

# County Behavioral Health MHSA Boot Camp



LEADERS IN  
POLICY,  
TRAINING,  
EVALUATION  
AND RESEARCH



**ONSITE  
PROGRAM**

**APRIL 16 - APRIL 17, 2018**

**DOUBLETREE BY HILTON  
2001 Point West Way, Sacramento, CA**



April 16, 2018

Dear MHSA Boot Camp Attendees,

Welcome to the first County Behavioral Health MHSA Boot Camp done in collaboration with CIBHS, CBHDA and DHCS! We look forward to spending the next two days with you. We hope you enjoy connecting with colleagues who share the successes as well as the ongoing challenges of implementing MHSA policy in counties of all sizes throughout California.

The County Behavioral Health MHSA Boot Camp brings together the foremost experts in the field to give you the latest information on MHSA policy and practice. Please use our time together to get answers to the tough questions you face back home and get to know the people you can call on for information and support. Our agenda reflects the complexity of demands you face every day, and it is our intention to provide the information you need to be successful in your work related to MHSA.

We welcome your participation in the Boot Camp and want you to know there is a wealth of support for you amongst your colleagues. You serve your county (and yourself) well by making connections.

Again, welcome!

Percy Howard III, LCSW  
CIBHS President & CEO

Kirsten Barlow, MSW  
CBHDA Executive Director

## Monday, April 16, 2018

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*All events are in Salon CD, except for registration and continental breakfast.*

8:15AM – 4:00PM **REGISTRATION** ..... Salon CD Foyer

8:15AM – 9:30AM **CONTINENTAL BREAKFAST** ..... Salon CD Foyer

9:00AM – 9:15AM **WELCOME & OVERVIEW**

**Kirsten Barlow, MSW**, Executive Director, County Behavioral Health Directors Association of California

**Debbie Innes-Gomberg, PhD**, Deputy Director, Los Angeles County Department of Mental Health

An overview will be given of the content to be presented over the two day boot camp which is designed to orient County MHSA leaders on the programmatic, regulatory, historic and fiscal aspects of the MHSA.

9:15AM – 10:30AM **ORIENTATION, HISTORY, AND EVOLUTION OF THE MHSA**

**Kirsten Barlow, MSW**, Executive Director, County Behavioral Health Directors Association of California

**Debbie Innes-Gomberg, PhD**, Deputy Director, Los Angeles County Department of Mental Health

The history of the MHSA will be presented that will orient MHSA leaders to initial guidance from the State in the form of component guidelines and Info Notices to the legislative acts of AB 100 and AB 1467 to the promulgation of regulations for each component of MHSA. The role of the state and counties will be presented as more responsibility was realigned to counties.

10:30 AM – 10:45AM **BREAK**

10:45AM – 11:45AM **CSS – WHAT YOU NEED TO KNOW FROM BEGINNING TO END  
CSS COMPONENTS, REGULATIONS AND REQUIREMENTS, EVALUATION STRATEGIES  
AND LOCAL IMPLEMENTATION EXAMPLES**

**Debbie Innes-Gomberg, PhD**, Deputy Director, Los Angeles County Department of Mental Health

**Sharon Ishikawa, PhD**, MHSA Coordinator, Orange County Health Care Agency

**Tracy Hazelton, MPH**, Division Director MHSA, Alameda County

The presentation will focus on the three components of CSS and all regulations pertaining to each component, including examples of outcome reporting and program implementation.

11:45AM – 12:45PM **LUNCH** (Included with registration)



## Monday, April 16, 2018, continued

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12:45PM – 1:45PM

### PEI - THE 411 ON PEI: THE NUTS AND BOLTS OF THE REGULATIONS

**FACILITATOR: Debbie Innes-Gomberg, PhD**, Deputy Director, Los Angeles County Department of Mental Health

**Filomena Yeroshek, Esq**, Chief Legal Counsel, Mental Health Services Oversight and Accountability Commission (MHSOAC)

**Kayla Landry, BA**, Associate Governmental Program Analyst, Mental Health Services Oversight and Accountability Commission (MHSOAC)

This informational session will provide a general overview of the regulations, including the required programs, the information that must be included in the Three-year Plan and Annual Update, and the reporting requirements and due dates. Presenters will also discuss the recent proposed amendments to the PEI regulations adopted by the MHSOAC in January 2018, which if approved by the Office of Administrative Law will go into effect in July 2018.

