CULTURAL COMPETENCE SUMMIT 2018

Honoring California’s Diversity: A Call To Action

October 23-24, 2018
Riverside Convention Center
3637 Fifth Street
Riverside, CA 92501
"The Many Ways," watercolor by Selvino Moscare

“It represents the neurons in my brain and the many different, complicated emotions interconnecting, reacting, and healing.”
October 23, 2018

Dear Colleagues,

On behalf of Riverside University Health System – Behavioral Health (RUHS-BH) and the Summit Planning Committee, I am pleased to welcome you to the 2018 Cultural Competence Summit!

This year’s theme “Honoring California’s Diversity: A Call to Action” celebrates the cultural and linguistic diversity found throughout our beautiful State.

RUHS – BH is proud of its commitment to cultural competency. We embrace diversity and weave it into the fabric of our organization with the belief that it will make us more responsive behavioral health professionals for the benefit of our consumers. I am certain that you share that vision and attended this conference with one thing in mind: how can we use these cultural considerations to better serve our diverse communities?

Our goal is for you to come away from the Summit with a renewed sense of direction, passion, and dedication for the immensely important work you do every day. We look forward to working with you to develop a call to action which will enrich our recovery model of care. In addition, we hope to strengthen the partnership between behavioral health directors and ethnic service managers.

We sincerely hope you enjoy the Summit!

Warm Regards,

Matthew Chang, MD
Director, RUHS – BH

Sylvia Aguirre-Aguilar, MPH
Cultural Competency Program Manager
CONFERNECE MAP
KEYNOTE SPEAKER BIOGRAPHIES – DAY 1

Bryant T. Marks, Sr., PhD, is the Founder and Chief Training Officer of the National Training Institute on Race and Equity and he is a professor in the Department of Psychology at Morehouse College. He served on President Obama’s Board of Advisors with the White House Initiative on Educational Excellence for African Americans and as senior advisor with the White House Initiative on Historically Black Colleges and Universities. Dr. Marks was a contributor/trainer with the Obama Administration’s My Brother’s Keeper (MBK) and 21st Century Policing programs. Dr. Marks has provided implicit bias training to over 2,000 Police Chiefs and executives via a series of briefings at the White House in 2016, and several thousand patrol officers in local police departments including the entire Los Angeles Police Department. He holds a B.A. in psychology and a minor in economics from Morehouse College, and an M.A. and Ph.D. in Social Psychology from the University of Michigan. Dr. Marks conducts research and professional development in the areas of diversity and implicit bias, Black male psychology and development. Dr. Marks is married to Kimberly Marks and father to Kim, Zion-Trinity, and Bryant II.

Landon Martin, LCSW, has over 20 years experience working with LGBTQ people in child welfare, for the Department of State Hospitals and now in his own private practice. He is a part-time professor of sociology and social work and has been teaching at a local university since the fall of 2000.

Sylvia Aguirre-Aguilar, MPH, is currently the manager for Riverside University Health System – Behavioral Health’s Cultural Competency Program. She has a rich background in Behavioral Health and Public Health Administration in both Riverside and Sacramento and holds a Masters degree in Public Health from Loma Linda University. Her past experience includes administering Program Systems and Policy Development for North County Health Services and maintaining Executive Directorship for El Hogar Mental Health Community Services Center, Inc. and the Health Officers Association of California. Additionally, Ms. Aguirre-Aguilar administered a bi-national (U.S/Mexico) Federal research project studying birth outcomes for women along the US Mexico border and implemented a mental health system of care program for the homeless mentally ill population.
Renda Dionne Madrigal, PhD, is a Licensed Clinical Psychologist and member of the Turtle Mountain Band of Chippewa Indians with over 20 years experience adapting, implementing, and evaluating culturally tailored, evidence-based child and parent programs within American Indian communities. She has served as Co-Investigator on 3 NIDA-funded prevention projects, as a consultant for UC Davis Resource Center for Family Focused Practice, and for Riverside DPSS and Riverside University Health Systems on engaging tribes in wellness. She created the Indian Family Wellness Assessment, is a trainer of trainers for Parent Child Interaction Therapy (PCIT), and has been certified in Evidence Based Parenting curriculums. Dr. Dionne is also a UCLA Certified Mindfulness Facilitator and was featured on the cover of the February, 2018 edition of Mindful Magazine. In her clinical practice she teaches Mindfulness to families, adults, and youth. She is trained in Advanced Somatic Experiencing for Trauma, Trauma Focused Cognitive Behavior Therapy, Cognitive Behavioral Intervention for Trauma in Schools (CBITS), and her work has been published in several journals. Dr. Dionne is committed to efforts aimed at decolonization and re-indigenization for indigenous people.

