Central Region Partnership
Work Plan
Fiscal Year 2017 – 2018
Prepared by Regional Workforce Coordinator, Gina Ehlert, M. Ed.

Central Region Make-Up and Background
The Central Region is comprised of the following 20 counties in the center of the state: Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kings, Madera, Mariposa, Merced, Mono, Placer, Sacramento, San Joaquin, Stanislaus, Sutter/Yuba, Tulare, Tuolumne and Yolo.

Our stakeholders include: County Mental and Behavioral Health Directors and MHSA/WET Coordinators; educational partners from universities and community colleges within the Region; representatives from other agencies interested in advocating for the needs of those who experience mental illness; consumers, family members and caregivers from our twenty counties and the communities therein.

For the past 8 years, members of the Central Region Partnership have met nearly every month, usually via phone conference and sometimes in-person, to discuss the current workforce, education and training needs of the communities within the Central Region and the activities intended to improve that workforce. Stakeholders are encouraged to voice their thoughts and concerns at these meetings and are kept informed on the decisions County Directors make through email. Local and regional stakeholders share their concerns and make suggestions to the County Directors where they live or work. County Directors vote on whether the Central Region Partnership will pursue any activity via email with a deadline usually less than one month from the original email. Those votes are tallied and majority rules.

Regional Needs Assessment
The Central Region is significantly lacking in several hard-to-fill, hard-to-retain positions, especially psychiatrists (both adult and child) that are bilingual, speaking English and Spanish, and bi-cultural. Also, lacking are other licensed clinical staff such as Licensed Clinical Social Workers or Licensed Marriage and Family Therapists—again primarily bi-cultural and bilingual, speaking both English and Spanish.

Additionally, because most of the counties in the Central Region are small counties, funding to provide evidence-based, skills-building, and peer-related trainings is lacking at the local level.
Proposed Activities (activities, timeline, 5-year plan connections, stakeholder and priority population inclusion)

1. Coordinator
2. Roving Supervisors
3. Activities:
   a. Clinical supervisor training (especially for supervising students)
   b. NCLAS Training for Cultural Competency Plans
   c. Mental Health First Aid Training for Instructors
   d. QPR Suicide Prevention Training Online
   e. Peer Training
   f. Develop marketing materials to outreach to individuals seeking employment in public mental health
   g. Support peers and others interested in pursuing education in online psychosocial rehabilitation programs such as CASRA in community colleges

Budget

1. Coordinator Contract for services $90,000
2. Roving Supervisors $200,000
3. Activities:
   a. Fund clinical supervisor training (especially for supervising students) $10,000
   b. Fund Mental Health First Aid Training for Instructors $35,000
   c. Fund NCLAS Training for Cultural Competency Plans $10,000
   d. Fund QPR Suicide Prevention Training Online $7,000
   e. Peer/Training and support peers and others interested in pursuing education in online psychosocial rehabilitation programs such as CASRA in community colleges $20,000
   f. Fund the development of marketing materials to outreach to individuals seeking employment in public mental health $10,000

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   ACTIVITIES SUB-TOTAL $92,000

4. Travel for Coordinator and Participants $25,000
5. Administrative Costs (15% + 5% - $60,300 + $20,100) $80,400

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TOTAL $507,400.00

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TOTAL AVAILABLE for FY 17/18 $489,015.89

Must reduce budget by $18,384.11

Do we prefer different activities? Gina will disseminate an email to determine directors’ priorities.

All information in this Work Plan is true and correct to the best of my knowledge.

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