Personal Recovery Plan

For ___________________________________

My goal (This is something meaningful and important that I achieve as part of my recovery):

Why this is important to me:

<table>
<thead>
<tr>
<th>What will we do today? (Measurable Short-Term Action Steps Toward Achievement)</th>
<th>Who is Responsible?</th>
<th>Date to be Accomplished</th>
<th>Date Accomplished</th>
<th>Comments:</th>
</tr>
</thead>
</table>

The goal listed above is something important for me to achieve as part of my recovery.

I acknowledge that the goal listed above is important to this person. Each time we meet, I will be willing to help this person make progress towards this goal.

My Signature       Date

Service Provider’s Signature       Date

University of Kansas, School of Social Welfare – 2010