting the appropriate role of physicians in the care of patients with addiction.

The ASAM criteria is most widely used and comprehensive set of guidelines for placement, continued stay and transfer/discharge of patients with addiction and co-occurring conditions.

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CALIFORNIA ASSOCIATION OF BEHAVIORAL HEALTH BOARDS AND COMMISSIONS

The California Association of Local Mental Health Boards and Commissions (CALMHB/C) is a statewide organization that supports the work of local mental health boards. The Association was established in 1993 as a 501(c)(3) to assist local mental health boards and commissions to carry out their mandated functions and to advocate at the state level as a unified voice for local mental health boards and commissions’ concerns. The Association seeks to improve the quality and cultural competency of mental health services deliverable to the people of California.

The CALBHM/C:
- Collaborates with the California Mental Health Services Division (MHSD), the California Mental Health Planning Council (CMHPC), the California Mental Health Directors Association (CMHDA), and other agencies and organizations regarding mental health issues.
- Provides information and assistance to local mental health boards in carrying out their mandated functions, promote communication and coordinate activities.
- Advocates on behalf of the mental health consumers of the State of California and of the unserved, underserved, and inappropriately served, for culturally competent treatment and services, intervention training, education, and self-help resources, following the recovery model, and for the prevention of mental illness.
- Pursues all funding sources available to CALMHB/C, including grants, individual and corporate gifts, bequests, and fund-raisers.
- Encourages and facilitates local mental health boards and commissions to organize and act regionally, to hold regular regional meetings, to handle business relevant to the region, to provide training to member boards, and to address mental health issues in order to fulfill their mandate.

To obtain a copy of Navigating The Currents:

ADDRESS:

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WEBSITE:
CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CalMHSA)

The mission of CalMHSA is to provide member counties a flexible, efficient, and effective administrative/fiscal structure focused on collaborative partnerships and pooling efforts in:

- Development and implementation of common strategies and programs
- Fiscal integrity, protections, and management of collective risk
- Accountability at state, regional, and local levels

CalMHSA’s impetus is evolving as we A central component of CalMHSA’s vision is to continually promote systems and services arising from a commitment to community mental health, and to the values of the California Mental Health Services Act. The organization provides counties with an independent administrative and fiscal intergovernmental structure for jointly developing, funding, and implementing mental health services and educational programs at the state, regional, and local levels.

CalMHSA shall continually promote:

- Systems and services which strengthen and transform community mental health and reduce disparities in access, utilization and outcomes by age, race, ethnicity and gender, sexual orientation, nationality and disability;
- Efficiency, expertise, innovation, accountability and quality;
- Transparency and stakeholder input;
- Prevention and early intervention;
- Community collaboration; cultural competence;
- Recognition that geographical features might require unique program interventions;
- Client/family-driven mental health system for children, transition age youth adults, older adults;
- Wellness focus, including recovery and resilience;
- Integrated service experiences and interactions; (integration may occur in other systems such as primary care, aging services, education, etc)
- Qualified, culturally competent and diverse public mental health workforce with the knowledge and skills to work with age-specific and racially and culturally diverse populations

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COUNTY BEHAVIORAL HEALTH DIRECTORS ASSOCIATION OF CALIFORNIA

The mission of the County Behavioral Health Directors Association of California is to assure the accessibility of quality, cost-effective, culturally competent behavioral health care for the people of the State of California by providing the leadership, advocacy, and support to public behavioral health programs.

The County Behavioral Health Directors Association of California (CBHDA) is a non-profit advocacy association representing the behavioral health directors from each of California’s 58 counties, as well as two cities (Berkeley and Tri-City).

Purpose

1. To advocate for the public behavioral health system, including recovery principles and social justice in the access by, and delivering care to, persons experiencing behavioral health issues in California, especially those receiving or in need of services from the public behavioral health system.
2. To promote the reduction of individual and community problems related to unaddressed behavioral health issues.
3. To convene behavioral health professionals for the purpose of informing public policy and improving the delivery of behavioral health services.

