

# WELCOME!

## Getting Oriented to MHSA: Building on the Past, Strengthening The Present, & Looking to Future Possibilities

MHSA Boot Camp – August 5, 2020  
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Health Department



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## The Mental Health Services Act in California:

- Proposition 63, passed in 2004
- 1% state tax on incomes of \$1 million or more

The MHSA provides:

- Funding, personnel, and other resources
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



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### The MHSA Mission

*The funding is provided to each county to "create a state-of-the-art, culturally competent system that promotes recovery/wellness for adults and older adults with severe mental illness and resiliency for children with serious emotional disorders and their families."*

### The MHSA Vision

*The MHSA pledges to look beyond "business as usual" to help build a system where access will be easier, services are more effective, out-of-home and institutional care are reduced and stigma toward those with severe mental illness or serious emotional disturbance no longer exists.*

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### MHSA Core Principles

- Client/family driven
- Cultural competence
- Community collaboration
- Service integration
- Focus on recovery, wellness, and resilience
- Serving the unserved and underserved




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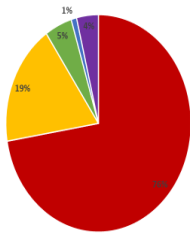
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### MHSA Components

MHSA Budget Distribution



- **Community Services and Supports (CSS)**
  - (incl. Housing)
- **Capital Facilities and Technology Needs (CF/TN)\***
- **Prevention and Early Intervention (PEI)**
  - PEI Statewide
- **Workforce Education & Training (WET)\***
- **Innovation (INN)**

\*One Time Funds but can continue transferred from CSS  
 (Counties may utilize up to 20% of the average annual amount of MHSA funds allocated for the previous five years on CF/TN, WET, and prudent reserves combined. (WIC § 5892(b))

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### The MHSA Coordinator: Roles and Responsibilities

- Oversight of County's compliance to the Act
  - Understanding Component specific regulations and requirements, including fiscal requirements
- Annual Update and Three-Year Plan
- 3 Year Evaluation Reports
- Community Planning Process
  - Stakeholder engagement
- Statewide Participation
  - Monthly MHSA Coordinator Calls
  - Quarterly face-to-face meetings
  - Regional Meetings
- Data Collection and Reporting

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### The MHSA Coordinator: Be Successful

- Be the moral compass and keep true to the Act
- Know your stuff- read the regs, Act and bills
- Community Planning Process: Be engaged
  - Know who IS attending, and who is NOT
  - Do ongoing training
  - Be transparent and honest
  - Find an easy way to explain fiscal to stakeholders



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### The MHSA Coordinator: Be Successful

- Have a deep relationship with your fiscal team
- Attend the meetings
- Get a mentor, build a squad
- Stay on top of policy
- Create a strategy for data collection and reporting
- Prepare for Budget Shortfalls or Surplus- look out 3-5 years

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### MHSA Statewide: Partnerships

 **CalMHSA** (CA Mental Health Services Authority)

 **CARS** (Center for Applied Research Solutions)  
Incl. Community Prevention Initiative (CPI)

 **CBHDA** (CA Behavioral Health Directors Association)

 **CIBHS** (CA Institute of Behavioral Health Services)

 **DHCS** (Department of Health Care Services)

 **MHSAOC** (Mental Health Services Oversight and Accountability Commission)

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### MHSA: The Future

- Prepare for making hard decisions
- Community Planning is Critical
- Be Creative
- Lean into your colleagues
- Be flexible and prepare others to be flexible




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### CalMHSA County SharePoint

2019 Counties and CBHDA inquired with CalMHSA as to the viability of a providing counties with a hub for retaining information and resources from all counties.

Since then, CalMHSA has devoted a webpage to MHSAs documents such as policies and procedure, for the purpose was of sharing documents amongst counties to allow them to gain knowledge of what other counties were doing and/or use as a guide.

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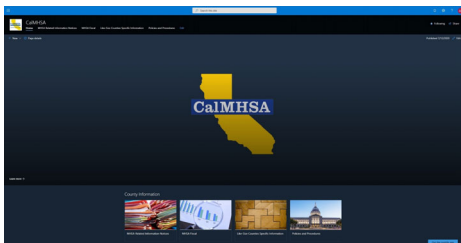
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### County SharePoint Site Home Page




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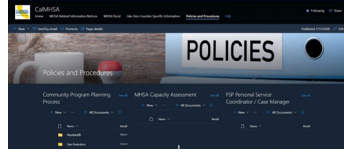
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## Policies & Procedures

- Policies & Procedures
  - Community Program Planning Process (CPPP)
  - MHSA Capacity Assessment
  - ESP Personal Service Coordinator/ Care Manager
  - Individual Services and Supports Plan (ISSP)
  - ESP Programs
  - CSS Peer Support and Family Education Programs
  - Housing Program- temporary, transitional, permanent
  - Outreach and Engagement
  - MHSA Issue Resolution Process
  - INN Project Implementation
  - WET Programs
  - Capital Facilities and Technological Needs
  - Contract Bidding/ Award



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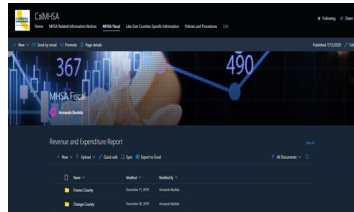
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## MHSA Fiscal

- Revenue & Expenditure Report (RER)



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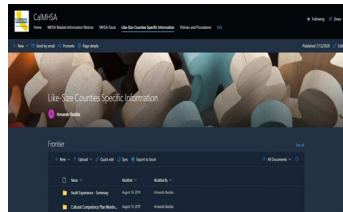
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## Like-size counties specific information

- A. Frontier
  - i. Cultural Competency Plan meeting linguistically and cultural needs of the county
  - ii. Performance Outcomes for CSS, PEI & INN
  - iii. Audit experience/summary
- B. Small
  - i. Cultural Competency Plan meeting linguistically and cultural needs of the county
  - ii. Performance Outcomes for CSS, PEI & INN
  - iii. Audit experience/summary
- C. Medium
  - i. Cultural Competency Plan meeting linguistically and cultural needs of the county
  - ii. Performance Outcomes for CSS, PEI & INN
  - iii. Audit experience/summary
- D. Large
  - i. Cultural Competency Plan meeting linguistically and cultural needs of the county
  - ii. Performance Outcomes for CSS, PEI & INN
  - iii. Audit experience/summary



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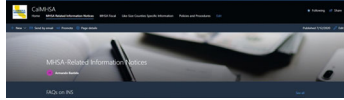
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## MHSA-related Information Notices

- FAQs on Information Notices



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## Questions?

(we may not have answers, but go for it...)

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