1:45PM – 2:00PM

### BREAK

2:00PM – 3:00PM

### INNOVATION - WHAT YOU NEED TO KNOW FROM BEGINNING TO END

**FACILITATOR: Debbie Innes-Gomberg, PhD**, Deputy Director, Los Angeles County Department of Mental Health

**Camy Rightmier**, MHSA Coordinator, Siskiyou County Health & Human Services Agency (HHSA), Behavioral Health Services

**Jane Ann Zakhary**, Mental Health Services Act (MHSA) Program Manager, Sacramento County Division of Behavioral Health Services

County perspectives on Innovation will be addressed.

### INN - THE 411 ON INNOVATION: THE NUTS AND BOLTS OF THE REGULATIONS

**Filomena Yeroshek, Esq**, Chief Legal Counsel, Mental Health Services Oversight and Accountability Commission (MHSOAC)

**Kayla Landry, BA**, Associate Governmental Program Analyst, Mental Health Services Oversight and Accountability Commission (MHSOAC)

This informational session will provide a general overview of the Innovation component and on key points of the Innovation regulations and requirements. Presenters will also discuss the recent proposed amendments to the Innovation regulations adopted by the MHSOAC in January 2018, which if approved by the Office of Administrative Law, will go into effect in July 2018.

### THE INNOVATION SUBMISSION PROCESS - A TOOLKIT FOR COUNTIES

**Sharmil K. Shah, PsyD**, Chief of Program Operations, Mental Health Services Oversight & Accountability Commission

**Grace Reedy, BS**, Health Program Specialist, Program Operations, Mental Health Services Oversight & Accountability Commission

The MHSOAC controls funding approval for the Innovation (INN) component of the MHSA. The goal of Innovation is to increase access to underserved groups, increase the quality of services, promote interagency collaboration and increase access to services. Counties select one or more goals and use those goals as the primary priority or priorities for their proposed Innovation plan. In order to support the counties in submitting their Innovation proposals, MHSOAC staff worked with several volunteer counties to build an Innovation toolkit that would improve and streamline the overall process of Innovation at both the staff and county levels.

## Monday, April 16, 2018, continued

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### THE INNOVATION SUBMISSION PROCESS - A TOOLKIT FOR COUNTIES, continued

The Toolkit is composed of the following documents:

- Innovation Framework Decision Tree - this form provides information and guidance in guiding the framework on how to design an Innovative Project
- MHSOAC Innovation Review Process - this form is a high-level visual of what the process should look like to provide transparency for the counties and work flow with MHSOAC
- Innovative Project Plan Recommended Template - the completion of this document will assist the counties to ensure that the minimum requirements are met, as required by law and/or regulations
- Presentation Guidelines - this tool is to assist counties when presenting their Innovation projects to the Commission.

This toolkit will provide clarification and transparency on the Innovation Submission Process to the MHSOAC.

3:00PM – 3:30PM

### STAKEHOLDER INVOLVEMENT & THE ROLE OF PLANNING COUNCIL

Jane Adcock, MA, Executive Officer, California Behavioral Health Planning Council

Why is stakeholder involvement important and what are the good elements for stakeholder engagement? The “Who, What, Where, When, Why and How” of the California Behavioral Health Planning Council and what it means to you.

3:30PM – 4:00PM

### ROLE OF MHSA COMMITTEE & COORDINATOR, MENTOR-MENTEE RELATIONSHIPS, REGIONAL MHSA MEETINGS

Kiran Sahota, MA, Sr. Program Manager, Mental Health Services Act, Ventura County Behavioral Health

Tracy Hazelton, MPH, Division Director MHSA, Alameda County

Debbie Innes-Gomberg, PhD, Deputy Director, Los Angeles County Department of Mental Health

The panel will talk about the role of the MHSA Committee as a vehicle for policy and practice dissemination related to MHSA that promotes consistency and quality related to the management and administration of MHSA across counties. Regional MHSA Coordinator meetings will be discussed as well as mentor-mentee support.

