



Helping You Make the Difference

Building the Evidence Summit

For Community Defined Practices

Friday, May 30, 2014
Crowne Plaza Anaheim
12021 Harbor Blvd., Garden Grove, CA 92840



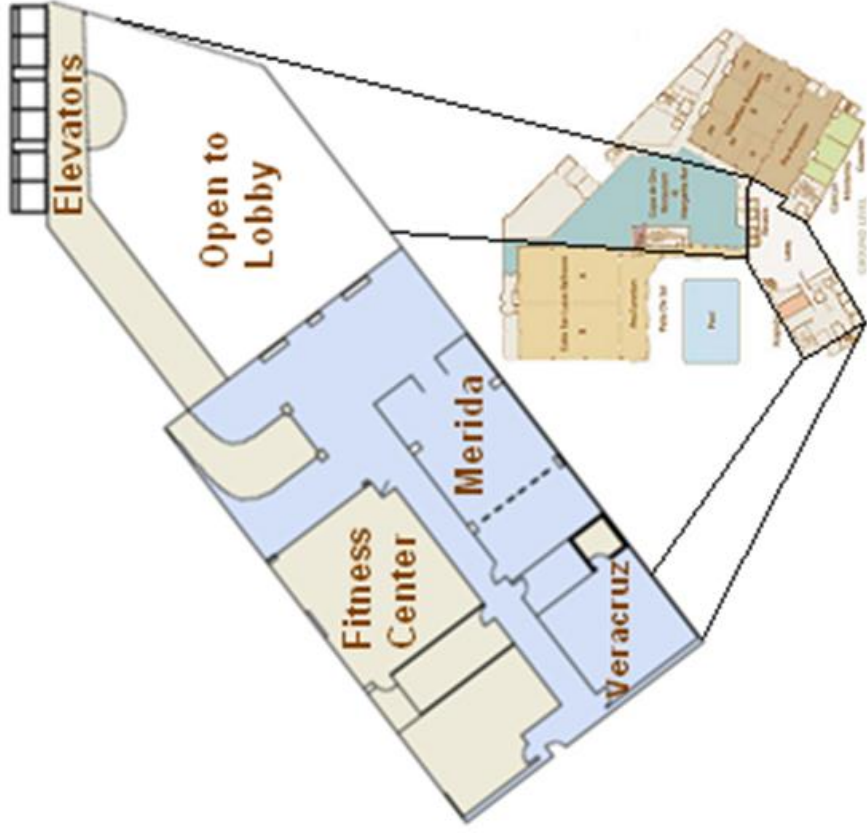
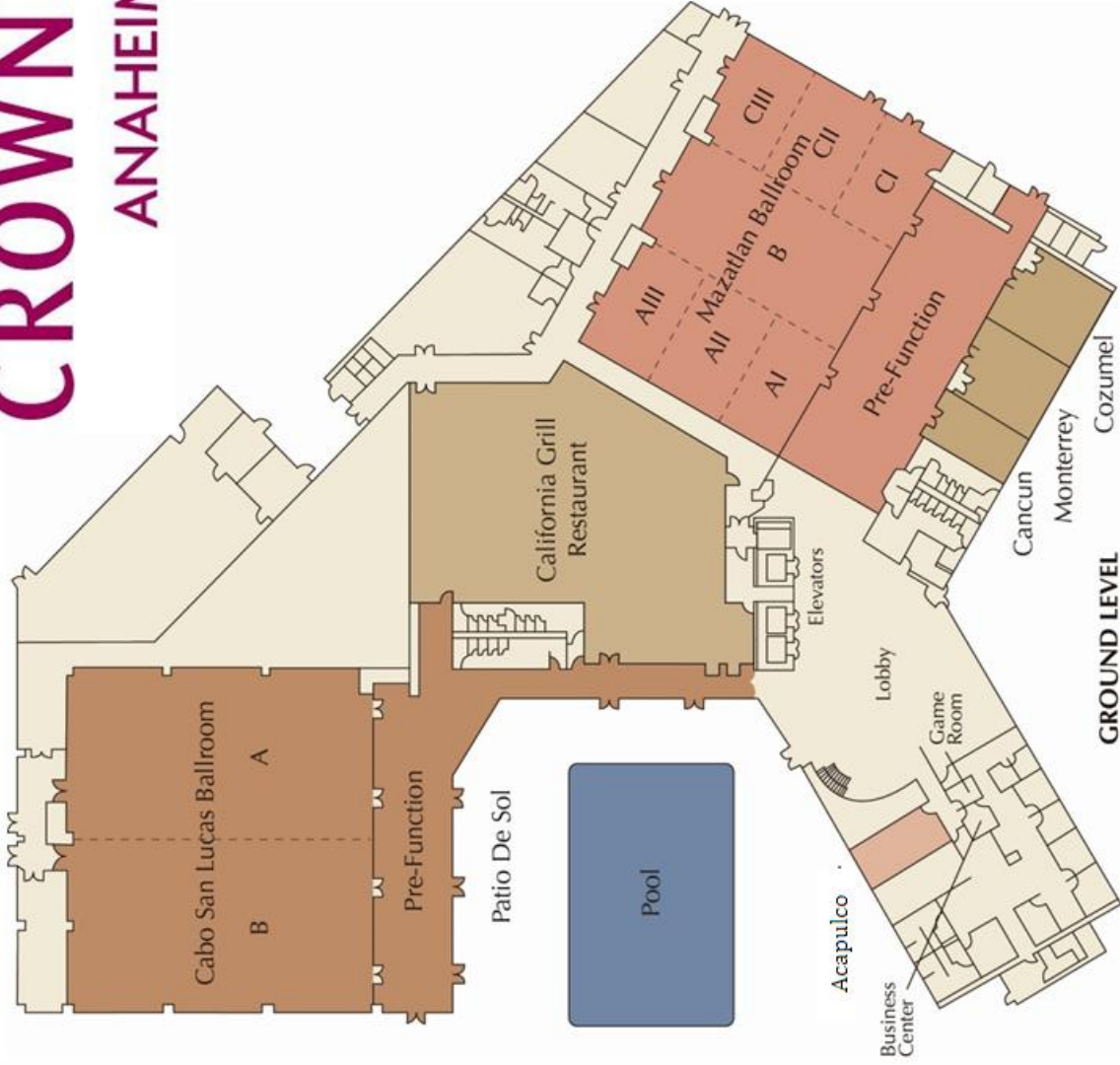
WELLNESS • RECOVERY • RESILIENCE





