

# Third Annual MHSA Boot Camp



## 2020 MHSA Boot Camp Virtual Convenings

### PROGRAM

**SESSION 1: Wednesday, August 5, 2020**

**SESSION 2: Wednesday, August 19, 2020**

**SESSION 3: Wednesday, September 2, 2020**

**SESSION 4: Wednesday, September 16, 2020**

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## Wednesday, August 5, 2020

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9:00 am – 9:15 am **WELCOME AND OPENING REMARKS**

**Percy Howard, LCSW**, President & CEO, California Institute for Behavioral Health Solutions (CIBHS)

**Michelle Doty Cabrera**, Executive Director, County Behavioral Health Directors Association of California (CBHDA)

9:15 am – 10:00 am **GETTING ORIENTED TO MHSA: BUILDING ON THE PAST, STRENGTHENING THE PRESENT, AND LOOKING TO FUTURE POSSIBILITIES**

**Frank Warren, M.P.P., C.P.M.**, Division Manager, Prevention & Outreach Mental Health Services Act Coordinator, Behavioral Health Dept., County of San Luis Obispo Health Agency

**Jennifer Cook, LCSW**, Assistant Director, Health & Human Services, Children's System of Care, County of Placer

**Laura Li**, JPA Administrative Director, California Mental Health Services Authority (CalMHSA)

Being new to MHSA can be overwhelming. So many rules, so many acronyms, so many things to know. In this orientation session, you will meet seasoned MHSA Coordinators and Statewide Partners to help outline the basics, give you tools and advice from their experience, and answer your questions.

CalMHSA will provide a summary of resources available to MHSA Coordinators to assist them as they navigate through their many responsibilities.

10:00 am – 10:15 am **BREAK**

10:15 am – 11:15 am **PROGRAM REVIEWS: CHANGES AND TRENDS & FINDINGS**

**Lania Bussey**, Program Specialist, Department of Health Care Services (DHCS)

**Octavia Lawson**, Program Analyst, Department of Health Care Services (DHCS)

Representatives from the Department of Health Care Services MHSA Monitoring team will provide a brief overview of the implementation of the MHSA program review including the process, changes made due to COVID-19, and trends and observations to date.

11:15 am – 11:30 am **BREAK**

11:30 am – 12:30 pm **CHECKING IN/REPORTING OUT: NEW AND ONGOING EFFORTS AT THE MENTAL HEALTH COMMISSION**

**Toby Ewing, PhD**, Executive Director, Mental Health Services Oversight & Accountability Commission (MHSOAC)

An overview of the Commission's work on innovation, the launch and support of county learning collaboratives, transparency and data linking initiatives, new opportunities in school mental health, data-driven recovery efforts, systems change initiatives, suicide prevention, workplace mental health, digital mental health opportunities, and COVID-19 response. This is an opportunity to learn about the Commission's work, ask questions and to provide guidance on how the Commission can support counties and communities in supporting mental health and wellbeing.

## SPEAKERS' BIOGRAPHIES

**MICHELLE DOTY CABRERA** joined CBHDA as Executive Director in May 2019. Ms. Cabrera has a wealth of experience on state budget and policy as an advocate and staff for the California legislature. Prior to joining CBHDA she served as the Healthcare Director for the California State Council of the Services Employees International Union (SEIU California), where she advocated on behalf of healthcare workers and consumers, including SEIU California's county behavioral health workforce. She served as a Senior Consultant for the Assembly Human Services Committee, where she specialized in child welfare issues and staffed legislation which extended foster care in California to age 21.

Ms. Cabrera also served as a Program Officer for the California Healthcare Foundation, working as a liaison on state health policy in Sacramento. Ms. Cabrera serves as a member on the National Quality Forum's Standing Committee on Disparities and on the Board of Directors of the California Pan-Ethnic Health Network.

**JENNIFER COOK, LCSW**, is currently employed by Placer County as an Assistant Director for Health and Human Services over the Children's System of Care. She served as a Mental Health Services Act coordinator for over 10 years and has worked and provided leadership in Children's Mental Health and Child Welfare Services for over 20 years. In addition, she is the cultural liaison to the community for children's mental health and child welfare services to address disproportionality.

Jennifer's education includes a Bachelor and Master's in Social Work and she is a licensed clinical social worker.

**TOBY EWING, PhD**, is the Executive Director of the Mental Health Services Oversight and Accountability Commission, the state agency that oversees mental health services in California.