Holli Drobny, Mental Health Services Act Coordinator, Cultural Competence Coordinator, Public Information Office, Butte County Behavioral Health

This session will explain the characteristics of fulfilling the MHSA Coordinator duties in the Superior Region. Many MHSA Coordinators in this region fulfill many different roles within their organization due to instances relating to resources and geography. Discussion will surround the benefits of this approach and identify the unique challenges.

4:00 PM

### NETWORKING EVENT

## Tuesday, April 17, 2018

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*All events are in Salon CD, except for registration and continental breakfast.*

- 8:15AM – 3:15PM    **REGISTRATION** ..... *Salon CD Foyer*
- 8:15AM – 9:30AM    **CONTINENTAL BREAKFAST** ..... *Salon CD Foyer*
- 9:00AM – 9:15AM    **WELCOME**
- 9:15AM – 10:15AM    **MENTAL HEALTH SERVICES ACT FISCAL OVERVIEW**  
**Mike Geiss**, President, Geiss Consulting  
This presentation will provide an overview of revenue sources that fund the Mental Health Services Act, requirements for the use of MHSA funding at the local level, reversion of MHSA funds, recommended MHSA reserve levels, and estimated future MHSA revenues including data sources for counties to track and project revenues
- 10:15AM – 11:45AM    **ROLE OF KEY AGENCIES**  
**Kirsten Barlow, MSW**, Executive Director, County Behavioral Health Directors Association of California  
**Percy Howard III, LCSW**, President and Chief Executive Officer, California Institute for Behavioral Health Solutions (CIBHS)  
**Wayne Clark, PhD**, Executive Director of the California Mental Health Service Authority (CalMHSA)  
**Brenda Grealish**, Acting Deputy Director, Mental Health & Substance Use Disorder Services  
**Toby Ewing, PhD**, Executive Director, Mental Health Services Oversight and Accountability Commission (MHSOAC)
- 11:45AM – 12:45PM    **LUNCH** (Included with registration)

## Tuesday, April 17, 2018, continued

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12:45PM – 1:45PM

### COUNTY TO COUNTY SHARING: GETTING AUDIT READY

**Jane Ann Zakhary**, Mental Health Services Act (MHSa) Program Manager, Sacramento County  
Division of Behavioral Health Services

**Michelle Dusick**, MHSa Administrative Manager, San Bernardino County

**Adrienne Collins Yancey, MPH**, San Diego County MHSa Coordinator

Counties large and small will discuss lessons learned and what other Counties can do to plan for their audits.

1:45PM – 2:00PM

### BREAK

2:00PM – 3:00PM

### MHSa STAKEHOLDER INVOLVEMENT: WHY DOES IT MATTER TO YOU?

**Nancy Peña, PhD**, Behavioral Health Consultant

This session will examine the MHSa stakeholder involvement process, it's growing relevance to the health and behavioral health field today, and the lessons learned over the past decade about key factors that support successful local MHSa Stakeholder Involvement.

3:00 PM – 3:15 PM

### CLOSING REMARKS

**Kirsten Barlow, MSW**, Executive Director, County Behavioral Health Directors  
Association of California

**Debbie Innes-Gomberg, PhD**, Deputy Director, Los Angeles County Department  
of Mental Health

Presentations and Handouts can be found at:

<https://www.cibhs.org/conference/county-behavioral-health-mhsa-boot-camp>

## SPEAKERS' BIOGRAPHIES

**JANE ADCOCK, MA**, has worked in the public sector for 30 years. She began her service at the county level and moved to state-level service in 1987. Jane has worked in public mental health since 2000 and has been an integral part of the state-level policy development for the implementation of the Mental Health Services Act (MHTSA) since its passage. Jane has extensive experience with public policy analysis and program development in both mental health and social services. She currently serves as the Executive Officer at the California Mental Health Planning Council where she continues her advocacy efforts for accessible, effective and appropriate behavioral health care. Jane has a Bachelor of Arts Degree in Spanish language and culture and a Master of Arts Degree in Clinical Psychology.

