Date and Time (and other Save the Dates!)

**Date:**
- **October 27, 2015**
- **Registration:** 8:30am
- **9:00 am to 4:00 pm (PST)**

**To be followed by 2 one-hour coaching sessions on**
- **Nov. 17, 2015**
- **Feb. 17, 2016**

**and one booster training on April 12, 2016.**

**Location for October 27th, 2015 Training**
- Stanislaus County Center III
- "The Learning Institute"
- 917 Oakdale Road, Modesto, CA 95835
- [Click here for map](#)

**Who Should Participate**
- 20 participants from Central Region

**Counties**
- **Two attendees per each county, please**
- (Any unsecured slots will be offered first to our host county, then on a first come, first served basis, so make a wait list.)

**Presenter**
- Kristin Dempsey, MS, LMFT, LPCC,
- Senior Associate, California Institute for Behavioral Health Solutions
- Member, Motivational Interviewing Network of Trainers

**Registration**
- Email to confirm your attendance to
  - Bobbie Zawkiewicz, bzawkiewicz@cibhs.org

**Cost**

**Attendance is Free**
- (Mileage costs are covered for those who live over one hour away from the training venue per travel policy – see the Central Region webpage for details. Request forms for mileage reimbursement from Bobbie Zawkiewicz at the email address below.)
- Breakfast and lunch will be catered at no cost to attendees

**Training Description**
- Motivational Interviewing for Peers is a six hour training designed to teach the fundamental concepts of the Motivational Interviewing specific to the needs of peer workers. Using examples from jobs familiar to peer workers - navigation, welcoming, linkage and advocacy - the training will address the primary philosophy and approach to the practice. Concepts and skills covered will include: understanding the necessary attitude and approach necessary for successful engagement, the processes of Motivational Interviewing, and the core interaction techniques.

Additionally, peer workers will receive skills on recognizing, eliciting and working with "change talk", and how to use change talk to have better patient/consumer outcomes. Initial training will be followed up with trainee and supervisor coaching as well as a spring "booster" training to reinforce the practice.

**A second training for 20 different participants will be offered in Fresno in January, 2016.**

**For more information**
- Kristin Dempsey, kdempsey@cibhs.org
- Gina Ehler, gehlert@cibhs.org
Kristin Dempsey, MS, LMFT, LPCC

Kristin Dempsey, MS, LMFT, LPCC, is a Senior Associate at the California Institute for Behavioral Health Solutions where she is the Project Manager for the Greater Bay Area Mental Health and Education Workforce Collaborative. Prior to her current work at CIBHS, Kristin most recently worked as Director of Workforce Development at San Mateo County Behavioral Health and Recovery Services.

She started at BHRS in 2001 as a clinician specializing in the treatment of dual diagnosis (mental health and substance issues) and later oversaw quality improvement efforts to integrate mental health and substance abuse services. Kristin has assisted in implemented a number of evidence-based practices in behavioral health systems of care including, but not limited to, Motivational Interviewing, Neurosequential Model of Therapeutics and Wellness Recovery Action Planning. She has lead the development of mentoring programs for behavioral health professionals as well as skills development programs for consumers and family members working as educators and trainers in behavioral health. She worked for almost a decade in school-based counseling services where she counseled groups and individuals on a variety of mental health and developmental concerns.

She has clinical experience in treating alcohol and other drug issues, co-occurring mental health and substance use conditions, suicide intervention, depression, anxiety, trauma, adolescent, child and family treatment, and issues related to women’s health and pregnancy counseling.

She is a member of the Motivational Interviewing Network of Trainers, and is a Master Trainer for Applied Suicide Interventional Skills Training. She is currently is studying to provide training in Cognitive Behavioral Therapy for Psychosis and is a trainer for the Neurosequential Model of Therapeutics. She trains extensively on trauma informed care, client-driven case management, addictions, co-occurring conditions, and behavioral/cognitive behavioral therapy. Additionally, Kristin trains peers entering the behavioral health workforce in interaction techniques and crisis management skills.

Kristin teaches community mental health, trauma informed care and addictions at The Wright Institute, addictions in the Department of Counseling at San Francisco State University, and trauma informed care for social work students at California State University East Bay.