Central Regional Partnership
Phone Conference Meeting Minutes

December 4th, 2014, 10:00 AM – 11:15 AM
(916) 552-6503, No participant access code required

MEETING NOTES

Documents related to this call and/or the Central Region priorities/workgroups are and will be posted to the Central Region Partnership webpage at: http://www.cimh.org/monthly-meeting-information.

I. Welcome and Introductions

Alyssa Nourse    Alpine County
Nelsa Valienta    Alpine County
Kim Cobalt       Alpine County
Pouran Nowzari   Fresno County
Brenda Randle    Kings County
Curt Willems     Merced County
Maureen Bauman (chaired meeting) Placer County
Christopher Pawlak Placer County
JoAnn Johnson    Sacramento County
Phoung Le        Sacramento County
Janelle Frederiksen San Joaquin County
Madelyn Schlaepfer Stanislaus County
Connie Alcala    Stanislaus County
Megan Spooner    Sutter/Yuba Counties
Angel Galvez     Tulare County
Michelle Carlson Tuolumne County
Joan Beesley     Yolo County
Ron Shaw         Independent participant
Gina Ehler        CIBHS
Katie Culliton   CIBHS

Counties not represented:

Amador    Calaveras    El Dorado    Inyo
Madera    Mariposa    Mono
II. Review of Agenda and Minutes:

A. Changes and additions to the agenda: None.
B. Minutes from November 6th, 2014 were approved with no edits.

III. Action Items and Possible Activities:

A. Directors’ Votes:
   - **Stigma Reduction Conference Proposal:** 13 approves; 1 abstain with suggestion for more evaluation and goals to implement immediately with 6 month follow-up report on goals; no abstains; and no denies. **The Proposal Passed.** Gina will send out an email asking for counties to tell us who they’d like to send after this meeting.
   - **2015 Meeting Schedule and Cancel Jan and July meetings:** 13 approves – 1 commented with planning Face-to-Face meetings now, as well; 1 approve schedule but do not cancel meetings yet; no abstains; and no denies. **The Proposed Schedule Passed.**

B. **Online MSW Program Update** – CIBHS will be writing an RFP or RFI for the region. Gina asked for volunteers to review the RFI before posting it. Volunteers include: someone from Stanislaus County, Brenda Randle of Kings County, Maureen Bauman of Placer County, Michelle Carlson of Tuolumne County and Gina Ehlert. Gina was asked to re-emphasize to CIBHS that we want a simple process and a timeline that awards schools before April, if possible.

C. **Adult Mental Health First Aid training for instructors to be held December 8 – 12, 2014.** Email and flyer disseminated. A few slots were unfilled. *Two more people signed up after this meeting for a total of approximately 26.

D. **Face-to-Face meetings in 2015** – Traditionally we hold 3 face-to-face meetings per year: We discussed February or March, June, and October. Gina will contact CIBHS conference planning to determine whether there is a possibility to have meeting space at the Stigma Reduction conference in February. If so, Gina will send counties an email asking whether they would be able to attend a face-to-face meeting in February at the conference in San Francisco or in March in Modesto.

E. **FY 2014-15 Semi-Annual Outcomes Progress Report** – OSHPD requests that by January 15th, 2015, regional partnerships:
   - Provide Regional Partnership activity outcomes based on the approved metrics/data; and,
   - Provide an expenditure detail and narrative for activities.
Gina shared the template and will follow-up with a draft report via email with a deadline for edits. Gina asked folks to look for the email as our January meeting was canceled. The final report will be submitted to OSHPD by the due date.
IV. Updates:

A. Possible changes to upcoming Roving Supervisor Contracts – We want to have a discussion as to whether and why we would like to continue or discontinue paying roving supervisors for hours used to travel between counties. The group discussed the need for supervisors to travel between counties as part of the way we developed the program. Skype-ing was also a part of the discussion. One of the roving supervisors uses Skype, which, if no identifying information is shared upon, should not be an issue. Madelyn will ask a Law & Ethics trainer in January. Gina will look into whether we can use legal advice from CIBHS. Maureen asked Gina to also send the basic information from the supervisor contracts that would help us make a decision on any changes to the contracts for next fiscal year.

B. Roving Psychiatrist (PA or NP tele-supervision) discussion – Subcommittee developed. First meeting was September 29th, 2014. A second meeting has been scheduled for December 16th, 2014. May consider working with CalMHSA to administer funds for a program. Regional WET funds may not be appropriate for this program depending on whether the program needs to pay for direct services.

C. New Training Sub-Committee to connect on training topics of interest in the Central Region – First meeting was scheduled for December 3rd, 2014. The group discussed planning trainings for the spring of 2015. The group will provide recommendations to the directors after meeting and making decisions on trainings. Next meeting TBD in January.

D. Mental Health First Aid Instructor Support Group Meeting – Last meeting scheduled for December 1st, 2014. Next meeting TBD in January. We discussed the value of the 6 month follow-up survey and how counties can access their specific data from the survey. Gina asked folks to email her for the information and she would assist them in getting it.

E. Seeking Safety – Final follow-up call was held on November 12, 2014. Not as many folks attended the follow-up calls as we would have liked. Electronic survey to be disseminated by spring 2015.

F. TF-CBT Orientation AND Training dates – Primary training for 36 people was held October 29 – 31 and was very well-received. Eleven counties participated. Some participants became “leaders” for their sub-region. Follow-up meetings are scheduled through spring of 2016. Gina will find out what evaluation information they collect and make a supplementary evaluation if necessary. Additionally, a 6-month follow-up survey will be developed.

G. Leadership Institute – Primary training included 9 Central Region participants. Follow-up trainings will be held through spring of 2014. Gina will find out what evaluation information they collect and make a supplementary evaluation if necessary. Additionally, a 6-month follow-up survey will be developed.

H. Online CASRA Advisory Committees
1. **MJC** – 2\textsuperscript{nd} of 3 year contract began last month. Contract extension needed for one year. Fall advisory committee meeting is being rescheduled to December 16\textsuperscript{th}, 2014 based on needing instructor to attend and on desired data to review.

2. **Madera** – Fall semester meeting completed. Spring semester meeting will be scheduled in February 2015. This program may become “stateside” based on interest from those outside of the contract. If so, we will share as an outcome re: sustainability.

I. **Coordinator’s Monthly Work Updates** – *See document entitled, “Central Region Partnership Coordinator Activities_11_2014_v2.”*

V. Adjourn Regional Meeting