



# 2016 California Behavioral Health Policy Forum

February 17–19, 2016

Doubletree by Hilton Hotel Sacramento  
2001 Point West Way  
Sacramento, California 95815

**ONSITE PROGRAM**



## PROGRAM AT-A-GLANCE

### WEDNESDAY, FEBRUARY 17, 2016

10:00 AM – 12:00 PM	CBHDA Criminal Justice Committee Meeting
1:00 PM – 4:00 PM	CBHDA Cultural Competency, Equity and Social Justice Committee Meeting
2:00 PM – 4:00 PM	CBHDA Medical Services System of Care Committee Meeting
5:30 PM – 9:00 PM	CBHDA Governing Board Meeting

### THURSDAY, FEBRUARY 18, 2016

7:30 AM	Registration
7:30 AM – 8:45 AM	Continental Breakfast
8:30 AM – 9:00 AM	Welcome
9:00 AM – 9:45 AM	Beyond the Status Quo
9:45 AM – 10:45 AM	Marijuana Legalization on the Horizon? Implications for the Public Behavioral Health Treatment System in California
10:45 AM – 11:00 AM	Questions and Answers
11:00 AM – 11:15 AM	Break
11:15 AM – 12:15 PM	How to Support the Emotional Wellbeing of Young Adults in their Transition to Independence
12:15 PM – 12:30 PM	Questions and Answers
12:30 PM – 1:45 PM	Lunch (Included with registration)
1:45 PM – 3:00 PM	The Role of Peers: From Crisis to Independence
3:00 PM – 3:15 PM	Questions and Answers
3:15 PM – 4:30 PM	The Law is On Your Side: Housing for People with Behavioral Health Needs
4:30 PM – 4:45 PM	Questions and Answers
4:45 PM – 5:00 PM	Closing Remarks

### FRIDAY, FEBRUARY 19, 2016

7:45 AM – 12:00 PM	Registration
7:45 AM – 8:30 AM	Continental Breakfast
8:30 AM – 8:45 AM	Welcome
8:45 AM – 10:00 AM	Building a Culture of Co-Occurring Competency
10:00 AM – 11:15 AM	Collaborating to Help Californians in Crisis: What Works?
11:15 AM – 12:00 PM	Closing Comments
12:00 PM	Adjourn

## WEDNESDAY, FEBRUARY 17, 2016

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10:00 AM – 12:00 PM	<b>CBHDA CRIMINAL JUSTICE COMMITTEE MEETING</b> . . . CBHDA Office, 2125 19th Street, Sacramento
1:00 PM – 4:00 PM	<b>CBHDA CULTURAL COMPETENCY, EQUITY AND SOCIAL JUSTICE COMMITTEE MEETING</b> . . . . .CBHDA Office, 2125 19th Street, Sacramento
2:00 PM – 4:00 PM	<b>CBHDA MEDICAL SERVICES SYSTEM OF CARE COMMITTEE MEETING</b> . . . . . Doubletree Hotel, Salon 1
5:30 PM – 9:00 AM	<b>CBHDA GOVERNING BOARD MEETING</b> . . . . . Doubletree Hotel, Salon 1 & 2 (separate registration required)

## THURSDAY, FEBRUARY 18, 2016

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7:30 AM	<b>REGISTRATION</b> . . . . . Grand Ballroom
7:30 AM – 8:30 AM	<b>CONTINENTAL BREAKFAST</b> . . . . . Grand Ballroom
8:30 AM – 9:00 AM	<b>WELCOME</b> . . . . . Grand Ballroom <b>Mary Hale, MS</b> , President, County Behavioral Health Directors Association of California (CBHDA) and Deputy Agency Director, Orange County Behavioral Health Services, Orange County Health Care Agency <b>Sandra Naylor Goodwin, PhD, MSW</b> , President and CEO, California Institute for Behavioral Health Solutions (CIBHS)
9:00 AM – 9:45 AM	<b>BEYOND THE STATUS QUO</b> . . . . . Grand Ballroom <b>H. Westley Clark, MD, JD, MPH, CAS, FASAM</b> , Former Director of the Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration (SAMHSA)

