

# Third Annual MHSA Boot Camp



## 2020 MHSA Boot Camp Virtual Convenings

### PROGRAM

SESSION 1: Wednesday, August 5, 2020

SESSION 2: Wednesday, August 19, 2020

SESSION 3: Wednesday, September 2, 2020

SESSION 4: Wednesday, September 16, 2020

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TO REGISTER](#)

## Wednesday, September 16, 2020

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9:00am – 9:15am

### OPENING REMARKS

9:15am – 10:15am

### WORKFORCE EDUCATION & TRAINING: COUNTY AND OSHPD PERSPECTIVE

**Anne Powell**, Health Program Specialist, Policy Section, Healthcare Workforce Development Division (HWDD) of the Office of Statewide Health Planning and Development (OSHPD)

**Hovik Khosrovian**, Policy Section Manager, HWDD, OSHPD

**John Madriz**, MHSA Workforce Education and Training (WET) Program Manager, Grants Management Section, HWDD, OSHPD

The OSHPD speakers will describe the 2020–21 WET programs:

- 2020–2025 Five-Year WET Plan Outcomes
- WET Regional Partnership Grant Program
- WET Psychiatric Education Capacity Expansion Grant Program

OSHPD representatives will also address any questions raised by session participants.

**Justine Rangel**, WET Manager for the Department of Behavioral Health for San Bernardino County

This presentation will discuss current WET programs under the Department of Behavioral Health for San Bernardino County, including how COVID-19 has changed WET service delivery, created obstacles, and how those challenges have been overcome. Lastly, this presentation will briefly discuss future plans for WET based on the new five statewide focus areas.

10:15am – 10:30am

### BREAK

10:30am – 11:30am

### INNOVATION PROJECT SUBMISSION PROCESS: A TOOLKIT FOR COUNTIES

**Dr. Sharmil Shah, PsyD**, Chief, Program Operations, Mental Health Services Oversight & Accountability Commission (MHSOAC)

**Grace Reedy**, Health Program Specialist II, Innovations Team, Mental Health Services Oversight & Accountability Commission (MHSOAC)

The MHSOAC has approval authority for the Innovation (INN) component of the MHSA. The goal of Innovation is to increase access to underserved groups, increase the quality of services, promote interagency collaboration and increase access to services, including but not limited to, services provided through permanent supportive housing. Counties select one or more goals and use those goals as the primary priority or priorities for their proposed Innovation plan. This toolkit was developed with several volunteer counties in an effort to improve and streamline the overall process of Innovation at both the staff and county levels.

## Wednesday, September 16, 2020, continued

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10:30am – 11:30am **INNOVATION PROJECT SUBMISSION PROCESS: A TOOLKIT FOR COUNTIES, continued**

The Toolkit for Counties is composed of the following documents:

**Innovation Framework Decision Tree** - this form provides information and guidance to use the framework on how to design on Innovative Project.

**MHSOAC Innovation Review Process** - this form is a high-level visual of what the process should look like to provide transparency for the counties and workflow with MHSOAC.

**Innovative Project Plan Recommended Template** – the completion of this document will assist the counties to ensure that the minimum requirements are met, as required by law and/or regulations.

**Commission Meeting Recommendations** – this tool is to assist counties when presenting their Innovation projects to the Commission.

This toolkit provides clarification and transparency on the Innovation Project Submission Process to the Commission.

### INNOVATION APPROVAL STRATEGEMS

**Hilary Carson**, Innovations Program Administrator, Ventura County Behavioral Health

The lessons learned and tools of the trade to get a proposal passed.

Ventura County has worked on six Innovation proposals in the past four years. The program lead for these projects shares tips and tricks for what has worked to get an Innovation proposal approved.

### FROM FLOUNDERING TO FLOURISHING

**Mary Skinner, JD**, Innovation Coordinator, Mental Health Services Act, Alameda County Behavioral Health Care Services

Alameda County will take you through how we took an MHPA Innovation project that was shut down after it started. The county brought back to life a project for a number of reasons, but none more important than the community input this project received to support a reprisal. The community's voice is a primary aspect of innovation that separates it from the other components of MHPA. When the community spoke, Alameda County listened.

