CALIFORNIA SOCIAL WORK EDUCATION CENTER (CalSWEC)

INTEGRATED CARE: A ROADMAP FOR THE FUTURE WORKFORCE BUILDING MOMENTUM FOR CHANGE IN GRADUATE EDUCATION

“BAY AREA INTEGRATED SERVICES INITIATIVES: IMPLICATIONS FOR PRACTICE AND WORKFORCE EDUCATION AND TRAINING”

JUNE 6, 2013

CONNIE MORENO-PERAZA, LCSW, DEPUTY DIRECTOR
NAPA COUNTY ALCOHOL AND DRUG PROGRAMS
Napa County is improving the health of individuals with complex mental health, substance use and physical health conditions.
COUNTY CAMPUS SITE PARTNERING FOR QUALITY CARE

- Increase access for clients of Health and Human Services Agency
- Mental Health and Alcohol and Drug clients are priority clientele
- Improved Coordination and Integration of services for high risk patients
KEY LEARNINGS

➤ Executive support is critical; presence is essential

➤ Teamwork is created by working consistently and frequently together toward the same goal

➤ Clients are more willing to participate than one may think

➤ People enjoy working collaboratively to remove barriers

➤ Developing a culture of Quality Improvement is challenging

➤ Slow and steady wins the race
INTEGRATED CARE SETTINGS: WORKFORCE NEEDS TO KNOW

- Demographics
- Presenting problem & Impact on Functioning
- Symptoms
- Stressors
- Current Treatment-MH, PC, SU
- Psychotropic Medications-current, failed
- Hospitalizations- psychiatric and medical
- Medical Problems & Significant History

- Lab results
- Allergies
- Substance Use- substances used including caffeine and nicotine, screening results, history of use, other addictions
- Current Providers & Case Managers
- Traumatic events, military service
- Living Situation, Relationships, Social Support
RECOMMENDED WORKFORCE COMPETENCIES & SKILLS SETS

- Alcohol, Tobacco, and Other Drug Addiction are long lasting, chronic relapsing diseases
- Screening
- Assessment
- Brief Interventions
- Evidence Based Treatment (EBP)
  - Youth, Adult, Older Adult
  - MI, ME, Matrix Model
  - Family Focused Treatment
- Cross Cultural Competence
- Integrated Care & MDTs
- Co-Occurring Disorders
- Peer Run/Recovery Based Services

- Exercise & Nutrition
- Prevention & Wellness
- Medical Terminology
- Pharmacology
- Medical Conditions
  - Diabetes
  - Heart Disease
  - Cancer
  - Liver Disease
- Case Management
- Electronic Health Record & Information Technology
- Evaluation & Research
RECOMMENDATIONS FOR CONSIDERATION

- Develop Alcohol, Tobacco, and Other Drugs Curriculum and Offer Courses to Social Work, Counseling, Psychology, and Public Health Students, in Partnership with CADPAAC, ADPI, and Certifying AOD Organizations
- Develop Plan to Offer Degree in Addiction Studies to Prepare for HCR
- Continue Efforts to Increase Internship Placements in Alcohol and Drug Programs and Integrated Care Programs
- Offer Student Stipends for Prevention and Addiction Studies, Research, or Projects
- Continue Promotion of Student Involvement in Policy, Administration, Funding, and Legislation (i.e. Health Care Reform, Parity, etc.)
- Encourage Students to Develop Specialty or Concentration or Obtain Certification in Addiction within their Selected Degrees
Contact Information

Napa County Health and Human Services
Alcohol and Drug Programs
Connie Moreno-Peraza, LCSW
Email: connie.moreno-peraza@countyofnapa.org
Phone: 707-253-4073

Resources

- SAMHSA TAP 21
- Counselor Certification Regulations (ADP website)