## THURSDAY, FEBRUARY 18, 2016

9:45 AM – 10:45 AM

**MARIJUANA LEGALIZATION ON THE HORIZON? IMPLICATIONS FOR THE PUBLIC BEHAVIORAL HEALTH TREATMENT SYSTEM IN CALIFORNIA** . . . . Grand Ballroom

**Patrick A. Zarate**, Division Manager, Alcohol and Drug Programs, Ventura County Behavioral Health Department

As the debate about marijuana policy ramps up, and a defined theory of regulation from the State is still years away, learn how one large county in California has used what the science says about marijuana and its known harms to pro-actively shape a local coordinated response.

**Peter Banys, MD, MSc**, Clinical Professor of Psychiatry, University of California San Francisco

The West is going green. Colorado, Washington, and Oregon have legalized cannabis products; and, California will have one or more legalization initiatives on the ballot in November 2016. Polls suggest that legalization will prevail. Possession will remain illegal for those under age 21; however, youth in California already have virtually unlimited access, and it is adolescents who face unique vulnerabilities from regular or heavy use. Dr. Banys will discuss the issues likely to emerge after passage of a marijuana legalization initiative and how state and local agencies should prepare.

10:45 AM – 11:00 AM

**QUESTIONS AND ANSWERS** . . . . . Grand Ballroom

11:00 AM – 11:15 AM

**BREAK**



### This Policy Forum... use the **CIBHS Yapp**

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- ▶ Forum Documents
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- ▶ Info on upcoming conferences  
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*Find complete instructions and system requirements for downloading and installing the **CIBHS Yapp** on page 8.*

## THURSDAY, FEBRUARY 18, 2016

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11:15 AM – 12:15 PM

**HOW TO SUPPORT THE EMOTIONAL WELLBEING OF YOUNG ADULTS IN THEIR TRANSITION TO INDEPENDENCE** ..... Grand Ballroom

**Becky Fein, MPH**, California Statewide Program Manager, Active Minds Inc.

**Brenna Williams**, Active Minds at UC Davis Chapter President

### ACTIVE MINDS ON CAMPUS

Active Minds is the leading national nonprofit that empowers students to speak openly about mental health in order to educate others and encourage help-seeking. The organization is improving mental health among transition age youth through student-led programs and advocacy that transforms college campuses.

- Active Minds student leader from UC Davis to describe their efforts to change the conversation about mental health on campus
- Active Minds, Inc. national staff member to describe organizational statewide efforts, and harnessing the power of students to change the culture on campuses

**Colleen Ammerman**, Program Director, Foundation for California Community Colleges

**Cherie Schroeder**, Program Director, Foster & Kinship Care Education, Woodland Community College

**Ali Ramiz**, Child Welfare Services, Social Worker Practitioner, Yolo County

**Yolo County Youth:** Devontra, Alex, Payton, Jasmine, Jerelyn

This presentation will feature a panel of former foster youth discussing the importance of emotional support as they transition to early adulthood and independence. The audience will learn about an innovative support program, offered through Yolo County and Woodland Community College that is helping these young people thrive.

12:15 PM – 12:30 PM

**QUESTIONS AND ANSWERS** ..... Grand Ballroom

12:30 PM – 1:45 PM

**LUNCH** (Included with registration). .... Grand Ballroom

## THURSDAY, FEBRUARY 18, 2016

1:45 PM – 3:00 PM

**THE ROLE OF PEERS: FROM CRISIS TO INDEPENDENCE** . . . . . Grand Ballroom

**Debbie Innes-Gomberg, PhD**, Program Manager III, Program Support Bureau, MHSA  
Implementation and Outcomes Division, Los Angeles County Department of Mental Health

Showing two brief videos that will illustrate the value of peer run respite programs, designed to provide respite to peers in a crisis. The unique role of peers in providing respite to individuals with a mental illness who are in crisis will be highlighted.