Bernardo Ng, MD, DFAPA, was born in Mexicali, Mexico. He is a medical graduate from the University of Nuevo Leon in Mexico. Dr. Ng completed residency both at Texas Tech University and University of California, San Diego, in the United States. He is certified by the American Board of Psychiatry and Neurology, the American Board of Psychosomatic Medicine, and the Consejo Mexicano de Psiquiatría. His activities include the direction of the Sun Valley Behavioral and Research Centers in Imperial California and Centro Geriátrico Nuevo Atardecer in Mexicali, Mexico.

Jo Ann Johnson, LCSW, former Sacramento County Behavioral Health Services Ethnic Services Manager, has had many years of experience providing behavioral health services in the county and private non-profit sector as a director, manager, clinical supervisor, trainer and clinician in programs serving culturally and ethnically diverse populations. She has presented at conferences, taught at local colleges and universities and co-chaired the California Mental Health Directors Association Ethnic Services Committee. She has served on numerous advisory boards and taskforces devoted to the development and training of a culturally and linguistically competent workforce. She is the 2004 recipient of the Cultural Competence Professional Award given annually to leaders in the field of mental health. She retired in October 2017.

Rimmi Hundal, MA, has over 18 years of experience in the Mental Health Field. Rimmi Hundal serves as the Director of MHSA and Ethnic Services for Tri-City Mental Health. Her experience includes working with under achieving youth as well as expertise with integrated community service, mental health disparity and cultural competence and understands the value of consumer and family involvement in program planning. Rimmi is a graduate of Cal Poly Pomona and received her Master’s degree from Pepperdine University. She resides in San Bernardino County with her husband and two children.
Solace, watercolor by Selvino Moscare

“It is a representation of stormy emotions in the environment. The tree is where I find stillness, peace, and happiness.”

Selvino is a local Filipino American artist and a proud member of the LGBTQ community. He is also a Certified Peer Support Specialist who volunteers his time with various community organizations, especially those that serve Transitional Age Youth (TAY), Asian American, and Homeless populations. Recognizing the important role it played in his own recovery, Selvino has become an advocate for the integration of Art Therapy in mental health treatment plans. He aims to improve his art skills every day and plans to return to college in the near future.
### CULTURAL COMPETENCE SUMMIT 2018

**TUESDAY, OCTOBER 23, 2018**

“The role of a creative leader is not have all the ideas; it’s to create a culture where everyone can have ideas and feel that they’re valued.”

– Ken Robinson

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00AM – 4:45PM</td>
<td>EXHIBITORS .................................................. UPPER CONCOURSE/ RAINCROSS BALLROOM</td>
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<td>7:00AM – 4:45PM</td>
<td>REGISTRATION .................................................. RAINCROSS BALLROOM FOYER/UPPER</td>
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<td>7:00AM – 4:45PM</td>
<td>CULTURAL AND ARTS EXHIBITS ........................................ BALLROOM AB/LOWER</td>
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<td>7:00AM – 8:30AM</td>
<td>CONTINENTAL BREAKFAST ............................................. RAINCROSS BALLROOM FOYER/UPPER</td>
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**Master of Ceremonies**

Sheree Summers, LMFT, Administrative Services Manager, Workforce, Education and Training, MHSA

8:15AM – 8:30AM

**INVOCATION** .................................................. RAINCROSS BALLROOM/UPPER

Rev. Elder Benita Ramsey, Social Justice Advocate, Unity Fellowship Church

8:30AM – 9:00AM

**WELCOME** .................................................. RAINCROSS BALLROOM/UPPER

RIVERSIDE UNIVERSITY HEALTH SYSTEM–BEHAVIORAL HEALTH

Matthew Chang, MD, Director

Sylvia Aguirre-Aguilar, MPH, Mental Health Services Program Manager, Cultural Competency Program

9:00AM – 10:15AM

**KEYNOTE SPEAKER** .................................................. RAINCROSS BALLROOM/UPPER

ACKNOWLEDGING AND MANAGING THE HIDDEN BIASES OF GOOD PEOPLE

Bryant T. Marks, Sr., PhD, Founding Director & Principal Trainer, National Training Institute on Race & Equity (NTIRE) Psychology Professor, Morehouse College

Implicit bias involves stereotyping, prejudice, and/or discrimination below conscious awareness in a manner that typically benefits oneself or one’s group. We all have biases. This engaging presentation will describe the causes, consequences, and measurement of implicit bias as well as potential solutions for minimizing its impact on mental health services.