**KIRSTEN BARLOW, MSW**, began serving as Executive Director of the County Behavioral Health Directors Association (CBHDA) of California in October 2015. The prior year Ms. Barlow worked as Executive Officer of the Council on Mentally Ill Offenders, a position to which she was appointed by Governor Edmund G. Brown, Jr.. Between 2009 and 2014, Ms. Barlow was Associate Director at CBHDA, where she directed the Association's legislative and budget advocacy efforts. Prior positions included serving as public information officer at the California Department of Mental Health, legislative advocate and information officer for the Los Angeles County Department of Mental Health, and Principal Consultant to the California State Assembly Committee on Human Services under the leadership of former Assemblywoman Dion Aroner (D-Berkeley). She earned her Masters of Social Welfare degree in management and planning from the University of California - Berkeley and her Bachelors degree in psychology from the University of Michigan - Ann Arbor.

**WAYNE CLARK, PhD**, is the Executive Director of the California Mental Health Service Authority (CalMHSA). Dr. Clark received his Ph.D. from the University of California Berkeley (UCB) in an interdisciplinary program including the UCB School of Public Health, the UCB Sociology of Education program, and the University of California San Francisco Sociology of Medicine program. In 1969 Dr. Clark began his career in Behavioral Health at a newly built regional psychiatric facility in Rockford, Illinois, designed with the purpose of returning State Hospital patients to their local communities. In 1973 he moved his family to the San Francisco Bay area where he continued his Behavioral Health work with the San Francisco Health Department, while finishing his academic work at UCB, leading to receiving his PhD. In 1980 he was appointed San Francisco Health Department, Director of the Substance Abuse Division, he held this position for 13 years and in 1993 he was

appointed Assistant Director of the Mental Health Division, a position he held for 9 years. In 2002 he applied for and was hired as the Director of the Behavioral Health Division for the Monterey County Health Department. In 2015 he applied for and was hired as the Executive Director of CalMHSA, where he still serves.

During his long career in the Behavioral Health field he has been the Principal Investigator and co-researcher on more than 30 state and federal research and service grants. Areas of investigation have included a clinical trial on acupuncture use in Drug Treatment detoxification, prevention approaches to HIV in high risk populations such as injection drug users and the transgender community, approaches to the dissemination of drug treatment research findings, public policy analysis and advocacy that led to the formation of SAMHSA, prevention interventions for pregnant addicts, innovative models of supportive housing (being a finalist in the Innovations program at the Harvard Kennedy School of Government), substance abuse and primary care integration, prevention strategies for reducing gang violence, and most recently population based approaches to mental health promotion, stigma reduction, and suicide prevention.

Upon selection as the Executive Director of CalMHSA, Dr. Clark has dedicated his time to assisting the 55 member counties in creating regional and statewide programs to prevent and treat behavioral health disorders. He is most proud of the efforts that have been nationally and internationally recognized to promote mental health, reduce suicides, eliminate stigma, and improve Student Mental Health. Throughout his career, he has assisted in linking research to practice, demonstrating that behavioral health interventions, especially early on, can save lives, reduce costs, while minimizing social and legal consequences in communities.

**HOLLI DROBNY** is a Community Services Program Manager at Butte County Behavioral Health. Her position encompasses three different roles; MHTSA Coordinator, Cultural Competency Coordinator, and Public Information Officer. Holli began her career at Behavioral Health in the Systems Performance, Research and Evaluation Unit as an Administrative Analyst where she gained experience as a key part of the implementation and evaluation team for various projects, including the *Investment in Mental Health Wellness Act of 2013*. Holli is passionate about Behavioral Health services because of her lived experience as a family member of someone living with a severe mental health diagnosis. Holli holds a Bachelor's degree in Communication Studies with an emphasis on Organizational Communication from California State University, Chico.



**MICHELLE DUSICK** is the MHSa Administrative Manager for San Bernardino County Behavioral Health. Her primary responsibilities include coordination and oversight for Mental Health Services Act (MHSa) programs across the county. She serves as an adjunct faculty member of the Human Services Department at San Bernardino Valley College, has served on the San Bernardino County First 5 Advisory Committee, and is the Chair for the Department of Behavioral Health's Community Policy Advisory Committee. Prior to joining the Department of Behavioral Health in 2004, Michelle worked in the health and human services field for providing services to transition aged foster youth, TANF recipients, and SSI applicants. As a family member of a person living with serious mental illness, she continues to volunteer as a support person for consumers and family members.