**Aaron Grossman**, Peer Run Integrated Services Management Model (PRISM) Manager, Project Return the Peer Support Network

**Camille Dennis**, Peer Run Integrated Services Management Model (PRISM) Manager, Self Help and Recovery Exchange (SHARE!)

**Jason Robison**, Project Manager, Self Help and Recovery Exchange (SHARE!)

*Second  
Presentation*

**Shannon Jaccard, MBA**, Chief Executive Officer, NAMI San Diego

*Third  
Presentation*

**Maria Funk, PhD**, Program Manager III, Countywide Housing, Employment and Education Resource Development, Los Angeles County Department of Mental Health

**Ronald McCray**, Exodus Recovery, IMHT, Substance Abuse Specialist

**Philojan Barnes**, Exodus Recovery, IMHT, Peer Advocate

**Jenny Bruner**, Mental Health America, Wellness Center, Wellness Specialist

3:00 PM – 3:15 PM

**QUESTIONS AND ANSWERS** . . . . . Grand Ballroom

3:15 PM – 4:30 PM

**THE LAW IS ON YOUR SIDE: HOUSING FOR PEOPLE WITH BEHAVIORAL HEALTH NEEDS** . . . . . Grand Ballroom

**Pamela Cohen, JD**, Staff Attorney, Disability Rights California

**Maria Funk, PhD**, Program Manager III, Countywide Housing, Employment and Education Resource Development, Los Angeles County Department of Mental Health

**Kim Savage, JD**, Law Office of Kim Savage

This presentation will explore the legal rights of people with behavioral health care needs to community-based housing and supportive services. Topics will include an overview of legal issues, Los Angeles County’s work to support housing developers in siting programs, and strategies to overcome impediments to housing.

4:30 PM – 4:45 PM

**QUESTIONS AND ANSWERS** . . . . . Grand Ballroom

4:45 PM – 5:00 PM

**CLOSING REMARKS** . . . . . Grand Ballroom

## FRIDAY, FEBRUARY 19, 2016

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7:45 AM – 12:00 PM     **REGISTRATION** ..... Grand Ballroom

7:45 AM – 8:45 AM     **CONTINENTAL BREAKFAST** ..... Grand Ballroom

8:30 AM – 8:45 AM     **WELCOME** ..... Grand Ballroom

**Mary Hale, MS**, President, County Behavioral Health Directors Association of California and Deputy Agency Director, Orange County Behavioral Health Services, Orange County Health Care Agency

8:45 AM – 10:00 AM     **BUILDING A CULTURE OF CO-OCCURRING COMPETENCY** ..... Grand Ballroom

**Mark Stanford, PhD**, Sr. Director of Integrated Behavioral Health, Encompass Community Services  
**Judith Martin, MD**, Medical Director of Substance Use Services, San Francisco Department of Public Health  
**Jerry E. Summers**, US Navy Veteran and Consumer, Program Operations Supervisor, Tarzana Treatment Centers, Inc.

From detox to recovery over the past ten years or so, the co-occurrence of substance use and mental health conditions among people seeking treatment has emerged as a critical issue for those who plan, treat and fund mental health, substance use and behavioral health programs. Attention to co-occurring disorders (COD) has been enhanced by a growing body of research showing the high prevalence of COD and its implications for improved outcomes of treatment and other support services. This presentation presents an updated synthesis of the research information and offers specific recommendations for providing services for this population. This synthesis is best seen as complementing the considerable amount of work that has been published and participants are encouraged to review the key resource material used in this presentation that will be provided.