On July 1, 2014 the California Mental Health Directors Association (CMHDA) and the County Alcohol and Drug Program Administrators Association of California (CADPAAC) became the County Behavioral Directors Association of California (CBHDA).

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Website: http://www.cbhda.org/about-cbhda/
The California Coalition for Mental Health is made up of 30 organizations with a membership of 115,000 mental health professionals, citizen advocates, clients and their family members across the state. As an advocacy alliance our common goal is to "restore California to a position of leadership as an initiator of state of the art treatment and rehabilitation of people who have mental illness."

The role of the CCMH is to:

- Monitor the implementation of the Mental Health Services Act (MHSA): Act as a forum to ensure that the vision behind the MHSA is being implemented at the local level. Offer trainings or other information regarding the MHSA.
- Protect from the erosion of core funding streams: EPSDT, Medi-Cal, SSI, Section 8 and Housing funding. It was noted that if core funding is not protected, the progress represented in new community-based funding through MHSA will not have its intended impact.
- Mental Health Parity and the role of the private health plans in access to mental health services: Investigate how CCMH can play an important role in ensuring that the Prevention and Early Intervention service funds under the MHSA are not overlapping with funds that should be accessed through mental health care insurance coverage. This is an important new area to learn about and reform.
- Regulatory and Legislative Role: CCMH can continue to be an informational forum for member organizations to get feedback and potentially support for regulatory or legislative initiatives. Also serve as watchdog to regulations or legislation that threatens community-based mental health services, their progress, and their funding (this includes federal regulations and legislation).
- Public education and stigma reduction: Continue to work to educate policy and opinion makers, the general public, and others about a recovery vision of mental healthcare and mental illness.
- Promote model programs and policies, including human resource development for mental health professionals: As many members come from the field, they offer a unique opportunity to identify problems within the delivery of service, as well as, the training needed to be able to provide the kinds of services that promote a recovery and discovery vision of mental healthcare.
- Protect against the criminalization of individuals with mental illness.

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CALIFORNIA COUNCIL OF COMMUNITY MENTAL HEALTH AGENCIES

The California Council of Community Mental Health Agencies (CCCMHA) promotes comprehensive, responsive, and integrated service systems by enhancing the ability of nonprofit member agencies to provide mental health services that empower the people we serve to lead full and productive lives.

The California Council of Community Mental Health Agencies is dedicated to the proposition that the people of California deserve a rational, comprehensive, community based mental health system that is adequately funded to serve all of those in need of services.

Since its inception in 1985, CCCMHA has endeavored to provide each agency executive with the support, assistance and camaraderie that can help make a difference in the often-difficult task of running a nonprofit mental health agency. Rusty Selix has been the Executive Director since 1987.

In 1999 CCCMHA was instrumental in the design and implementation of a pioneering, three county program that served homeless people, parolees and probationers with serious mental illness. Using aggressive outreach and a "whatever it takes approach" to match services to client needs, these programs achieved significant clinical outcomes for those served and saved millions of dollars by reducing hospitalization and incarceration costs.

The passage in 2004 of Proposition 63, the Mental Health Services Act, was CCCMHA's proudest moment. The organization strongly believed in the need to adequately fund mental health services, and it was largely through the advocacy efforts of this association that the Act was passed by the voters of CA.

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CALIFORNIA INSTITUTE OF BEHAVIORAL HEALTH SOLUTIONS

The vision of California Institute for Behavioral Health Solutions (CIBHS) is that California will be the national leader in the provision of mental health and substance use disorder services and support systems that successfully advance hope, wellness, resiliency, recovery and full community integration for all adults, children and families across their life spans.