10:15AM – 10:30AM

**BREAK, NETWORKING, VISITING CULTURAL & ART DISPLAYS** ........ BALLROOM AB/LOWER

EXHIBITORS .................................................. UPPER CONCOURSE/ RAINCROSS BALLROOM
10:30AM – 11:45AM

KEYNOTE SPEAKER

WHEN EVERYTHING IN YOU TELLS YOU OTHERWISE: A TRANS-NARRATIVE

Landon Martin, LCSW, The Gender Affirmation Project

This trans-narrative explores one man’s experience of gender dysphoria, the radical steps he took to live his life more authentically and the lessons he learned along the way.

11:45AM – 1:00PM

LUNCH (included with registration)

1:00PM – 1:15PM

WELLNESS ACTIVITY

James Woods, MFT, Wellness Coach, Feel Free 2 Feel Free

1:15PM – 1:30PM

BREAK, NETWORKING, VISITING CULTURAL & ART DISPLAYS

EXHIBITORS

1:30PM – 3:00PM

WORKSHOP SESSION 1

TO SEE OR NOT TO SEE: IMPLICIT BIAS AND

A HIDDEN CULTURE

Robyn Gantsweg, PhD, Peer Self-Advocacy Program Manager, Disability Rights California

This workshop exposes our implicit bias toward people who live in psychiatric institutions and the dehumanizing effects of confinement. Participants “see” its adverse impact on how we treat and interact with them. We explore and develop strategies to more effectively and respectfully relate to people from this hidden cultural group.

THANK YOU TO OUR TUESDAY LUNCHEON SPONSOR / EXHIBITOR

EachMind MATTERS

California’s Mental Health Movement
INCORPORATING TRANS-AFFIRMATIVE PRINCIPLES INTO PRACTICE  
Landon Martin, LCSW, The Gender Affirmation Project  
Research indicates that persons who self-identify as LGBTQ experience significant social challenges and health disparities when compared to the general population. This workshop is designed to assist medical and mental health professionals to incorporate gender affirming principles into their daily practice.

1:30PM – 3:00PM  
WORKSHOP SESSION 1, CONTINUED  
CULTURAL AND OTHER BARRIERS AFFECTING ACCESS TO MENTAL HEALTHCARE FOR INDIVIDUALS WITH HEARING OR VISION LOSS  
Cathleen Coombs, MS, CR, Senior Vocational Rehabilitation Counselor, Department of Rehabilitation  
Kathy Bates-Polster, MS, Senior Vocational Rehabilitation Counselor, Department of Rehabilitation  
Obtaining effective mental healthcare services can be difficult for people with sensory disabilities. This workshop will provide insight on issues related to vision or hearing loss in seeking, accessing, and receiving mental healthcare services. Presenters will discuss disability adjustment, communication barriers, family dynamics, accommodative needs, and the intersection of cultural factors with disability.

THE STEREOTYPING OF AFRICAN AMERICAN WOMEN’S TRAUMA, PAIN AND LOSS  
Barbara Ann White, MA, Training and Diversity & Multicultural Coordinator, City of Berkeley Mental Health Division  
This presentation will explore trauma, pain and loss in the lives of Black women. The workshop will examine the intersectionality of race, gender and socioeconomic status; along with addressing the strength and resiliency factors associated with this group. Attendees will participate in a learning experience that will offer them the opportunity to better understand the challenges that African American women face within the areas of Employment, Family, Relationships and the Day-to-Day navigation of just “Being.” Community defined practices will also be embed in the presentation.

AN ANTI-IMMIGRANT ERA’S EFFECT ON BEHAVIORAL HEALTH & HOW COMMUNITY HEALTH WORKERS/PROMOTORAS CAN HELP  
Elizabeth Oseguera, Senior Policy Analyst, California Primary Care Association  
Jeannette Zanipatin, Legislative Staff Attorney, Mexican American Legal Defense and Educational Fund (MALDEF)  
Charlene Choi, Director of Strategic Development, KCS Health Center  
The current political environment has created hostility for immigrant communities, impacting patients’ mental health and, subsequently, how safe they feel accessing health care. This presentation will share sample policies and messaging strategies to help ease the fears of patients, while also incorporating CHWs to improve health behaviors and outcomes for racial and ethnic minority communities.
WORKSHOP SESSION 1, CONTINUED

K-STORIES, OUR STORIES: STIGMA REDUCTION ................................ MR8/UPPER
VIA POPULAR EDUCATION AND MEDIA CONTENT FOR
MARGINALIZED HARD TO REACH POPULATION

June Lee, Executive Director, Korean Community Center of the East Bay

This workshop leverages the popular cultural medium of Korean Drama to elicit discussions, exploration and critical thinking around mental health issues affecting the target populations. It will demonstrate how to directly involve consumers and community members in issues important to them through the use of the community-based participatory research method.

