California Institute for Behavioral Health Solutions
Continuum of Care Reform Technical Assistance

Understanding Trauma-Informed Care – Webinar Series 2017

Learning Objectives

Part 1: Why Trauma-Informed Care?
Participants will be able to:
• Identify at least two standard definitions of trauma.
• Define Adverse Childhood Experiences (ACEs) and ACE Scores, and identify two ways in which ACEs impact youth in the child welfare system.
• Describe two ways in which early childhood trauma impacts infant/child brain development.

Part 2: Interventions for Child Welfare
Participants will be able to:
• Recognize three types of trauma typically experienced by children in the child welfare system.
• Name the components of a trauma-informed system and identify two ways in which the principles of trauma-informed care can be applied to their specific workplaces.
• Identify three interventions they can use to help clients identify triggers, obtain emotional regulation, and teach clients self-care techniques.

Part 3: Trauma and Specific Issues for Child Welfare and Building Strengths
Participants will be able to:
• Identify three methods to address common behavioral health issues seen in child welfare settings such as behavioral issues, early-onset psychosis, and substance use disorders.
• Distinguish the difference between compassion fatigue, burnout, and vicarious trauma.
• Identify two methods for self-care to prevent burnout, compassion fatigue and/or vicarious trauma.

For further information, please contact: ccr@cibhs.org