

## How RCCS is Incorporated into Telecare PEI Clinical Work:

1. Remembering RCCS Values when Delivering Services and interacting with others:



### Telecare RCCS Program Values

- ✓ Provide services in a respectful & non-judgmental manner;
- ✓ *Actively collaborate* with clients and their families who are team members and contributors in decision making processes;
- ✓ Value of *engagement and teaming*;
- ✓ Stress is normal. *Stress can foster self development & growth*;
- ✓ Clients are capable of assuming personal responsibility;
- ✓ Clients can grow & change in environments of acceptance, trust and empathic understanding;
- ✓ *Sustained change* occurs when clients feel ready & supported;
- ✓ *All people have an intrinsic need* for self-mastery and control;  
*Crises can be construed as dangerous and harmful times  
OR they can be viewed opportunities for growth*

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2. Remembering fundamental concepts of recovery, regardless of EBP we use:



### Fundamental Concepts of Recovery (RCCS)

- ⊗ Self Direction:
  - Recovery process is self directed by client who defines his/her goals and designs a unique path towards those goals
- ⊗ Individualized and Person-Centered:
  - Based on unique strengths, resiliencies, needs, preferences, experiences and cultural background
- ⊗ Empowerment :
  - Including education & support to facilitate participation
- ⊗ Holistic:
  - Addresses all aspects of client's life (i.e. housing, employment, education, mental health/health care needs, spirituality, creativity, social networks)
- ⊗ Non-linear
- ⊗ Strength-based
- ⊗ Increasing Peer support



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