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AGENDA

Thursday, May 29, 2014

7:00 PM-9:00 PM **"Healing and Support Circle"** *Cozumel Room*
A Traditional Ritual facilitated by Jerry Tello
(Open to Conference Attendees)

Friday, May 30, 2014

7:30 AM **Registration/Continental Breakfast** *Cabo Foyer*

8:30 AM **Welcome and Opening Ceremony** *Cabo San Lucas B*
Sacred Circles – Jerry Tello, Susanna Armijo, Citlali Arvizu, Xavier Quijas Yxayotl, and Gina Arvizu

9:00 AM **Greetings** *Cabo San Lucas B*
Doretha Williams-Flournoy, MS, Chief Operating Officer, California Institute for Mental Health (CiMH)

9:05 AM **Buddhist Blessing Ceremony** *Cabo San Lucas B*
Introduction by Rong Be, Ajah at Wat Sonsom Kusal and Case Manager, Pacific Asian Counseling Services
Venerable Master Chhan Aun, Wat Vipassanaram
Venerable Master Khouen Pang, Wat Vipassanaram

9:15 AM **Wisdom Keepers** *Cabo San Lucas B*

Description: Intergenerational Wisdom Keepers will talk about sacred aspects of their culture and traditional approaches used for healing when struggle, illness, and imbalance arise. They will incorporate a discussion about historical challenges and also how their communities have traditionally known which approaches work and how to carry these best practices into the future.

Wade Nobles, PhD, Executive Director, The Institute for the Advanced Study of Black Family Life & Culture, Inc.

