Mental Health in My Community

It's OK to talk about mental health.

Get help if you need it.

Help is available and effective.

If you know someone in need, help is available.

SAMHSA Treatment Locator Hotline
1-877-SAMHSA7

SAMHSA's National Suicide Prevention Lifeline
1-800-273-TALK (8255)

Nearly two-thirds of the 45 million U.S. adults over 18 years old with any mental illness went without treatment.¹

Almost 21.6 million persons over 12 years old in the U.S. needed treatment for a substance use problem.⁵

Mental health issues result in an estimated $193 billion in lost earnings.⁶

The cost of treatment for mental health issues is equivalent to the cost of cancer care.⁷

Nearly 1 out of 4 community hospital stays involved a mental or substance use disorder.⁹

$247 billion annual estimated cost of mental and emotional problems among young people.¹⁰

Suicide is the 3rd leading cause of death for youth ages 15-24.¹¹

Find more information at http://www.MentalHealth.gov

Click Here for Citations

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