PARTICIPANT JOURNEY MAPPING: A CULTURALLY
RESPONSIVE APPROACH FOR DEFINING COMMUNITY DEFINED
EVIDENCE PROGRAM IMPLEMENTATION & EVALUATION

Erica Shehane, LCSW, MPH, Director, Special Service for Groups (SSG) Research & Evaluation Team
Rebecca Ratzkin, MUP, Assistant Director, SSG Research & Evaluation Team
Dan Huynh, MPH, Research Analyst, SSG Research & Evaluation Team

This interactive session will present culturally responsive approaches to building capacity in organizations serving diverse communities. Attendees will learn about Participant Journey Mapping (a visual story telling method for refining program elements, defining outcomes and/or communicating program goals) and have the opportunity to create their own map.

THE POWER OF PRIVILEGE ................................................ MR5/LOWER

Dana Wyss PhD, LMFT, ATR, Director of Training, Star View Adolescent Center/Stars Behavioral Health Group

This workshop is a thought provoking exploration on the meaning of privilege in our lives and the lives of our clients. The facilitator will incorporate expressive activities and group dialogue to explore this topic. When we examine our privilege and learn to accept it as a resource, we can support others and lend our privilege as needed.

BREAK, NETWORKING, VISITING CULTURAL & ART DISPLAYS ...... BALLROOM AB/LOWER
EXHIBITORS ........................................... UPPER CONCOURSE/ RAINCROSS BALLROOM
WORKSHOP SESSION 2

SHOW YOUR WORK: DOCUMENTING .......................................................... MR7/UPPER
CULTURAL CONSIDERATIONS

Laurel Fox, MBA, CHC, LMFT, LPCC, SHIELDS for Families, Inc.

This presentation will provide practical strategies to document how care provided was tailored to the individual consumer’s cultural background. It will also address relevant legal statutes such as Federal CLAS Standards, the Final Rule, and California Assembly Bill No. 496 Chapter 630. Participants will discuss real life scenarios and explore what meaningful documentation looks like.

USING SPIRITUAL HEALING PRACTICES .............................................. MRI/LOWER
AS PART OF TREATMENT

Mariko Kahn, LMFT, Executive Director, Pacific Asian Counseling Services
Eria Myers, LMFT, INC Program Manager, Pacific Asian Counseling Services

This presentation provides an in-depth case history of an agency’s successful integration of spiritual practices as part of its mental health treatment for Cambodians. Presenters will share a brief documentary that shows these practices in detail and review methodology, elements needed for engagement, and outcomes.

TRAUMA-INFORMED LEADERSHIP DEVELOPMENT .............................. MR8/UPPER
FOR THE TRANSGENDER COMMUNITY

Daisy Kawa, Health Educator, Asian Pacific AIDS Intervention Team (APAIT)
Eric Wat, Consultant, SSG/APAIT

Past trauma can often be a barrier to leadership development, especially in a community that has experienced discrimination amidst increased visibility in recent times. APAIT will share the curriculum they have developed to help the next generation of transgender leaders confront their trauma and use it as a source of strength for advocacy.

ONE DAY, WHEN I WAS LOST: OVERCOMING IMPLICIT BIAS .................. MR9/UPPER
AND PRIVILEGE IN RURAL COMMUNITIES

Tiffany White, EdD, LMFT, Mental Health Clinician / Access Crisis Department, Kingsview Counseling Services for Kings County

Implicit racial bias combined with power and privilege can have negative effects on mental health services. This workshop will explore the complexities of these concepts in relation to African American/Black consumers in rural communities. Participants will understand how to integrate current tools and literature in their informed clinical decision making, address acculturation, and work more effectively with the African American population.
WORKSHOP SESSION 2, CONTINUED

CULTURAL COMPETENT SERVICES FOR ASIAN AMERICANS AND PACIFIC ISLANDERS

Sheila Wu, PhD, Director, Asian Pacific Counseling and Treatment Centers, Special Service for Groups, Inc. (SSG)
Trang Hoang, PhD, Director, Alliance, SSG
Karen Lim, PsyD, Program Director, Child and Family Services, Asian Pacific Counseling and Treatment Centers, Special Service for Groups, Inc.

