

PRESENTATION REFERENCES

Workshop: Maximizing Seeking Safety Outcomes with Latino Older Adults

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Books:

Mathieu, F. (2012) *The Compassion Fatigue Workbook, Creative Tools for Transforming Compassion Fatigue and Vicarious Traumatization* ISBN: 978-0-415-89790-7

Najavits, L. M. (2002) *Seeking Safety: A Treatment Manual for PTSD and Substance Abuse*. ISBN: 1-57230-639-4

Rothschild, B. (2006). *Help for the Helper, The Psychophysiology of Compassion Fatigue and Vicarious Trauma* ISBN: 978-0-393-70422-8

Substance Abuse and Mental Health Services Administration. *Trauma Informed Care in Behavioral Health Services. Treatment Improvement Protocol (TIP) Series 57*. HHS Publication No. (SMA) 13-4801. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014.

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van Dernoot Lipsky, L. (2009). *Trauma Stewardship: An every day guide to caring for self while caring for others*. ISBN: 978-1-57675-944-8

Articles/Chapters:

Dennis & Brown (2011). Suicidal Older Adults: Suicide Risk Assessments, Safety Planning & CBT. In *CBT with Older Adults* pp. 95 – 123. New York, NY: Springer Publishing

Figley: Charles Figley, *Compassion Fatigue: Coping Secondary Traumatic Stress Disorder in Those Who Treat the Traumatized* (London: Brunner-Routledge, 1995)

McCann, I.L., & Pearlman, L.A. (1990). Vicarious traumatization: A framework for understanding the psychological effects of working with victims. *Journal of Traumatic Stress*, 3, 131 – 149.

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Najavits, L. M. (2002) Seeking Safety therapy for trauma and substance abuse. *Corrections Today*; 64: 136-140.

Najavits, L. M. (2000). Training clinicians to conduct the Seeking Safety treatment for PTSD and substance abuse. *Alcoholism Treatment Quarterly*. 18:83-98.

Najavits, L. M. & Capezza, N. M. (2014). Depression and Post Traumatic Stress Disorder Comorbidity. *The Oxford Handbook of Depression and Comorbidity*, 1 – 14.

Najavits, L. M., Kivlahan, D. & Kosten, T. (2011). A National Survey of Clinician Views of Evidenced-Based Therapies for PTSD and Substance Abuse. *Addiction Research & Theory*, April 2011; 19 (2): 138 – 147.

Saakvitne, K.W., & Pearlman, L.A. (1995). Treating therapist with vicarious traumatization and secondary traumatic stress disorders. In C. Figley (Ed.), *Compassion fatigue: Coping with secondary traumatic stress disorder in those who treat the traumatized*.

Schwartzenger, K. (2009). *Neurosensory play interactions in play therapy*. California Association for Play Therapy Newsletter, October 2009

Van Der Kolk, B. A. (1996). *Traumatic stress: the effects of overwhelming experience on mind, body, and society*. N.Y.: Guilford Press

Additional Resources/Web Sites:

Seeking Safety Web Sites: <http://www.treatment-innovations.org>

Telecare Recovery Centered Clinical Systems (RCCS) Program Material www.telecarecorp.com

The National Child Trauma Stress Network

The Resilience Alliance: Promoting Resilience and Reducing Secondary Trauma Among Welfare Staff – Participant Handbook. This is a free resource that you can download from the *National Child and Traumatic Stress Network* site.

US Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA):

<http://www.samhsa.gov/trauma> - for responders and health professionals