Lian Cheun, MPA, Executive Director of Khmer Girls in Action

Art Martinez, PhD, Psychologist, Shingle Spring Tribal Health and Wellness Program

Jerry Tello, Director, National Latino Fatherhood and Family Institute and Co-Founder, National Compadres Network

Moderator: *Will Rhett-Mariscal, PhD, Acting Associate Director, CiMH*

10:15 AM **BREAK**

10:30 AM

Reflections by System Allies

Cabo San Lucas B

Description: System allies will reflect on the presentations by the wisdom keepers and discuss strategies for supporting indigenous approaches within a western/system framework.

Gigi Crowder, LE, Ethnic Services Manager, Alameda County Behavioral Healthcare Services

Dennis Murata, MSW, Deputy Director of Program Support Bureau, Los Angeles County Department of Mental Health

Refugio "Cuco" Rodriguez, Mental Health Services Act Division Chief, Ethnic Services Manager, Santa Barbara County Alcohol, Drug and Mental Health Services

Moderator: *Doretha Williams-Flournoy, MS, Chief Operating Officer, CiMH*

11:30 AM

BREAK

11:45 AM

Breakout Session I: What Works in Our Communities? (Asian Pacific Islander)

Mazatlan A

Description: This workshop will discuss the challenges of developing a Community Defined Evidence (CDE) in the Asian Pacific Islander (API) community. There will be a presentation on the use of the Blessing Ceremony as a "non traditional" healing practice from Cambodia and how it was integrated into a mental health treatment plan. This will be followed by the requirements to submit a CDE to DMH and some of the possible challenges of submitting the Blessing Ceremony for acceptance in the Los Angeles County DMH PEI, EBP, Promising Practices, and Community-defined Evidence Models Resource Guide 2.0. Last, there will be several examples of successful CDEs that are in current practice in the API communities and how they were developed and implemented.

Pisey Sok, MFT, Mental Health Clinician in the Integrated Network for Cambodians (INC) Program of Pacific Asian Counseling Services

Mariko Kahn, LMFT, Executive Director, Pacific Asian Counseling Services

Terry Gock, PhD, Executive Director, Asian Pacific Families Counseling, Pacific Clinics

Breakout Session II: What Works in Our Communities? (African American)

Mazatlan B

Description: This workshop will assist learners with understanding some of the barriers, both historical and present day, currently affecting people of African descent living in America. We will also provide information on the use of spirituality from the Christian perspective, and its role in mental health. This workshop will discuss ways to incorporate Christian spirituality into a mental health framework for those interested in using their faith as a resource for change.

Tamitra Clark, PsyD, California Black Health Network, Inc.

Pastor Brandon Parks, LMFT, California Black Health Network, Inc.

12:30 PM

LUNCH

Cabo San Lucas B

**Blessing by Pastor Brandon Parks, LMFT, California Black Health Network, Inc.
Cahuilla Bird Singers – Southern, California**

1:45 PM

Breakout-Sessions III: What Works in Our Communities? (Latino)

Mazatlan A

La Cultura Cura: Utilizing Cultural Traditions & Assets to Strengthen Mental and Physical Health

Description: La Cultura Cura (LCC) recognizes that all people carry the historical wisdom and knowledge of their ancestors and people that can be used for positive growth, healing and personal development. In the course of a person or family's migration the positive cultural traits that serve to root and connect people can be overlooked or lost, and this leads to isolation and a less than positive sense of identity. LCC is a process that helps individuals, families, and communities recognize their positive identity and gifts to eliminate isolation and reinforce interconnectedness so that an individual thrives in the context of their family and community. This panel will also provide mental health practitioners with strategies to support individual-familial growth and also strengthen their ability to develop without abandoning their positive cultural identity.