Their presentation will explore the need for true flexibility and understanding of when and how to utilize Community Defined Evidence and Evidence Based Practices to maximize outreach to diverse AAPI communities. Panelists will identify demonstrated models of engagement strategies at community, family and individual levels and discuss unique challenges facing this rapidly developing and evolving community.

URBAN BEATS

Piedad Garcia, EdD, LCSW, Deputy Director, Adult and Older Adult System of Care, County of San Diego, Behavioral Health Services
Alexander Heyer, Program Coordinator, Pathways Community Services

Presenters will discuss successful implementation of Urban Beats, a Transition Age Youth (TAY) outreach strategy in San Diego. This community integration program utilizes social media and artistic expression to engage and retain TAY and seeks to broaden cultural competency standards that directly affect coordination of care with underserved populations.

CULTURE IN SUBSTANCE ABUSE SERVICES: THE DRUG MEDI-CAL-ORGANIZED DELIVERY SYSTEM WAIVER

William W. Harris, MPS, Assistant Regional Manager – Substance Abuse Prevention & Treatment, RUHS-BH
James Hill, CADC-II, CCPS, ICPS, Senior Mental Health Peer Specialist, Family Advocate Program, RUHS-BH
April M. Marier, LCSW, LAADAC, CATC IV, Supervising Behavioral Health Specialist, Substance Abuse Prevention & Treatment, San Jacinto Clinic, RUHS-BH
Kristen D. Duffy, Senior Mental Health Peer Specialist, Substance Abuse Prevention & Treatment, RUHS-BH

The new DMC-ODS waiver allowed counties to restructure the way that addiction recovery services are provided. This panel discussion will address how the presenters re-examined their service delivery to meet the needs of their consumers in a culturally competent manner. It will also explore the role that peer specialists and family advocates play in treatment.
TUESDAY, OCTOBER 23, 2018

3:15PM – 4:45PM  WORKSHOP SESSION 2, CONTINUED

THE CENTRAL ROLE OF PUBLIC MENTAL HEALTH  .......................................................... MR2/LOWER SERVICES IN THE MENTAL HEALTH ACCESS AND TREATMENT OF IMMIGRANT ADULTS: PRELIMINARY FINDINGS OF STATEWIDE INTERVIEWS

Carolina Valle, MSW, Senior Policy Associate, The California Pan-Ethnic Health Network
Saili Willis, BA, Program Associate, The California Pan-Ethnic Health Network
Mihae Jung, MSW, Southern California Outreach and Policy Manager, The California Pan-Ethnic Health Network

Presenters will share preliminary findings of their statewide interviews of local mental health agencies and community based organizations on challenges and best practices in the provision of mental health services to immigrants, particularly undocumented adults.

4:45PM  ADJOURN

4:45PM – 6:00PM  RECEPTION: THE MANY WAYS WE CONNECT ................................. PLAZA/LOWER

White Rose Singers, Sherman Indian High School
Spoken Word Poetry, Patric Raphael
Steel Drumming, Shaunrick Stoll

CIBHS has invited you to use the CIBHS Yapp App at this event.

Your invitation is in this URL: https://my.yapp.us/4EYPU5.

If you do not already have the Yapp on your iPhone or Android mobile device, you’ll be directed to your app store to download the Yapp container app. Once the Yapp is downloaded, open it, tap the “Download an Existing App” button. Or you may be prompted to put this information into the screen: 4EYPU5. For those who don’t have an iOS or Android mobile device, just click on this link in your computer’s browser, https://my.yapp.us/4EYPU5, and the app will open in read only mode.
“Diversity requires commitment. Achieving the superior performance diversity can produce needs further action – most notably, a commitment to develop a culture of inclusion. People do not just need to be different, they need to be fully involved and feel their voices are heard.”