**TOBY EWING, PhD**, is the Executive Director of the Mental Health Services Oversight and Accountability Commission, the body that oversees Proposition 63, the Mental Health Services Act (MHSa). Voter-approved Prop 63 is funded by a one percent tax on millionaires and has generated approximately \$14.4 billion for public mental health programs since 2005.

Dr. Ewing has worked on governance reform, government oversight and improving outcomes of public programs for many years. He has worked on a range of public policy issues, including mental health, child welfare, immigrant integration, workforce and education, and veterans projects. From 2011 through 2014, Ewing served as a consultant to the California State Senate Governance and Finance Committee. He also served as Director of the California Research Bureau from 2009 to 2011. Prior to that, for eight years, he was a Project Manager with the Little Hoover Commission, an independent body charged with improving government. Ewing did his undergraduate studies at Grinnell College and received a Ph.D. in Sociology from Syracuse University. He served as a Fulbright Scholar in the mid-1990s in Costa Rica.

**MICHAEL R. GEISS** is the founder of Geiss Consulting, a Sacramento-based management consulting firm. He has over thirty years' experience providing services to public sector agencies. Prior to establishing Geiss Consulting, he had over nine years management consulting experience with NewPoint Group and seven years with Ernst & Young. He specializes in financial and economic analyses, business process improvement and operations analyses. Mr. Geiss has managed and participated in over one-hundred separate engagements for various State of California and other government entities, including more than twenty projects for the California Department of Mental Health, numerous projects for more than 42 county mental health agencies in California, and various projects for the California Behavioral Health Directors' Association and the California Institute for Behavioral Health Solutions.

**BRENDA GREALISH** is currently the Acting Deputy Director for Mental Health and Substance Use Disorder Services. She was appointed Assistant Deputy Director for Mental Health and Substance Use Disorder Services within the California Department of Health Care Services (DHCS) in November 2014. As Acting Deputy Director, Ms. Grealish is responsible for all of the DHCS mental health and substance use disorder divisions. Ms. Grealish began her state career with the Office of Statewide Health Planning and Development. She then worked at the Department of Mental Health for almost ten years in increasingly responsible positions. She has four years of management experience with the Department of Corrections and Rehabilitation during which she advanced from a Research Manager II to a Research Manager III, then to Deputy Director. Prior to her appointment as Assistant Deputy Director, Ms. Grealish was the Chief of the DHCS Mental Health Services Division. Ms. Grealish has a Bachelor's and Master's Degree in Psychology.

**TRACY HAZELTON, MPH**, is currently a Division Director for Alameda County Behavioral Health Care Services focusing on the oversight of the Mental Health Services Act (Prop 63) funding stream. She has extensive experience in the areas of project development and implementation, evaluation, and community engagement/support with a special emphasis in prevention and early intervention services. She has over 13 years' experience overseeing a variety of prevention focused programs including mental health and alcohol and drug school-based programs, wellness services for underserved ethnic populations, trauma informed care initiatives, suicide prevention and crisis intervention programs as well as many other community focused activities.

Before coming to Behavioral Health she spent a number of years conducting social science research and managing evaluations of various sizes. Ms. Hazelton earned her Master's degree in Public Health from the University of California Los Angeles with a focus on community health and planning. Tracy was also a Peace Corps volunteer in Ghana, West Africa where she taught high school chemistry, physics and biology.

**PERCY HOWARD, III, LCSW**, is the President and CEO for the California Institute for Behavioral Health Solutions. Over the past 8 years of his tenure at CIBHS, Percy has been a catalyst in improving the organization's ability and infrastructure to implement recovery-oriented and family-directed Evidence-Based Practices in California. During his 33-year work history, Percy has worked for County Behavioral Health and Child Welfare Systems, Private Healthcare providers, Non-Profit CBOs and in Juvenile Justice Settings. Some of the roles he has occupied include Clinical Director, Program Director, Program Analyst, Child Welfare Supervisor, private practice Psychotherapist and Family Reunification Social Worker. His years of experience as a

licensed clinician along with extensive program creation and management expertise has served him well in his current leadership role at CIBHS.

