Central Regional Partnership Presents:

Adult Mental Health First Aid Training for Instructors for Counties of the Central Region
A workshop for trainers to provide MHFA in Central Region communities

Date and Time
December 5 - 9, 2016 - Registration 8:30 am
Training 9:00 am to 5:00 pm

Training Location
Tuolumne County Fire Department
18440 Striker Court
Sonora, CA
Map

Who Should Participate
- 30 participants from Central Region - Individuals with some experience presenting or training, There is an application process and those without this experience may not qualify to attend.

Counties
Two attendees per each county with a 3-person wait list (in case other slots become available)

Presenters
National Trainers contracting with the National Council for Behavioral Health

For more information
Gina Ehlert, gehlert@cibhs.org

Registration
Email confirmation to Gina Ehlert at gehlert@cibhs.org and please provide the pertinent information below for registration:
Name
Title
Organization
Email
Qualify for and need hotel accommodations?

Cost
Free Attendance for members of the Central Region Partnership, Continental breakfast & lunch provided each training day, but only breakfast on Friday, a half-day of training. Dinners will not be provided for this training.

Hotel Accommodations
Hotel accommodations can be made for those who live more than one hour away from the training site. See the training policy on the Central Region Partnership website: http://www.cibhs.org/pod/policies-and-forms. Emails regarding hotel details will be disseminated later to those who register. (Mileage costs are covered according to the training policy on Central Region website).

Training Description and Objectives
Instructor certification training introduces the 8-hour course, overviews adult learning styles and teaching strategies, and provides in-depth instruction on implementing and managing the program in diverse communities.

The 5-day training teaches you how to:
- Teach the Mental Health First Aid course, including the 5-step action plan, evidence-supported treatment and self-help strategies, and prevalence data.
- Present the program with fidelity to the tested, core model.
- Apply the program to a range of adult learning styles.
- Tailor presentations to diverse audiences and learning environments.

Learn more here: https://www.mentalhealthfirstaid.org/cs/become-an-instructor/certification-process/
Mental Health First Aid Training for Instructors

Training Format

National Trainers guide candidates through the five-day training with an emphasis on coaching and preparing candidates to be ambassadors of Mental Health First Aid. Courses run from 9 a.m. – 5 p.m. each day, with dedicated time on day three for independent preparation for presentations delivered on days four and five.

On the fourth and fifth day of the training, each instructor candidate will present and teach an assigned portion of the eight-hour course to the group. The National Trainers will conduct an individual evaluation of each candidate, and each candidate will provide a peer review for their colleagues.

Certification is not guaranteed for all participants. To become certified, participants must be present for the entire training, satisfactorily deliver the presentation and pass a written exam.

Mental Health First Aid USA has trained and certified instructors from community mental health and addictions treatment organizations, state departments of health, universities, hospitals, federally qualified health centers, faith-based organizations, police and criminal justice, developmental disability centers, mental health authorities, other mental health advocacy organizations including Mental Health America and NAMI affiliates, and independent trainers.

Qualified instructors may come from all levels of an organization – including CEOs and frontline staff – but should be whoever will have the time, expertise and be the best advocate for the program in your area.

Questions about the certification process? Email MHFAapplications@thenationalcouncil.org.