-Alain Dehaze
**CULTURAL WELLNESS PRESENTATION** .......................... RAINCROSS BALLROOM/UPPER

Sparrow Goudey, Cultural Educator, Healing the Circle

**BREAK, NETWORKING, VISITING CULTURAL & ART DISPLAYS** ...... BALLROOM AB/LOWER

**KEYNOTE SPEAKER** ................................................. RAINCROSS BALLROOM/UPPER

**IMMIGRATION, FAMILY SEPARATION, AND MENTAL HEALTH**

Bernardo Ng, MD, DFAPA, President, American Society of Hispanic Psychiatry

Although migration has been an inherent phenomenon of humankind, the 21st century has started as the century of the migrant. In a world plagued with human displacements and border disputes, both our way of thinking about and dealing with migrants and borders must be revised. In regards to the longest border in the world, the United States of America (USA) and the United States of Mexico (MEX) have long dealt with migration issues, which have recently become increasingly complex. While the largest number of documented and undocumented immigrants to the USA come from MEX; the second country in the world that receives more people from the USA is MEX, most of them undocumented. One of the latest chapters is the widely publicized separation of children and parents upon illegal entry to the USA. These developments have implications for anthropology, geopolitics, philosophy, and not least for medicine, psychiatry, brain structure and connectivity. Mental health professionals must redefine how to deal with migrants, displacements and potential traumas, their histories and their very place in the world. Clinicians and researchers today must maintain a delicate balance between law and politics, work affiliation and personal beliefs, idealism and pragmatism; in order to provide responsible and sound healthcare while maintaining a healthy sense of reward from the work done.

**LUNCH** *(included with registration)* .......................... RAINCROSS BALLROOM/UPPER

**SPECIAL PRESENTATION: HONORING JO ANN JOHNSON**

**VOICES OF RECOVERY PRESENTS “THIS IS ME”** ............ RAINCROSS BALLROOM/UPPER

**BREAK, NETWORKING, VISITING CULTURAL & ART DISPLAYS** ...... BALLROOM AB/LOWER

**EXHIBITORS** .................................................. UPPER CONCOURSE/ RAINCROSS BALLROOM
1:30PM - 3:00PM  WORKSHOP SESSION 3

ENGAGING THE MUSLIM AMERICAN COMMUNITY ........................................ MR7/UPPER

Riba Eshanzada, MSW, Administrative Services Analyst II, RUHS-BH

A look into one of the nation’s most misrepresented and misunderstood communities: Muslims and Islam. This workshop provides an overview of the Muslim faith and the rich cultural values of its community. Discussion will also include common barriers to services for Muslims and address various relevant controversial topics such as women’s rights.

1:30PM - 3:00PM  WORKSHOP SESSION 3, CONTINUED

PATHWAYS TO PERMANENCY: ............................................................. MR8/UPPER
DISMANTLING FOSTER CARE’S PIPELINES

Ariel Bustamante, Training and Coaching Manager Los Angeles LGBTQ Center

This workshop will discuss and challenge the barriers and outcomes LGBTQ youth of color face in systems of care utilizing evidence-informed strategies. Participants will gain knowledge and tools needed to disrupt the intricate pipelines of rejection and negative outcomes for LGBTQ youth at their local level by blending community organizing, grasstops advocacy, and social work disciplines.

CONSUMER CULTURE: ADVOCATING FOR INCLUSION ......................... MR9/UPPER

Shannon McCleerey-Hooper, Mental Health Peer Policy and Planning Specialist, RUHS-BH
Anita Thomas, Mental Health Peer Specialist, AB-109 Program, RUHS-BH

Consumer advocate facilitators will discuss utilizing lived experience to shed light on stigma and exclusionary practices. Participants will explore cultural norms specific to consumers in a recovery model of care and how behavioral health systems can benefit from embracing peer programs.

STORYTELLING AS A HEALING MODALITY ...................................... MR3/LOWER

FOR AMERICAN INDIANS

Renda Dionne Madrigal, PhD, Clinical Director, President, Mindful Practice Inc.
Luke Madrigal, Consultant, Santa Ana Water District-SAWPA Project and Water Resources Institute, Board Member, National Indian Child Welfare Association
Julia Bogany, Elder in Residence, Claremont University

This workshop explores the cultural practice of storytelling as an indigenous healing modality within a native trauma-informed care model, with an experiential focus on three types of healing stories: Paiute North Star story, Cahuilla Bird Songs, and the Kairos Blanket Exercise adapted for California Indians.
COMMUNITY-DEFINED EVIDENCE PROJECTS FOR THE HMONG IN FRESNO & BUTTE COUNTIES

Seng S. Yang, MA, Director, Hmong Cultural Center of Butte County
Ghia Xiong, PsyD, Program Director of the Living Well Program, The Fresno Center
Melanie Vang, BA, Program Manager, The Fresno Center

This presentation will provide an overview of the historical trauma and mental health stigma that the Hmong community has endured for over 40 years. Participants will be able to grasp the significance of mental health to this community, recognize culturally responsive programs that address it and learn how to adapt the concepts for other populations.