11:30am – 12:15pm **LUNCH BREAK**

## Wednesday, September 16, 2020, continued

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12:15pm – 1:15pm

### **PEI DATA REPORTING: THE STORY BEHIND DATA**

**Dana Edgull, LCSW**, Prevention Manager, Monterey County Behavioral Health

This presentation will share Monterey County's Prevention and Early Intervention (PEI) evaluation system that is implemented by the county and contracted providers with the participants they serve. It will review the assessment process that was undertaken to develop this system. It will overview the tools and processes used to collect and report data and outcomes as well as strategies for continuous quality improvement that is reflective of participant and staff input. It will highlight promising practices for generating staff "buy-in" for evaluation data collection and the importance of training and communication. Additionally, COVID-19 related program challenges and strategies will be shared.

**Sharon Ishikawa, PhD**, MHSA Coordinator, Orange County Health Care Agency, Behavioral Health Services

This presentation will focus on Orange County's new mental health awareness campaign developed in partnership with Angels Baseball. It will describe how data were used to inform the various project stages, ranging from concept development to implementation, quality improvement and planning for next steps. Adjustments taken to adapt to the challenges posed by COVID-19 will also be discussed.

1:15pm – 1:30pm

### **BREAK**

1:30pm – 2:30pm

### **HOUSING: HOW TO USE MHSA FUNDING TO SUPPORT YOUR COUNTY'S HOUSING NEEDS**

**Jennifer Bruggeman, LMFT**, MHSA Program Manager, Contra Costa County Behavioral Health Services

**Adam Down**, Project Manager, Contra Costa County Behavioral Health Services Administration

**Mary Monzon**, Housing Manager, Tri-City Mental Health Services

Tri-City and Contra Costa County have collaborated to create a presentation on *How to Use MHSA Funding to Support Your County's Housing Needs*. The following topics will be addressed, as they relate to both jurisdictions: 1) an overview of MHSA housing, 2) housing related services & supports, 3) the referral process, and 4) current housing projects as well as related challenges and successes. No Place Like Home (NPLH) has created funding opportunities around permanent supportive housing, and we'll explore related projects being pursued in each region. In addition, we'll discuss the significant impact of COVID-19, and related changes to the delivery of housing services.

## SPEAKERS' BIOGRAPHIES

**JENNIFER BRUGGEMAN, LMFT** has worked in county behavioral health systems for the past 15 years. First with San Mateo County - Behavioral Health and Recovery Services (BHRS), as a direct service provider, and later in leadership roles. She was directly involved in the design and implementation of a new case management delivery system that assisted clients in navigating the forensic mental health system and worked closely with criminal justice partners. In 2017, she joined the Contra Costa MHSA team, where she focused primarily on prevention and early intervention. She's the co-chair of the countywide Suicide Prevention Coalition and has recently taken over the role of MHSA Program Manager. Prior to public service, Jennifer was a child and family therapist in the nonprofit world. She has a master's degree in clinical psychology from the New College of California and a bachelor's degree from Arizona State University.

**HILARY CARSON** received her MSW from NYU and has worked with nonprofit organizations specializing in services for families involved in the criminal justice system. She has background in program and evaluation design. She joined Ventura County Behavioral Health in June 2016 and has overseen five Innovation projects from their inception and has two more still working their way through the process.

**ADAM DOWN** is a Project Manager for the Contra Costa County Behavioral Health Services Division and maintains as part of his portfolio, responsibility for coordination of administrative activities related to permanent supportive housing activities of clients being served by the county mental health system. Adam has most recently been involved in coordinating No Place Like Home application activities. Adam has served in various positions with Contra Costa Health Services and for the last five years with Behavioral Health Administration. Adam holds a degree in political science from UC Santa Barbara and a Master of Public Administration degree and graduate certificate in Community and Regional Planning from Boise State University.

**DANA EDGULL, LCSW**, is the Prevention Manager for Monterey County Behavioral Health. She is a licensed clinical social worker and has over 25 years of experience working with children, youth and families served in behavioral health. She has worked with multi-agency collaboratives to develop innovative community-based mental health programs to meet the needs of young children (0-5) and transition age youth (16-25). She currently leads prevention efforts focused on reducing stigma and providing community education to help connect people to mental health resources. She co-chairs the Monterey County Maternal Mental Health Task Force and is involved with the LGBTQ Collaborative in Monterey County. Current projects include developing a strategic plan to address suicide awareness and prevention for Monterey County.