Jerry Tello, Director, National Latino Fatherhood and Family Institute and Co-Founder, National Compadres Network

Oswaldo Cruz, Senior Program and Training Specialist, National Compadres Network

Jesse Herrera, LCSW, (Retired) Former Ethnic Services Manager, Monterey County Behavioral Health

Bobby Verdugo, BSW, Consultant, National Compadres Network

Breakout Session IV: What works in Our Communities? (Native American)

Mazatlan B

Description: This session will provide an overview of the challenges faced by Native American organizations and tribes regarding the requirements of using evidence-based practice designated interventions with Native populations. The history of research abuse and the community-driven wellness movement will also be presented.

Barbara Aragon, MSW, Laguna Pueblo/Crow, Sacramento Native American Health Center, Inc.

Carlos Rivera, Sherwood Valley Band of Pomo Indians/Mexican, Sacramento Native American Health Center, Inc.

2:30 PM

BREAK

2:45 PM

Building the Evidence for Community Defined Practices

Cabo San Lucas B

Description: Facilitated dialog with funders and evaluators sharing their perspectives on “What it Takes” to build the evidence for community defined practices. Specific examples, strategies and steps to successfully build evidence and successfully sustain programs will be provided.

Lillian Bando, JD, MSW, District Chief, Los Angeles County Department of Mental Health

Herb Hatanaka, DSW, Executive Director, Special Service for Groups, USC Adjunct Professor of Social Work

Heriberto Escamilla, PhD, Research and Program Documentation, National Compadres Network

Cheryl Branch, MS, Executive Director, Los Angeles Metropolitan Churches

Moderator: Will Rhett-Mariscal, PhD, Acting Associate Director, CiMH

4:15 PM

Closing Remarks-Closing Circle

Cabo San Lucas B

Art Martinez, PhD, Chumash, Clinical Psychologist, Shingle Springs Tribal Health and Wellness Program

4:30 PM

Adjourn

Cabo San Lucas B

4:30 PM –
5:00 PM

Networking

A special thank you to our partners!



National Compadres Network

1550 The Alameda, Suite 303
San Jose, CA 95126-2304
(408) 676-8215
www.nationalcompadresnetwork.com

Héctor Sánchez-Flores

Executive Director
(408) 676-8216
hsf@nlffi.org

Jerry Tello

Lead Trainer
tellojt@aol.com



California Black Health Network, Inc.

520 9th Street, Suite 210, Sacramento, CA 95814
(916) 333-0613
www.cablackhealthnetwork.org

B. Darcel Lee

President and CEO
dlee@cablackhealthnetwork.org

Wenonah Valentine, MBA

Consultant
wvalentine@idreamnow.org



Asian Pacific Policy and Planning Council

605 W. Olympic Blvd. Suite 600, Los Angeles, CA 90015
(213)239-0300
<http://www.ssgapialliance.org>

Trang Hoang, PhD, LCSW

Division Director
SSG Alliance
1730 W. Olympic Blvd. Suite 3A-300
Los Angeles, CA 90015
213-249-9388 | 310-383-3085
trang@ssgalliance.org

Mariko Kahn, LMFT

Executive Director
Pacific Asian Counseling Services
8616 La Tijera Blvd., Ste. 200
Los Angeles, CA 90045
(310) 337-1550, Ext. 2018
mkahn@pacsla.org



California Consortium for Urban Indian Health

1016 Lincoln Blvd., Suite 111, San Francisco, CA 94129
www.ccuuh.org

Britta Guerrero

Chief Executive Officer
Sacramento Native American Health
Center
2020 J Street, Sacramento, CA 95811
(916) 341-0576, Ext. 2205
brittag@snahc.org

Barbara Aragon, MSW

Consultant
baragon428@gmail.com



WELLNESS • RECOVERY • RESILIENCE



The California Institute for Mental Health (CiMH) is a non-profit public interest corporation established for the purpose to promote wellness and positive mental health and substance use disorder outcomes through improvements in California's Health System. CiMH is dedicated to a vision of "a community and mental health services system which provides recovery and full social integration for persons with psychiatric disabilities, sustains and supports families and children; and promotes mental health wellness."

California Institute for Mental health

2125 19th Street, 2nd Floor

Sacramento, California 95818

Phone: (916) 556-3480 | Fax: (916) 556-3478

www.cimh.org