1:30PM - 3:00PM

WORKSHOP SESSION 3, CONTINUED

THE EFFECTS OF HISTORICAL TRAUMA & THE LEGACY OF MENTAL HEALTH WITHIN THE CONTEXT OF AFRICAN AMERICAN HISTORY & CULTURE

Marissa D. Bell, Social Worker I, County of San Diego - Health & Human Services Agency
Remy Gaither, Director of Housing Operations, San Diego Second Chance
LaTysa Flowers, Family Support Specialist, Family Counseling San Diego & Owner/Operator of Parents Empowerment Services
Delicia McKinney, Marriage & Family Therapist Trainee, Waking Up on the Toilet Counseling Center

This presentation will explore the origins of cultural and intergenerational trauma as it relates to African Americans and the barriers encountered while seeking mental health services. During this training, participants will learn effective communication strategies and discover resources to enhance their current practices relative to African Americans.

COMMUNITY-DEFINED EVIDENCE IN THE LATINO COMMUNITY: USING CULTURAL WEALTH TO FRAME PLATICAS AND ATENCIÓN PLENA

Juan Carlos Gonzalez, PhD, Associate Professor, California State University, Fresno
Juan Garcia, PhD, LMFT, Chief Executive Officer, Integral Community Solutions Institute
Jairo Lozano, Therapist, ICSI

Latino family values are at odds with mainstream U.S. culture, leading to various mental health issues in the community. This presentation applies the cultural wealth model to frame and highlight two successful community defined approaches used in Fresno: platicas and atención plena.
REACHING OUT TO RELIGIOUS LEADERS TO TALK ABOUT MENTAL HEALTH

Iliana Soto Welty, Executive Director, Multi-Ethnic Collaborative of Community Agencies
Miguel Gallardo, PsyD, Professor of Psychology, Pepperdine University
Maryam Sayyedi, PhD, Licensed Clinical Psychologist, OMID Multicultural Institute for Development

This presentation highlights the Religious Leaders Behavioral Health Training program, an innovative approach to raise mental health awareness in faith based communities. Along with sharing challenges encountered and best practices identified for integrating mental health into religious institutions, presenters will provide effective strategies that will help increase community access to services.

3:00PM – 3:15PM
BREAK, NETWORKING, VISITING CULTURAL & ART DISPLAYS
BALLROOM AB/LOWER EXHIBITORS
UPPER CONCOURSE/ RAINCROSS BALLROOM

3:15PM – 3:45PM
CLOSING KEYNOTE
RAINCROSS BALLROOM/UPPER
TAKING ACTION AND INTEGRATING PRACTICES AND PRINCIPLES TO SERVE OUR COMMUNITIES

Jo Ann Johnson, LCSW, Retired Human Services Program Manager/Ethnic Services and Workforce Education and Training Manager

This address will outline specific multi-level strategies to more effectively serve the diverse communities in California. These strategies include integration, collaboration, technical assistance and training for county management teams partnering CC/ESMs, MHSA Coordinators/Managers, Quality Managers, Training and Staff Development Managers and other county leadership staff to more effectively embed culturally competent principles and practices throughout divisions and departments.

Sylvia Aguirre-Aguilar, MPH, Mental Health Services Program Manager, Cultural Competency Program, RUHS-BH

THANK YOU EXHIBITORS
CULTURAL COMPETENCE SUMMIT 2018 COMMITTEES

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Rimmi Hundal, Tri-City MHS, Co-Chair
Sandra Chang Ptasinski, Los Angeles County DMH
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ENTERTAINMENT & CULTURAL WELLNESS COMMITTEE
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Lesford Duncan, San Bernardino County DBH
BACKGROUND INFORMATION

In 1993, Riverside County Mental Health’s Minority Services Coordinator organized the First Statewide Cultural Competence and Mental Health Summit Planning Committee and Conference. The committee was comprised of representatives from various counties, the California Department of Mental Health and the Chair of the California Mental Health Directors Association Ethnic Services Committee. The conference was formed in an effort to address multi-lingual and multi-cultural issues impacting the field of mental health in the following areas: the importance of culture and language in the areas of administration, policy development, program development, clinical services, medications, access, outreach, retention and training; managed care; and to share information about cultural competence to enhance the existing knowledge and skills of the various county mental health systems in California.