**SHARON ISHIKAWA, PhD**, is the MHSA Coordinator for the Orange County Health Care Agency (OC HCA). She has 25 years of training and experience in clinical research design and data analysis, including as a Research Analyst for Community Services and Supports MHSA programs in Orange County. She has most recently worked with other OCHCA managers and researchers to standardize outcome measures, data analytics and data visualization across Behavioral Health Services. Sharon obtained her Ph.D. in Clinical Psychology from UCLA, completed research post-doctoral fellowships at the University of Southern California and the University of California Irvine, and served as an Assistant/Associate Project Scientist at the University of California Irvine. In these roles, she conducted several large-scale, community-based research projects with vulnerable populations; trained students and staff in psychological assessment with child and adult in- and out-patient populations; taught several courses in psychological assessment, research methods, and statistics; and has published a number of book chapters and peer-reviewed journal articles.

**HOVIK KHOSROVIAN**, Staff Services Manager II, Mr. Khosrovian currently oversees the Policy Section within the Healthcare Workforce Development Division (HWDD) at the Office of Statewide Health Planning and Development (OSHPD). As the Section Chief, he serves as the California Primary Care Office (PCO) Director, which includes the Shortage Designation Program and the National Health Service Corps (NHSC) programs. He also manages the policy development and implementation for HWDD's workforce programs. Mr. Khosrovian has been with OSHPD and HWDD since 2008, performing reviews and analyses of Health Professional Shortage Areas (HPSA), providing technical assistance regarding federal programs related to HPSAs and NHSC, and acting as the liaison between the Health Resources Service Administration (HRSA) and the state. In his role as the PCO Director, he is responsible for developing grant proposals for federal grants related to HPSAs/ NHSC, improving access to care for California's underserved communities, and serving as the main contact between HRSA and California's communities on shortage designation and NHSC matters. Mr. Khosrovian graduated with a Bachelor of Arts in Molecular Biology from Occidental College.

**JOHN A. MADRIZ** is a Staff Services Manager I in the Office of Statewide Health Planning and Development's (OSHPD) Healthcare Workforce Development Division (HWDD) Grants Management Section where he is responsible for overseeing the Mental Health Services Act (MHSA) Workforce Education and Training (WET) program, Health Careers Training Program Mini-Grants Program, and the County Medical Services Program Loan Repayment Program.

John has been in state service for over 34 years. He started at OSHPD in 2014 and was responsible for facilitating the implementation of the 2014-2019 WET Five-Year Plan with a \$114.7 M budget. He has facilitated meetings with WET advisory committees, presented at California Behavioral Health Planning Council meetings, MHSA Partners

Forums, statewide WET summits, and other stakeholder organizations. He also participated in the development and implementation of the new 2020-2025 WET Five-Year Plan. In addition to grant programs, John also oversaw the Clearinghouse Program, Health Care Reform, and served as legislative liaison for the division.

Prior to working at OSHPD, John served at California Correctional Health Care Services for six years, California Department of Social Services for two years, and California Department of Insurance for over 20 years.

John holds a B.A. degree in Government from California State University, Sacramento.

**MARY MONZON**, Housing Manager, joined Tri-City Mental Health in 2017 after a decade of working directly with youth and families through nonprofits: David & Margaret Youth and Family Services, The Health Group, and South Coast Community Services. Monzon grew up in Pomona, CA, where she completed her grade schooling before earning her B.A. in Psychology from the University of Southern California. She is proud to have returned to the Tri-City area in a role where she is able to assist her community in upholding the Housing First approach. Monzon currently oversees the planning, organizing, directing and managing development of Tri-City's Housing Division. She is responsible for providing housing services within Tri-City's permanent supportive housing projects; assisting Tri-City service recipients who are homeless or at risk of becoming homeless; and reaching out to landlords and property management providers within the three cities of Pomona, Claremont, and La Verne in order to increase the range of housing support for persons challenged by living with mental illness.

