Central Regional Partnership
Phone Conference Meeting Minutes

November 5th, 2015, 10:00 AM – 11:00 AM
Conference Dial-in Number: (916) 552-6503 – No Participant Code Required

MEETING NOTES

Documents related to this call and/or the Central Region priorities/workgroups are and will be posted to the Central Region Partnership webpage at:
http://www.cimh.org/monthly-meeting-information.

I. Welcome and Introductions

John Lawless (chair) Calaveras County
Brandi Reed El Dorado County
Jim Ritchie Fresno County
Chris Pawlack Placer County
Janelle Frederiksen San Joaquin County
Madelyn Schlaepfer Stanislaus County
Connie Alcala Stanislaus County
Jennifer Baker Stanislaus County
Megan Giglio Sutter/Yuba County
Juan Alvarez Tulare County
Michelle Carlson Tuolumne County
Bobbie Zawkiewicz CIBHS
Gina Ehler CIBHS
Kathryn Benner Southern Region Support

Counties not represented:

Alpine Amador Inyo Kings
Madera Mariposa Merced Mono
Sacramento Yolo

II. Review of Agenda and Minutes:

A. Changes and additions to the agenda: None.
B. Minutes from October 1st, 2015 were approved with no edits.
III. Action Items and Possible Activities:

A. **Mental Health First Aid** – Youth MHFA T4T scheduled for December 7 – 11, 2015 in Modesto, CA. Send in applications soon, and share about hotel needs, please.

B. **Central Region Schedule of Meetings for 2016** – Gina will email the schedule to directors to vote on approving meeting dates. Special attention will be drawn to January and July which have been canceled in the past due to holidays.

C. **OSHPD Semi-Annual Report re: July – December 2015, due in January, 2016.** Gina will follow-up with the draft report via email.

D. **HealthLitNow Project in Tuolumne County for High School Career Pathways** - Michelle Carlson provided documents and a link that highlight the High School Career Pathways project they are doing in Tuolumne County. She shared that the high school events have been well-attended and students seem more interested in health careers after attending the events.

IV. Updates:

A. **Peer Training focus and Co-occurring training highlights** – Trainer Kristen Dempsey provided the first of two Motivational Interviewing for Peers trainings in Modesto on October 29th, 2015 (20 maximum – 2 slots per county). A follow-up “coaching and feedback” phone call is scheduled for November 17th, 2015 for those who attended on October 29th. A flyer will be disseminated to those who participated as a reminder.

B. **OSHPD MHSA WET 5-Year Plan Budget Reassessment** – The next stakeholder meeting will be held December 8th, 2015 from 2:00 PM – 4:00 PM rather than November, as previously reported. Information will be shared as it is received.

C. **Psychiatric Nurse Practitioner Interns/Supervision Discussion** – Group will meet soon to discuss possibilities. Jim Ritchie will find out what CSU, Fresno can offer in terms of a PNP program.

D. **Calaveras’ FEMA Counseling Training** – John Lawless shared that Calaveras County is continuing to respond to community needs related to the Butte Fire. FEMA is providing counseling training to staff and community members. John will share information about the training with Gina who will disseminate to Directors/Coordinators in the Region.

E. **Suicide Community Response Kit** – CalMHSA project – Completing contract to begin work on a Suicide Community Response kit that is specific to events that occurred in the Tahoe/Truckee area, but that will be replicable and made available to other rural communities in the Central Region once completed.
F. UC Davis Leadership Training DRAFT Courses for Jan – Jun 2016 – We are finalizing dates, locations and will develop and disseminate a flyer for this training series in the next few weeks. Watch for an email!

G. Hybrid MSW Program Update – Gina sent an email asking how many students are county employees/providers. Dr. Robin Ringstad responded: Here is a summary of where the current MSW hybrid students are working:

- 2 are County Mental Health agency employees (one from Merced County; one from Tuolumne County)
- 4 are employees of other county agencies (not mental health)
- 9 are employed in a non-county health or mental health agency (these are mostly contract agencies)
- 8 are employed in other social service settings
- 1 is an in-home caregiver
- 2 are not employed

H. Roving Supervisors – Rolling along, meeting monthly and currently discussing transitioning to DSM-V.

I. Training Sub-Committee – Planning next trainings for this fiscal year (depending on planning time and/or budget). Last meeting: September 2nd at 9:30 AM. Next meeting: Spring to discuss next FY’s work plan.

J. Mental Health First Aid Instructor Support Group Meeting – We are meeting regularly to discuss implementation and training strategies. Last meeting: October 30th, 2015 at 9:30 AM. Next meeting: TBD.

K. MJC Online CASRA Program - Fall advisory committee meeting was held October 14th, 2015 at 1:30 PM. Phone orientation for fall courses scheduled for November 12th, 2015 at 2:30 PM. Flyer coming soon!

L. Coordinator’s Monthly Work Updates – This topic was not covered during the meeting.

V. Adjourn Regional Meeting