Because of the great success of the First Cultural Competence and Mental Health Summit in Riverside County, it was decided to continue the conference on an annual basis.
ETHNIC SERVICE MANAGERS SPECIAL RECOGNITION

The Cultural Competence Planning Committee extends its appreciation to all County Ethnic Services Managers (ESM's) in the State of California. The following dedicated individuals have instilled the State’s vision of providing culturally competent services across California.

Twylla Abrahamson - Placer County, Children’s System of Care
Sylvia Aguirre-Aguilar - Riverside University Health System – Behavioral Health
Abraham Andres and Erica Inacio - Stanislaus County Behavioral Health and Recovery Services
Ahmad Bahrami - Kings County Behavioral Health (retired)
Angelo Balmaceda - San Joaquin County Behavioral Health Services
Felix Bedolla - Napa County Health and Human Services, Mental Health Division
Marlinda Butler - Trinity County Behavioral Health Services
Sandra Chang Ptasinski - Los Angeles County Department of Mental Health
Kristine Conforti - Tuolumne County Behavioral Health
Jaclyn Culleton - Humboldt County Mental Health
Adam Down - Contra Costa County Behavioral Health Services
Holli Drobny - Butte County Department of Behavioral Health
Lesford Duncan - San Bernardino County Behavioral Health
Nicole Ebrahimi-Nuyken - Nevada County Behavioral Health Department
Eve Eichwald - Tehama County Behavioral Health
Nani Ellis and Melanie Smokey - Alpine County Behavioral Health
Doris Estremera - San Mateo County Behavioral Health & Recovery Services - Interim
Amina Flores Becker - Fresno County Behavioral Health Services
Dianne Johnson - Calaveras County Behavioral Health
Sharon Jones - Merced County Behavioral Health and Recovery Services
Angel Galvez - Tulare County Health & Human Services Agency, Mental Health Department
Piedad Garcia - San Diego County Health and Human Services Agency
Amanda Greenberg - Mono County Behavioral Health
Daniel Hernandez - Colusa County Behavioral Health
Maria A. Hernandez - Ventura County Behavioral Health
Stephanie Hess - Amador Behavioral Health
Rimmi Hundal - Tri-City Mental Health Center
Andrea Kuhlen - Imperial County Behavioral Health Services
Cesar Lagleva - Marin County Behavioral Health and Recovery Services

Mara Leon Sammartino - Solano County Health and Social Services, Mental Health Division
Cruz Lopez - Sonoma County Department of Health Services Behavioral Health
Karen Lovato - Mendocino County Behavioral Health & Recovery Services
Robert Menicocci - Lake County Mental Health
Yaneris Muniz, Lourdes Syslo - Santa Barbara County Department of Behavioral Wellness
Dolores Navarro-Turner - Modoc County
Maureen Njamfa - California Department of Public Health, Office of Health Equity
Mary Nakamura - Sacramento County Behavioral Health Services
Barney Oliver and Rosario Trujillo - Madera County Behavioral Health
Dr. Kathleen Paxton - Mariposa County Behavioral Health and Recovery Services
Celia O Perez - Del Norte County DHHS- Mental Health Branch
Cynthia Raschein - Lassen County Health and Human Services Agency
Steven Reid - San Benito County Behavioral Health
Camy Rightmier - Siskiyou County Behavioral Health Services
Ren Samon and Tami Smith - El Dorado County Behavioral Health
Christina Santana-Amezquita - Monterey County Health Department
Allison Scroggins - Shasta County Health and Human Services
Kevin G. Smith - Orange County Behavioral Health Services Multicultural Development Program
Theresa Smith - Yolo County Cultural Competency Committee
Linyu Solis - Glenn County Mental Health
Mai Vang and Gary Evans - Sutter-Yuba Behavioral Health
Newstor Veloz-Passalacqua - San Luis Obispo County Behavioral Health
April Love Waldo - Sierra County Health and Human Services
Barbara Ann White - City of Berkeley Mental Health
Deane Wiley - Santa Clara Valley Health and Human Services, Behavioral Health Services
Javarr Wilson - Alameda County Behavioral Health Services Agency
Seasons of Life, watercolors by Selvino Moscare
Each piece individually represents the seasons of life; together they symbolize the beauty of transformation.
THANK YOU FOR COLLABORATING