

Strengths Assessment

Client Name: <u>Juan</u>	Worker Name:	Meeting Frequency:
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Current Strengths: What are my current strengths? (i.e. talents, skills, personal and environmental strengths)	My Desires and Aspirations: What do I want?	Past Resources – Personal, Social, & Environmental: What strengths have I used in the past?
Home/Daily Living		
<i>Most nights I can find a place to stay</i>	<i>I want a stable place to live</i>	<i>I have had my own place</i> <i>Used to be married with a kid</i>
Assets - Financial/Insurance		
<i>I can barter for \$ and things I need</i> <i>SSDI</i>		<i>\$ from past jobs</i>
Employment/Education/Specialized Knowledge		
<i>I could fix almost anything if I had the right tools</i>	<i>I want a job working on cars</i>	<i>Took auto classes in high school</i> <i>Worked for brother</i> <i>Used to have an impressive toolbox</i>
Supportive Relationships		
	<i>I want a relationship with my daughter</i>	<i>daughter – joy of my life.</i> <i>Wife</i> <i>Brother – we used to be close. He looked out for me</i> <i>My dog Rusty – used to go with me everywhere</i>

Wellness/Health		
	<i>I need some dental work done</i>	
Leisure / Recreational		
		<i>I'm good at pool</i> <i>Used to have my own cue – could hustle some money every so often</i>
Spirituality/Culture		

What are my priorities?

1. I want a relationship with my daughter
2. I want to work
3. I want a stable place to live
- 4.

What is most important and meaningful to me in my life right now:

On a scale of 1 (very dissatisfied) to 5 (very satisfied), how satisfied are you with...

	1	2	3	4	5
Your current housing situation?	1	2	3	4	5
Your current employment situation?	1	2	3	4	5
Your current education situation?	1	2	3	4	5
The supportive relationships currently in your life?	1	2	3	4	5
Your current amount of community involvement?	1	2	3	4	5

1 = Very dissatisfied, 2 = Somewhat dissatisfied, 3 = Neither satisfied nor dissatisfied, 4 = Somewhat satisfied, 5 = Very satisfied