The California Institute for Behavioral Health Solutions (CIBHS) is a non-profit agency that helps health professionals, agencies and funders improve the lives of people with mental health and substance use challenges through policy, training, evaluation, technical assistance, and research. The organization provides

- training and conferences in a wide variety of areas.
- provides training, consultation and technical assistance services to substance use disorder treatment agencies in California through a contract with the California Department of Health Care Services (DHCS)
- conducts multi-agency learning collaboratives to support providers and their partners to improve the recovery services they offer as well as the coordination and integration of care.

CIBHS was established as the California Institute for Mental Health (CiMH) in 1993 to promote excellence in mental health services. Local mental health directors founded CiMH to work collaboratively with all mental health system stakeholders. The commitment to collaboration has led the board to expand board membership to include consumers, family members, and other interested persons representing the public interest.

On July 1, 2014, CiMH merged with the Alcohol and Other Drug Policy Institute (ADPI) to form the California Institute for Behavioral Health Solutions.

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CALIFORNIA MENTAL HEALTH PLANNING COUNCIL (CMHPC)

The CMHPC evaluates the mental health system for accessible and effective care. It advocates for an accountable system of responsive services that are strength-based, recovery-oriented, culturally competent, and cost-effective. To achieve these ends, the Council educates the general public, the mental health constituency, and legislators.

The California Mental Health Planning Council (Council) is mandated by federal and state statute to advocate for children with serious emotional disturbances and adults and older adults with serious mental illness; to review and report on the public mental health system; participate in statewide planning, and to advise the Legislature on priority issues. It advocates for an accountable system of responsive services that are strength-based, recovery-oriented, culturally competent, and cost-effective. To achieve these ends, the Council educates the general public, the mental health constituency, and legislators.

Since the 1960s California has had a statewide advisory board operating independently from the Department of Health Care Services to provide public input into mental health policy development and planning. The Council was established in state statute in 1993 in response to the realignment of mental health program responsibility and funding that also established a dedicated funding base for mental health services. Realignment provided county governments with greater autonomy and flexibility in managing their local mental health programs. The Council was designed to be an appropriate structure for public input, planning, and evaluation of performance indicators for mental health programs under realignment and tasked with specific duties to meet those responsibilities. The Council is made up of consumers, family members, providers, and advocates.

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CALIFORNIA YOUTH EMPOWERMENT NETWORK (CAYEN)

CAYEN is a project of the Mental Health Association in California (MHAC). In 2006 MHAC realized there was not an advocacy organization exclusively focusing on Transition Age Youth (TAY) mental health policy at the state level. Because this is such an important and unique population, MHAC was given funding by the Department of Mental Health to create CAYEN to ensure TAY voices and perspectives were taken into account when developing policies and programs. CAYEN was formed to develop, improve and strengthen the voice of TAY in local and state-level policy.

CAYEN represents TAY from across the state of California. These are youth and young adults ages 16-25 years who have been touched by the mental health, juvenile justice, or foster care systems. These three groups of young people have many cross-cutting issues, so while CAYEN focuses on mental health policy they work with partners to bridge the gaps between the three systems. The Board is involved in both statewide and local program and policy decisions.

CAYEN is a firm believer that personal experience, education and employment give TAY a credible, passionate and true voice to the challenges and successes of the TAY population. Through CAYEN they receive the support, training and skills to bring they voices to policy and program discussions.

The TAY Board holds monthly phone calls, several in-person meetings, and an annual retreat to discuss relevant policy topics and projects as they relate to mental health for youth and young adults. The board members are also actively involved in their local communities, through working in mental health agencies, engaging in their county stakeholder process, and chairing TAY mental health policy groups.

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The mission of the California Department of Health Care Services (DHCS) is to provide Californians with access to affordable, high-quality health care, including medical, dental, mental health, substance use disorder services, and long-term services and supports. Our vision is to preserve and improve the physical and mental health of all Californians.

DHCS funds health care services for about 12 million Medi-Cal members. About 30 percent of Californians receive health care services financed or organized by DHCS, making the department the largest health care purchaser in California. Our success is made possible only through collaboration and cooperation with other state agencies, counties, and partners as we invest more than $90 billion for the care of low-income families, children, pregnant women, seniors, and persons with disabilities.