**DEBBIE INNES-GOMBERG, PhD**, received her PhD from CSPP-LA in 1992 and is the Deputy Director over Program Development and Outcomes for the Los Angeles County Department of Mental Health. Over her 25 year career she has assumed leadership roles in Jail Mental Health Services, Adult System of Care, served as a District Chief for the Long Beach/South Bay areas of Los Angeles County and oversees the administration of the Mental Health Services Act. Dr. Innes-Gomberg is the Co-Chair of the County Behavioral Health Directors' Association's (CBHDA) MHSA Committee, including a member of its Governing Board. She is a leader in LA County and across the State on the MHSA and on outcome and evaluation of mental health programs.

**SHARON ISHIKAWA, PhD**, is the MHSA Coordinator for the Orange County Health Care Agency (OC HCA). She has 25 years of training and experience in clinical research design and data analysis, including as a Research Analyst for Community Services and Supports MHSA programs in Orange County. She has most recently worked with other OC HCA managers and researchers to standardize outcome measures, data analytics and data visualization across Behavioral Health Services. Sharon obtained her Ph.D. in Clinical Psychology from UCLA, completed research post-doctoral fellowships at the University of Southern California and the University of California Irvine, and served as an Assistant/Associate Project Scientist at the University of California Irvine. In these roles, she conducted several large-scale, community-based research projects with vulnerable populations; trained students and staff in psychological assessment with child and adult in- and out-patient populations; taught several courses in psychological assessment, research methods, and statistics; and has published a number of book chapters and peer-reviewed journal articles.

**KAYLA LANDRY, BA**, received her Bachelors of Arts Degree from the University California, Davis and over a year ago started her employment with the state at MHSOAC. She worked as a Staff Services Analyst in the Research and Evaluation Unit and facilitated the County regional meetings for Community Services and Supports Evaluation Toolkit in March 2017. Kayla has provided support to the Subcommittee for Innovation as well as the Regulations Implementation Subcommittee. She worked closely with MHSOAC's Chief Legal Counsel Filomena Yeroshek in preparing the newest amendments to the Prevention and Early Intervention (PEI) and Innovation (INN) regulations. In September 2017, Kayla transitioned into the PEI Unit as an Associate Governmental Program Analyst and Project

Lead. She assembled together the first learning community, Webinar: Methods for Fulfilling MHSA PEI Regulations for Data Collection and Reporting, and presented the PEI regulations.

**NANCY PEÑA, PhD**, is a former mental health director from Santa Clara County. Since retiring, she offers behavioral health and professional development consultation services to local and state organizations. She currently serves as Co-Director of the CIBHS Leadership Institute, a leadership development program provided by the University of Southern California's Sol Price School of Public Policy and CIBHS. While Director of Mental Health in Santa Clara, she was active in the California Mental Health Directors Association, (now CBHDA), where she served as President of the Board, Co-Chair of the Children's System of Care Committee, and Co-Chair of the Social Justice Advisory Committee. Her passions are social justice, leadership development, and spending time with family and friends.

**GRACE REEDY, BS**, is a Health Program Specialist who has been employed with the Mental Health Services Oversight & Accountability Commission (MHSOAC) since July 2017. Within her first month of employment with MHSOAC, Grace began to work with participating counties to develop documents designed to streamline the process of County innovation submissions. Since 2006, Grace has served in increasingly responsible positions within the State of California including positions with the Department of Justice and the Department of Public Health. Grace also served in the capacity as a lead analyst in the Mental Health Section at the California Victims Compensation Program. Ms. Reedy has a Bachelor of Science degree from CSU, Sacramento in Criminal Justice, AA in Social Science and has completed substantial coursework towards a Master's Degree in the Psychology of Human Behavior.

**CAMY RIGHTMIER** moved to Siskiyou County in 1999 and began her career with the County. She has worked for various departments over the last 19 years, from the auditor's office to Sheriff, taking from each position many unique job experiences and different perspectives before settling down at Behavioral Health in 2013. Since then, she has been involved in the planning, writing and implementing of five MHSA annual updates and two 3-year plans. She has been instrumental in creating and managing a Full Service Partnership program for Adults, Older Adults and Youth that has almost 200 members. She was also the driving force behind research and development of the County's first wellness center, Six Stones Wellness Center, which opened its doors in December 2015. She is co-chair of the Department's Cultural and Linguistic Competence Committee and a member of the Area Agency on Aging, Planning Service Area 2 Advisory Council. She is also fully trained and certified as the County's Planning Section Chief

for the Emergency Operations Center; a role she took on at the Sheriff's Department and continues to fill in the event the County is involved in a disaster.