In his five years with the Commission, Toby led efforts to launch California's first Mental Health Innovation Summit, with support from federal, state and local mental health leaders, foundations and the private sector. As a follow-up, the Commission launched an innovation incubator to provide ongoing support to mental health innovation. The Commission also has built a transparency platform to provide valid and reliable information on mental health funding, services and outcomes. In 2019 the Commission developed and adopted California's strategic plan for suicide prevention, initiated a project to develop a statewide strategy on mental health prevention and early intervention, and a separate initiative on workplace mental health. The Commission also launched what has become a \$100 million investment in School Mental Health.

Toby has worked on governance reform, oversight and improving outcomes of public programs for many years. He has worked on a range of policy issues, including mental health, child welfare, immigrant integration, workforce and education, and Veterans projects. From 2011 through 2014, Toby served as a consultant to the California State Senate Governance and Finance Committee. He served as Director of the California Research Bureau from 2009 to 2011. Prior to that, he helped found and launch California Forward and for eight years, he was a Project Manager with the Little Hoover Commission, an independent body charged with improving government in California. Toby has presented at international, national, state and local events on themes relating to governance, mental health and wellbeing.

Toby did his undergraduate studies at Grinnell College, received a Ph.D. in Sociology from Syracuse University, and served as a Fulbright Scholar in Central America.

**PERCY HOWARD, III, LCSW** is the President and CEO for the California Institute for Behavioral Health Solutions. Over the past eight years of his tenure at CIBHS, Percy has been a catalyst in improving the organization's ability and infrastructure to implement recovery-oriented and family-directed Evidence-Based Practices in California. During his 33-year work history, Percy has worked for County Behavioral Health and Child Welfare Systems, private healthcare providers, non-profit CBOs and in juvenile justice settings. Some of the roles he has occupied include Clinical Director, Program Director, Program Analyst, Child Welfare Supervisor, private practice Psychotherapist and Family Reunification Social Worker. His years of experience as a licensed clinician along with extensive program creation and management expertise has served him well in his current leadership role at CIBHS.

**LANIA BUSSEY** is a Program Specialist with the California Department of Health Care Services in the Program Monitoring Unit, acting as a lead on triennial program reviews of local Mental Health Services Act (MHSA) funded programs. LaNia has five years' experience in state civil service. During this time she has worked for the Office of Statewide Health Planning and Development (OSHPD) providing administration and oversight of the Mental Health Loan Assumption Program (MHLAP) under the Workforce Education and Training (WET) component of the Act. Prior to state service, LaNia has worked in home and community settings to provide applied behavioral analysis centered therapy to children and adolescents diagnosed with Autism Spectrum Disorders.

**LAURA LI** works as the JPA Administrative Director at CalMHSA. Ms. Li is an experienced Administrative Director with a demonstrated history of working in the insurance industry. Ms. Li is skilled in nonprofit organizations, databases, leadership, contract management, and risk management. Ms. Li is a strong operations professional who graduated from Butte College.

**OCTAVIA LAWSON** is an Associate Governmental Program Analyst working for the California Department of Health Care Services (DHCS) in the Program, Monitoring and Financing Section of the Community Services Division. Her current duties include monitoring of the county's Mental Health Services Act programs/services for compliance with regulatory, statutory and contractual language and providing technical assistance where needed. Octavia has 12 years of state civil service, working for the Department of Health Care Services, Department of Social Services and the Employment Development Department. Her work with DHCS includes working as a Medi-Cal Ombudsman, providing impartial and unbiased assistance to Medi-Cal beneficiaries in California. She has also worked with third party liability, assisting and managing the recoupment of funds from Medi-Cal decedents to be cycled back into the Medi-Cal program. Aside from state civil service, Octavia is a dedicated Residential Counselor of 10 years, working with the Sacramento Juvenile Sex Offender (JSO) population. Octavia completed her Bachelors in Criminal Justice in 2014, and is currently pursuing a Masters in Forensic Psychology.

**FRANK WARREN** is the Division Manager for Prevention & Outreach, for the County of San Luis Obispo's Behavioral Health Department. He has been with the agency for 24 years, and the MHSA Coordinator since 2010. Frank has a bachelor's degree in communication, and a Master's in Public Policy from Cal Poly, SLO. Frank authored the Veterans Outreach Program as one of the County's first Innovation projects.

# COUNTY BEHAVIORAL HEALTH MHPA BOOT CAMP PLANNING COMMITTEE

We thank the following individuals for their time and contributions as  
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The logo for CIBHS.ORG features a stylized vertical bar on the left, followed by the text "CIBHS.ORG" in a bold, sans-serif font.

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