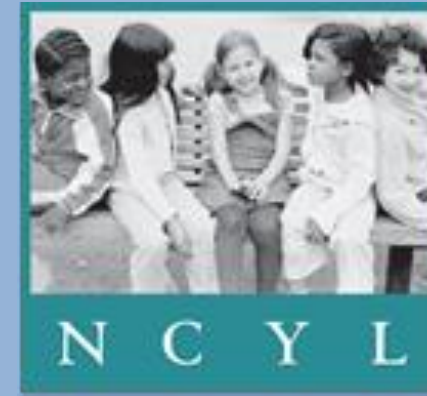




**The Los Angeles Trust
for Children's Health**



Children's Hospital Los Angeles Youth Opioid Response Project

**In Collaboration with The Los Angeles Trust for Children's Health
& National Center for Youth Law**

**Goal: To improve youth and healthcare provider knowledge on
confidential substance use treatment services in Los Angeles County,
including OUD treatment and MAT.**

PROVIDER SURVEY

176 Providers, mostly physicians

Themes:

- Lack of knowledge about minor consent, resources, and how to navigate systems of care
- High discomfort with referring to SUT and MAT

Healthcare Provider Knowledge ABOUT OPIOIDS CALIFORNIA YOUTH OPIOID RESPONSE SURVEY FINDINGS

PROVIDER TYPE

- 65% Physician
- 15% Nurse Practitioner (NP) & Physician Assistant (PA)
- 14% Behavioral Health Provider
- 7% Other

OPIOID MISUSE

- 53% of Physicians, 50% Behavioral Health Providers & 37% of NPs/PAs think that opioid misuse is an issue among adolescents
- From those who prescribe opioids, only 63% of Physicians and only half of NPs/PAs ask about prior or current substance misuse before prescribing
- Only 53% of Physicians and 71% of NPs/PAs follow up with patients about their use at a subsequent appointment

INSTRUCTIONS TO DISPOSE OF UNUSED MEDICATION

Only 29% of Physicians and 36% of NPs & PAs reported providing instruction on opioid use or disposal of unused pills when prescribing opioids.

PROVIDER TYPE

- 65% Physician
- 15% Nurse Practitioner (NP) & Physician Assistant (PA)
- 14% Behavioral Health Provider
- 7% Other

OPIOID PRESCRIPTION

- 36% of respondents prescribe opioids
- 65% of those who prescribe reported writing anywhere between 1 to 5 opioids per month for all patients

KNOWLEDGE OF MINOR CONSENT MEDICAL PROGRAM BY PROVIDER TYPE

SURVEY DESIGN

To measure provider knowledge and assess needs CHLA distributed a survey link to healthcare providers throughout California. Total of 182 completed responses were collected between February and April of 2020. The majority of the survey respondents were Pediatricians who practiced in 90027 zip code.