**KIRAN SAHOTA, MA**, is a lifelong resident of Ventura County, where she lives with her two children. She has worked in the social service setting since 1992. Ms. Sahota received her graduate degree in Clinical and Community Psychology from California State University, Northridge. She began her county employment first working as a Child Protective Services Social Worker, to managing the CIT Program with the Sheriff's Office and currently is with Behavioral Health. Ms. Sahota is a Senior Program Manager overseeing MHPA funding, components, outcomes and programs.

**SHARMIL K. SHAH, PsyD**, has over 20 years of non-profit experience in providing clinical services, management, business development and community outreach. She is currently the Chief of Program Operations at the Mental Health Services Oversight & Accountability Commission. She directs, supervises, and manages the day to day operations of a complex, highly visible program that includes the following units: Plan Review, Innovation and Prevention and Early Intervention. Prior to this she has worked at Child Guidance Center, Inc, an Orange County based non-profit as a Child Therapist and then with Family Service Association and the Department of Social Services, as the Director of the Child Abuse Prevention Council of Riverside County. Sharmil received her Bachelor's degree in Psychology at UC Riverside, her Master's degree at Chapman University and her Psy.D at California Southern University, with a specific emphasis on Children and Trauma. She also serves as a Citizen Review Panel Member for the Prevention of Child Abuse and Neglect.

**ADRIENNE COLLINS YANCEY, MPH**, currently serves as the Mental Health Services Act Coordinator for the County of San Diego Health and Human Services Agency, Behavioral Health Services (BHS). In her role she is responsible for community engagement activities around the development of the County's plan for spending over \$180 million in treatment for persons with serious mental illness and mental health prevention programs. Additionally, Ms. Yancey is the Prevention and Early Intervention lead for BHS. She has over 28 years of experience working in the fields of public health, behavioral health, and social services. Ms. Yancey has a Bachelor's in Rhetoric and Communication from the University of California at Davis, and a Master's in Public Health from the Graduate School of Public Health at San Diego State University.

**FILOMENA YEROSHEK, ESQ**, is an attorney with thirty years of experience and has been with the MHPSOAC as Chief Legal Counsel for nine years. She worked extensively on the 2015 Prevention and Early Intervention (PEI) and Innovation (INN) regulations including the two-year long public engagement process. She was the staff lead on the Regulations Implementation Subcommittee and worked with counties, providers, and other stakeholders to better understand the barriers counties face in complying with the new reporting requirements under the regulations. As part of that work, Filomena was the lead drafter of the recent amendments to the PEI and INN regulations adopted by the Commission in January 2018, which, if approved by the Office of Administrative Law, will go into effect in July 2018. Prior to joining the MHPSOAC Filomena was in private practice. She has also taught ethics for twenty years at Lincoln Law School of Sacramento. Filomena received her law degree from the University of California, Davis, School of Law.

**JANE ANN ZAKHARY** is the Mental Health Services Act (MHPA) Program Manager with the Sacramento County Division of Behavioral Health Services, where she is responsible for coordinating, developing, and implementing MHPA-funded programs and projects. Jane Ann has almost twenty years of experience in program planning and administration, including contract and budget development and management, with multiple social service departments in Sacramento County.

Jane Ann serves on the California Behavioral Health Directors Association (CMHDA) MHPA Committee and participates in the Financial Services Committee. She serves as Sacramento County Alternate for the Mental Health Director on the California Mental Health Services Authority (CalMHPA) Board and as liaison and subject matter expert to the Sacramento County MHPA Committee.



# COUNTY BEHAVIORAL HEALTH MHSA BOOT CAMP PLANNING COMMITTEE

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We thank the following individuals for their time and contributions as  
Planning Team members:

**Heather Anders**

Membership Services Manager  
County Behavioral Health Directors  
Association of California (CBHDA)

**Adrienne Collins Yancey, MPH**

Principal Administrative Analyst/  
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**Kristi Conforti**

MHSA Coordinator  
Tuolumne County

**Jennifer Cook, LCSW**

MHSA Coordinator  
Placer County

**Michelle Dusick**

MHSA Administrative Manager  
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**Amy Faulstich, MSW**

MHSA Coordinator  
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