Among the programs administered by DHCS, some of which are mandated by the federal government and others required by state law, are California Children’s Services; Child Health and Disability Prevention program; the Genetically Handicapped Persons Program; the Newborn Hearing Screening Program; the Family Planning, Access, Care, and Treatment (PACT) program; Program of All-Inclusive Care for the Elderly (PACE), Every Woman Counts, and Coordinated Care Management. DHCS also administers programs for underserved Californians, including farm workers and American Indian communities.

Recently, the Affordable Care Act (ACA) expanded eligibility for Medi-Cal. As a result, about 2.7 million Californians who didn’t qualify before the ACA are now receiving the comprehensive benefits provided by Medi-Cal, including medical and dental care, county-administered comprehensive specialty mental health services, county-supported substance use disorder services, and long-term care services.

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EACH MIND MATTERS

Each Mind Matters connects individuals and organizations with tools to participate in California’s Mental Health Movement. We are a community of individuals and organizations dedicated to a new understanding of mental health, wellness and equality, starting here in California. Early support and help for mental health challenges can reduce suffering and save lives.

We all experience different levels of mental health throughout our lives. In fact, half of us will deal with some type of mental health challenge over the course of our lifetime. Unfortunately, sometimes these challenges can become more serious and require more attention. However, there is good news. Recovery is also common and we can all do something to help. We all want support systems that can help us through challenges, like supportive relationships and safe living environments. Sometimes we have these support systems, and sometimes we don’t. Many of us will also experience life challenges like unemployment, or relationship issues. Regardless of what situation you may find yourself in – in wellness or not – there is help available.

Program Resources:

- Each Mind Matters Messaging Toolkit
- Mental Health Matters Day Toolkit
- Mental Health Awareness Week Toolkit
- A New State of Mind Documentary
- Each Mind Matters: Stories of Hope, Resilience, and Recovery

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KNOW THE SIGNS

The Know the Signs campaign prepares Californians to prevent suicide by knowing and recognizing the warning signs, finding the words to offer support, and reaching out to local resources. This program is also available in:

- Spanish as El Suicidio es Prevenible, [www.elsucidioesprevenible.org](http://www.elsucidioesprevenible.org)

Program Resources

- Know the Signs Poster
- Know The Signs Brochure
- Know the Signs African American Poster
- Know the Signs African American Brochure

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WEBSITE: [http://catalogue.eachmindmatters.org/program/know-signs/](http://catalogue.eachmindmatters.org/program/know-signs/)
MENTAL HEALTH AMERICA OF CALIFORNIA
AKA MENTAL HEALTH ASSOCIATION OF CALIFORNIA

The mission of Mental Health America of California is to ensure that people of all ages, sexual orientation, gender, ethnicity, etc. who require mental health services and supports are able to live full and productive lives, receive the mental health services and other services that they need, and are not denied any other benefits, services, rights, or opportunities based on their need for mental health services.

Through advocacy and education we strive to achieve these goals. Our organization and affiliates provide a conduit through which statewide coalitions on mental health are maintained and work together to promote these values.

MHAC envisions a healthy and humane society that is free of discrimination and where people are accorded respect, dignity and the opportunity to achieve their full potential through meaningful social inclusion. We believe that everyone has the right to services, and mental illnesses are no longer a basis for stigma discrimination, denial, or ignorance.

MHAC works towards full implementation of the Mental Health Services Act as evidenced by achievement of its goals including that prevention and early Intervention will be the rule and not the exception. We envision a time when the mental health system is a “help first” system that seeks to prevent disability and empower people to achieve fulfilling lives.

We provide advocacy and education for state decisions in Sacramento and in all communities throughout the state. We aim to ensure that there is adequate funding, elimination of mental health disparities, insurance coverage and access to needed services. We also educate Californians about mental illness, about the efficacy of treatment and about the outdated myths that cause stigma and denial of services.

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