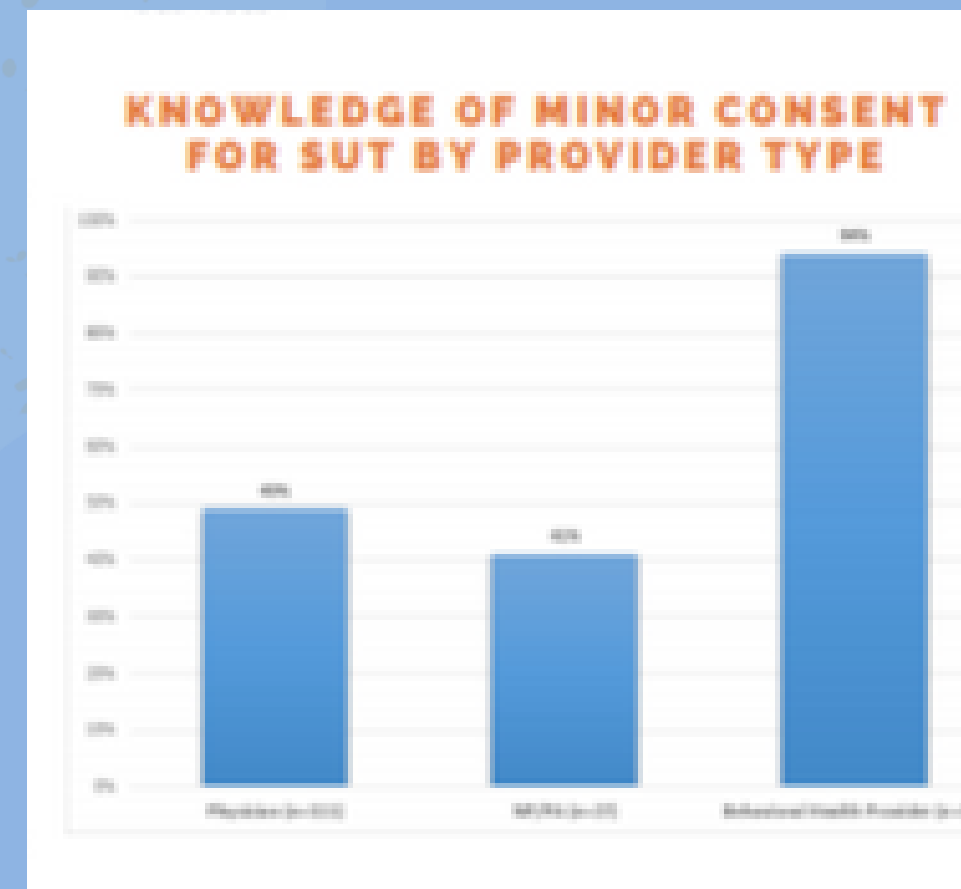
PROJECT OVERVIEW

Youth Opioid Response is a California based project funded by California Institute for Behavioral Health Solutions. It is designed to improve and expand youth access to a continuum of opioid disorder prevention, intervention, and recovery services and is guided by the values of the Division of Adolescent and Young Adult Medicine (DAYAM). One of the major goals of this project is to improve health care provider knowledge about youth access to confidential substance use treatment services and skills in making timely and effective referrals to treatment. To assess provider needs, CHLA developed and implemented a survey design.

CHLA BACKGROUND

Children's Hospital Los Angeles (CHLA) is a private, non-profit hospital affiliated with the Keck School of Medicine at the University of Southern California. The Division of Adolescent and Young Adult Medicine (DAYAM) at CHLA, the organizational home for this project, was established in 1963 and is known for its innovative service models, leadership in community collaboration, training programs in adolescent health, and adolescent research. The DAYAM has provided outpatient, developmentally appropriate substance use treatment for 30 years and is a recognized leader in addressing the substance use treatment needs of adolescents and young adults in our community.

Children's Hospital LOS ANGELES
DIVISION OF ADOLESCENT AND YOUNG ADULT MEDICINE



YOUTH DISCUSSIONS

23 Youth Interviews

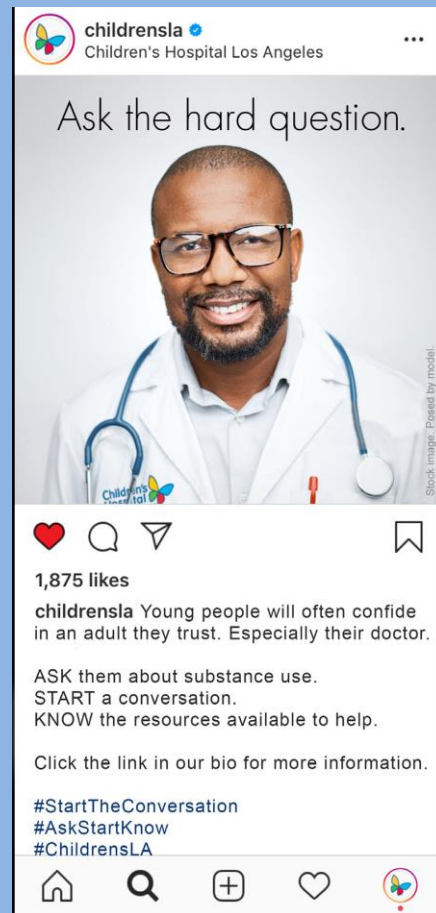
Themes:

- Lack of knowledge about opioids
- Lack of knowledge about minor consent
- Need non-judgmental, non-punitive support from trusted adults

How should we
get messages to
youth?

Social
Media!

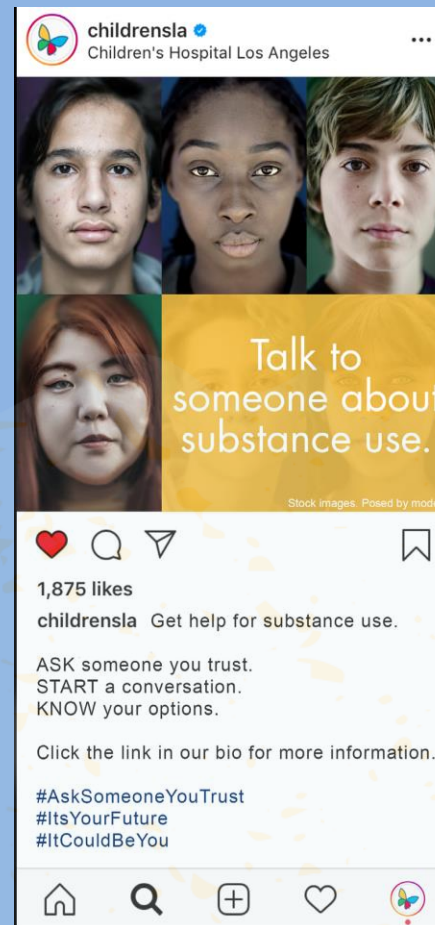




PROVIDER CAMPAIGN

Messages to physicians:

- Ask about substance use!
- Know your resources!



YOUTH CAMPAIGN

Messages to youth:

- Talk to someone about substance use!
- You have the right to confidential treatment!



WEB RESOURCES

Provider Resources:

- Treatment Options
- Medication Assisted Treatment
- Provider-Youth Conversations