**ANNE POWELL** is a Health Program Specialist I in the Office of Statewide Health Planning and Development's Healthcare Workforce Development Division where she is responsible for facilitating implementation of the MHSA Workforce Education and Training (WET) 2020–2025 WET Five-Year Plan. Ms. Powell also facilitated preparation of the WET Plan subsequently approved by the California Behavioral Health Planning Council in January 2019. Between 1994 and 1999, Ms. Powell directed the California Family Impact Seminar, a non-partisan state policy education project. Ms. Powell served as a Principal Consultant to the California Assembly between 1988 and 1992 for Assembly Member Bruce Bronzan and the Assembly Health Committee, which included work on legislation relating to public mental health services and their financing. Between 1980 and 1988, Ms. Powell worked for the City and County of San Francisco's Department of Public Health, first as a Health Planner and then as Senior Planner for Legislation where her analytic and related work encompassed behavioral health programming and funding. Before obtaining her MSW at San Francisco State University in 1980, Ms. Powell was a medical social worker in a small Central Valley California county hospital.

**JUSTINE RANGEL** is the WET Manager for the Department of Behavioral Health for San Bernardino County. She has served in the role for the past three years and has been employed in the public mental health system for the last 19 years. Mrs. Rangel oversees the workforce education and training division for the department and she currently supervises a staff of fourteen. As the WET manager she oversees the departments training division, volunteer services, peer family advocacy program, internship programs, and medical residency program. Mrs. Rangel holds an MSW from California State University, an MPA from California Baptist University, and an BSN from Azusa Pacific University. She is currently in the last year of a psychiatric nurse practitioner program. Mrs. Rangel is passionate about reducing the stigma associated with behavioral health treatment and she remains committed to serving the community members of San Bernardino County.

**GRACE REEDY** is a Health Program Specialist II who has been employed with the Mental Health Services Oversight & Accountability Commission (MHSOAC) since July 2017. This is her third time presenting at the annual MHSA Boot Camp. Within her first month of employment with MHSOAC, Grace began working with participating counties to develop documents designed to streamline the process of county innovation submissions, resulting in the creation of the Innovation Toolkit. Additionally, and with the support and guidance of Dr. Sharmil Shah, Grace plays an essential role in the development and creation of work processes and procedures within the Innovation Section. Since 2006, Grace has served in increasingly responsible positions within the State of California including positions with the Department of Justice and the Department of Public Health. Grace also served in the capacity of lead analyst in the Mental Health Section at the California Victims Compensation Program. Ms. Reedy has a Bachelor of Science degree from CSU, Sacramento in Criminal Justice, AA in Social Science and has completed substantial coursework towards a Master's Degree in the Psychology of Human Behavior.

**DR. SHARMIL SHAH, PSYD**, has over 20 years of nonprofit experience in providing clinical services, management, business development and community outreach. She is currently the Chief of Program Operations at the Mental Health Services Oversight & Accountability Commission. She directs, supervises, and manages the day to day operations of a complex, highly visible program that includes the following units: Plan Review, Innovation and Prevention, and Early Intervention. Prior to this she has worked at Child Guidance Center, Inc, an Orange County based nonprofit as a child therapist and then with Family Service Association and the Department of Social Services, as the Director of the Child Abuse Prevention Council of Riverside County. Sharmil received her Bachelor's degree in Psychology at UC Riverside, her Master's degree at Chapman University and her Psy.D at

California Southern University, with a specific emphasis on Children and Trauma. She also served as a Citizen Review Panel Member for the Prevention of Child Abuse and Neglect for two years. This is her third presentation on Innovation for the MHSAs Boot Camp.

**MARY SKINNER, JD**, is currently Innovation Coordinator for Alameda County Behavioral Health focusing on the innovation component of the Mental Health Services Act (Prop 63) funding stream. She has comprehensive experience in the areas of legal research; project management; administration and evaluation of community-based organizations programs; and contracts, including providing oversight, analysis, evaluation, and technical assistance. Prior to behavioral health, Ms. Skinner was in the legal field performing research and drafting legal documents for presentation to the Board of Immigration Appeals, the Ninth Circuit Court of Appeals, and the Supreme Court of the United States. She earned her J.D. from San Francisco Law School and holds a Bachelor's in Sociology from the University of Wisconsin-Madison.



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