EVIDENCE BASED PRACTICE
SYMPOSIUM
Aggression Replacement
Training®

CIMH
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FACILITATOR SESSION
Program Fidelity

• Adherence to fidelity protocols as designed by ART program developers.
Program Integrity

• For both prevention and intervention programs, is defined as delivery of the program as planned and designed.
ART Implementation Barriers

1. Behavior Management
2. ART as Individual Therapy
3. Role-Plays
4. Use of Fidelity Tools
5. Motivators/Incentives
6. Use of Video-Taping
7. Homework/Hassle Logs
8. Developmentally –delayed clients
9. Open-ended groups
10. Facilitator frustration- Program Integrity
Systems Approach

- Parents
- Peers
- Siblings
- Teachers
- School administrators
- Community figures:
  - Religious
  - Business
  - Agency
  - Police
  - Probation
  - Others
Generalization Strategies

1. Increase quantity of the intervention.

2. Increase quality of the intervention.

3. Increase system support and reciprocity.

4. Build more potent interventions.
FACILITATOR REQUIREMENTS

• Two day initial clinical training.
• One day booster 120 days following training
• Fidelity tool submission
• Direct group observation
• Face to face debriefing
• Submission of 2 videotapes
Proficiency Standards

• Meet proficiency score of 3.0 on evaluation by Master Trainer.
• Submission of fidelity tools.
• Participation in consultation calls with Master Trainer.
• Submission of two videotapes and proficiency score of 3.0 by Master Trainer.
Developmental Needs of Adolescents

• Physical Activity
• Competence and Achievement
• Self-Definition
• Creative Expression
• Positive Social Interaction (Peers & Adults)
• Structure and Clear Limits
• Meaningful Participation

The Center for Early Adolescence
University of North Carolina @ Chapel Hill