## FRIDAY, FEBRUARY 19, 2016

- 10:00 AM – 11:15 AM **COLLABORATING TO HELP CALIFORNIANS IN CRISIS: WHAT WORKS?** . . . . . Grand Ballroom
- John Lawless, LCSW**, Deputy Director of Health and Human Services Agency, Mental Health Director, Calaveras County Health and Human Services Agency, BHS Division
- Brenda Handley**, Triage Case Manager III, Calaveras County Health and Human Services Agency, BHS Division
- Captain Jim Macedo**, Acting Sheriff Calaveras County Sheriff’s Office
- Dean White, LCSW, ACM**, Regional Director of Social Work, Mark Twain Dignity Health Hospital
- Susan Sells**, MHSA Senior Administrative Analyst II, Calaveras County Health and Human Services Agency, Behavioral Health Division
- Calaveras Behavioral Health Services, Sheriff’s Office and Dignity Health Hospital have partnered to provide effective triage services through the MHSOAC SB 82 Triage funding - which is reducing response time to crisis calls, time that officers spend on 5150 evaluations and repeat crisis calls, as well as decreasing the over use of the hospital’s Emergency Department.
- 11:15 AM – 12:00 PM **CLOSING COMMENTS** . . . . . Grand Ballroom
- 12:00 PM **ADJOURN**

**Thank You to our  
Mobile App Exhibitor**



# Get the CIBHS Yapp



## How can I view a Yapp on my phone or tablet?

### **System Requirements**

Apple Devices: Yapp works on iOS devices running iOS 7.0 or later. This includes iPhones, iPads and iPod Touch devices, though the app is currently optimized for iPhone 5.

Android Devices: Yapp works on Android devices running Android 2.3 and newer, including phones and tablets.

Blackberry devices running BB10 with Android apps can download Yapp from the Google Play store.

### **Downloading the App**

You will receive an invitation to view our CIBHS Yapp. The invitation includes a link: <http://my.yapp.us/EJ6BMZ>

*If you received the link:*

Tap or input it from your iOS or Android device.

You'll be directed to your app store to download the Yapp container app, if you don't already have it on your device. If you do not already have it on your device, you will need an account to download the Yapp container. The account is an Apple App Store account or a Google Play Store Account. Once Yapp is downloaded, open it. On Android, your app will install automatically inside. On iOS, tap 'I've Been Invited to a Yapp' and the app will install automatically.

*If you are downloading from a computer via the CIBHS website:* <http://www.cibhs.org/cibhs-apps>

If your invitees visit the link on a computer, we've still got you covered. They can first view a preview of what the app has in store. Then, they can either type in a phone number and the app invite will be sent directly to that phone, or they can scan the app's QR code with their smartphone. (If they report trouble with the link on a computer, make sure there isn't a "www." in front of the "my.yapp.us" portion of the link.)

### **Opening the App**

Once Yapp is downloaded, open it. On Android, your app will install automatically inside.

On iOS, tap 'I've Been Invited to a Yapp' and the app will install automatically. An input page may appear, on the first line, input your name, and on the second line input the highlighted text into this link, for example <http://my.yapp.us/EJ6BMZ>. Otherwise, a library will open, choose the CIBHS Yapp, and wait for the cover to open and turn.

### **Viewing the Content**

Your navigation is at the bottom of the screen (iPhone), Android and other devices may have the menu to left showing after you swipe the screen to the right.

### **Social Media**

The CIBHS Yapp has one social media functions-News Feed. In the News Feed page, you and anyone who has downloaded the app can post pictures and comments from your phones or tablets.





The California Institute for Behavioral Health Solutions (CIBHS) has a mission to improve the lives of people with mental health and substance use disorder challenges. CIBHS does this through policy development, training, technical assistance, evaluation and research. These projects are designed to assist health providers, agencies and funders.

2125 19th Street  
Sacramento, CA 95818

Phone: 916.556.3480  
Fax: 916.556.3478

[CIBHS.ORG](http://CIBHS.ORG)



The County Behavioral Health Directors Association of California is a non-profit advocacy association representing the behavioral health directors from each of California's 58 counties, as well as two cities – Berkeley and Tri-City. Our mission is to assure the accessibility of quality, cost-effective, culturally competent behavioral health care for the people of the State of California by providing leadership, advocacy, and support to public behavioral health programs.

2125 19th Street  
Sacramento, CA 95818

Phone: 916.556.3477  
Fax: 916.446.4519

[CBHDA.ORG](http://CBHDA.ORG)