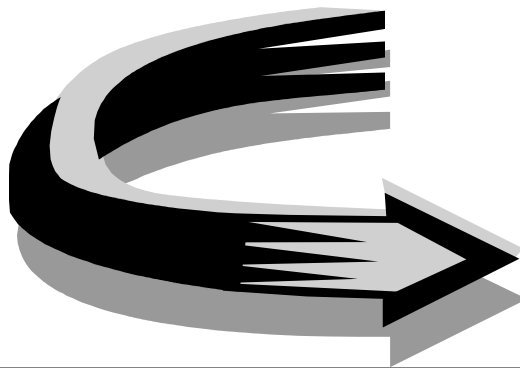


**TPS/ART in California:
Successes & Challenges
in Implementation
Strategies**

**METAPSYCHOEDUCATIONAL
APPROACH**



Program Fidelity

- Adherence to fidelity protocols as designed by ART program developers.

Program Integrity

- For both prevention and intervention programs, is defined as delivery of the program as planned and designed.

ART Implementation Barriers

1. Behavior Management
2. ART as Individual Therapy
3. Role-Plays
4. Use of Fidelity Tools
5. Motivators/Incentives
6. Use of Video-Taping
7. Homework/Hassle Logs
8. Developmentally –delayed clients
9. Open-ended groups
10. Facilitator frustration- Program Integrity

Methods for Reducing Group Management Problems

Simplification Methods

- Reward minimal trainee accomplishment.
- Shorten the role-play.
- Have trainer “feed” sentences to the trainee.
- Have trainee read a prepared script portraying the behavioral steps.
- Have trainee play co-actor role first.

Threat-Reduction Methods

- Employ additional live modeling by the trainers.
- Postpone trainee’s role-playing until last in sequence.
- Provide reassurance to the trainee.
- Provide empathic encouragement to the trainee.
- Clarify aspects of the trainee’s task which are experienced as threatening.
- Restructure aspects of the trainee’s task which are experienced as threatening.

Termination of Response Methods

- Interrupt ongoing trainee behavior.
- Ignore ongoing trainee behavior.
- Discontinue contact and turn to another trainee.
- Remove trainee from group participation.

Systems Approach

- **Parents**
- **Peers**
- **Siblings**
- **Teachers**
- **School administrators**
- **Community figures:**
 - Religious**
 - Business**
 - Agency**
 - Police**
 - Probation**
 - Others**

Generalization Strategies

- 1. Increase quantity of the intervention.**
- 2. Increase quality of the intervention.**
- 3. Increase system support and reciprocity.**
- 4. Build more potent interventions.**