Central Regional Partnership
Phone Conference Meeting Minutes

September 3rd, 2015, 10:00 AM – 11:00 AM
(916) 552-6503, No participant access code required

MEETING NOTES

Documents related to this call and/or the Central Region priorities/workgroups are and will be posted to the Central Region Partnership webpage at: http://www.cimh.org/monthly-meeting-information.

I. Welcome and Introductions

John Lawless (chair) Calaveras County
Brandi Reed El Dorado County
Jim Ritchie Fresno County
Gail Zwier Inyo County
Katie Arnst Kings County
Chris Pawlack Placer County
Debra Delaney-Deans Sacramento County
Janelle Frederiksen San Joaquin County
Connie Alcala Stanislaus County
Juan Alvarez Tulare County
Michelle Carlson Tuolumne County
Alicia Ruiz Yolo County
Bobbie Zawkiewicz CIBHS
Gina Ehler CIBHS
Ron Shaw Community Member
Lyra Monroe Southern Region Coordinator
Kathryn Benner Southern Region Support
David Richardson Phoenix House – Yolo County

Counties not represented:

Alpine Amador Madera Mariposa
Merced Mono Sutter/Yuba

II. Review of Agenda and Minutes:

A. Changes and additions to the agenda:
B. Minutes from August 6th, 2015 were approved with no edits.
III. Action Items and Possible Activities:

A. **Next CRP meeting is both face-to-face and phone conference:** 1904 Richland Ave, Ceres, CA

B. Engagement strategies for Regional stakeholders, e.g., Law Enforcement, WIB’s – Gina shared that we would like recommendations from counties on how to reach certain stakeholders beyond our current strategies. No recommendations were made at this meeting but Gina asked that folks come back with any next month.

C. **OSHPD Re-assessment of WET allocations:** Gina shared that OSHPD is going to hold stakeholder meetings in the fall regarding the re-assessment of WET allocations, including those to the Regional Partnerships. Gina said she would let folks know when the stakeholder meetings might be held. Michelle Carlson shared that after attending the last meeting with OSHPD there was a sense that they may not need to change any allocations.

D. Sustainability beyond 10 years: Gina asked the group if there was any interest in having Regional Partnership sustainability beyond the 10 years that it was intended. Several County representatives shared that they believe the Partnership has been beneficial and would like to see the activities continue beyond the 10 years. Gina asked about how that might happen and asked counties to consider forwarding any relevant grant opportunities via email. Additionally, Gail Zwier, director of Inyo County shared that she may be willing to contribute local WET funds to the Regional Partnership. **Gina will develop a survey asking if other counties might be interested in contributing.**

IV. Updates:

A. **Semi-Annual Report to OSHPD:** Gina shared that she submitted the finalized Central Region Partnership Semi-Annual Report to OSHPD regarding activities accomplished between January and June of 2015.

B. **Mental Health First Aid:**

   - **Fresno MHFA T4T – 7 slots – August 3rd – 7th, 2015:** Twenty-seven instructors were certified. Six of those were provisionally certified. These instructors will be invited to join our other instructors in monthly phone conference support calls.
   - **Manuals** – 9500 manuals were delivered from Maryland to 16 destinations in the Central Region.
   - **Next Training** – Madelyn Schlaepfer shared that she would request our next training be a Youth-curriculum training. **Gina said she would be sending an email out to all counties to determine whether the need was greater for a Youth- or Adult-curriculum training.**

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C. **Hybrid MSW Program Update** – CSU, Stanislaus submitted their first deliverable timely. The report for the deliverable was shared. John Lawless asked whether we could request to know how many of the students are Central Region county employees or provider staff. Gina will follow-up with Robin Ringstad to determine how that could happen.

D. **Psychiatric Nurse Practitioner Interns/Supervision Discussion** – John Lawless shared about current exploration of ideas and activities with UC San Francisco and CalMHSA. Group will meet soon to discuss possibilities. Gina will survey county representatives to find out how many might be interested in the use of PNP interns as a way to mitigate the psychiatry shortage in the Central Region. Additionally, Gina will invite any newly interested county representatives to join the sub-committee.

E. **Suicide Community Response Kit** – CalMHSA project – Working with Theresa Ly of CalMHSA and Placer County on a Suicide Community Response kit that is specific to events that occurred there, but that will be replicable and made available to other counties once completed. Gina will meet with Theresa Ly and Ann Collentine to discuss next steps, including inviting them to report out at the next Central Region meeting on concepts of this project.

F. **Roving Supervisors** – Had first meeting including new supervisor. Things are running smoothly currently. We will review renewing contracts by next spring. Alpine County clinicians are now licensed thanks to our Roving Supervisor program!

G. **Training Sub-Committee** – Planning early trainings for this fiscal year (depending on planning time and/or budget). Last meeting: September 2\(^{nd}\) at 9:30 AM. Michelle Carlson asked to be added to the sub-committee. Gina will send out a Doodle.com link for the next meeting which will be held in a few months.

H. **Mental Health First Aid Instructor Support Group Meeting** – We are meeting regularly to discuss implementation and training strategies. Manuals to be delivered soon. Last meeting: August 28\(^{th}\), 2015 at 2:30 PM. The group of newly certified instructors from the Fresno training will be invited to upcoming meetings.

I. **MJC Online CASRA Program** - Orientation for fall courses to be scheduled soon. Fall advisory committee meeting also to be scheduled soon.

J. **Sponsorship of coordination of Trainer Document** – Theresa Ly of CalMHSA is asking if Regional Partnerships are interested in helping to fund the continuation of a document that keeps track of updated Gatekeeper trainers (e.g., MHFA, ASIST, SafeTALK, QPR, etc.). Other Regions responded with questions and Theresa will get back to us with ideas on cost to maintain document and how often it would be updated. Gina will follow-up with Theresa to determine whether this is still a possibility.
K. Coordinator’s Monthly Work Updates: This document was not reviewed during the meeting, however, participants were encouraged to review it on their own if they were interested in Gina’s activities.

V. Adjourn Regional Meeting