

# ACT Team / FSP Resource Guide 2019

Prepared by Solano County Behavioral Health



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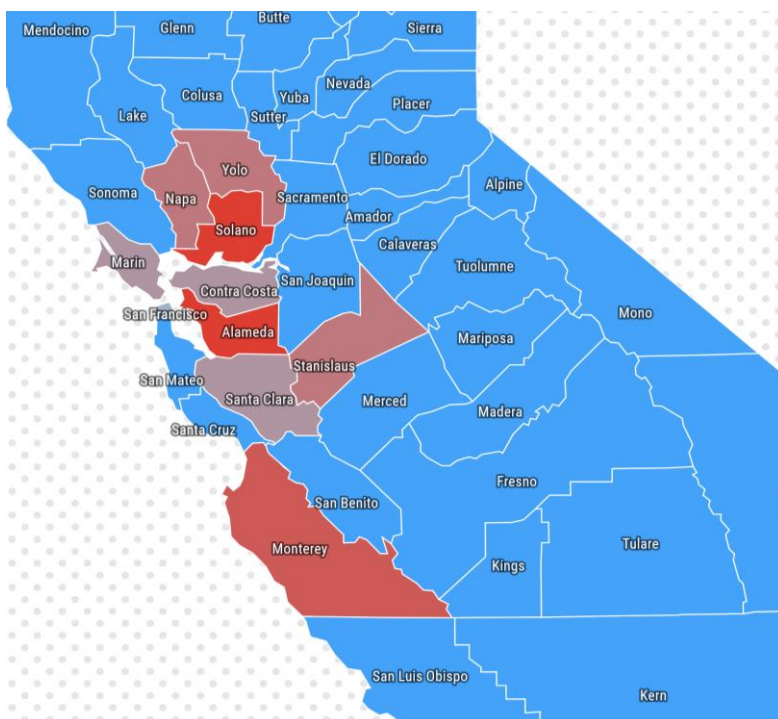
# ACT IN CALIFORNIA!

## Purpose

Solano County Behavioral Health hosted a regional training and kickoff event January 29-30, 2019 on the ACT model for implementation within Full Service Partnership Teams, sponsored by Solano County MHSA and CIBHS.

**Assertive Community Treatment (ACT)** is an extensively researched evidence-based practice of transdisciplinary team practitioners offering intensive and comprehensive services to people with serious mental illness and co-occurring substance use challenges to maximize their opportunity for community living and integration. ACT is highly effective (i.e., decreased in hospital days, housing stability). The training introduced the ACT model and its new fidelity measure, the Tool for Measurement of ACT (TMACT), a contemporary evaluation tool used to assess program fidelity and guide higher quality implementation and interventions. Implementation has shown that maintaining higher fidelity yields better outcomes.

**Trainer:** Dr. Maria Monroe-DeVita is the lead author of the new ACT fidelity tool - the Tool for Measurement of Assertive Community Treatment (TMACT) - which has been disseminated and pilot-tested in several U.S. states and countries. Her expertise is in implementation and services research related to evidence-based practices for adults with serious mental illness, particularly the Assertive Community Treatment (ACT) model.



For more info,  
reach out!

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## Resources Shared

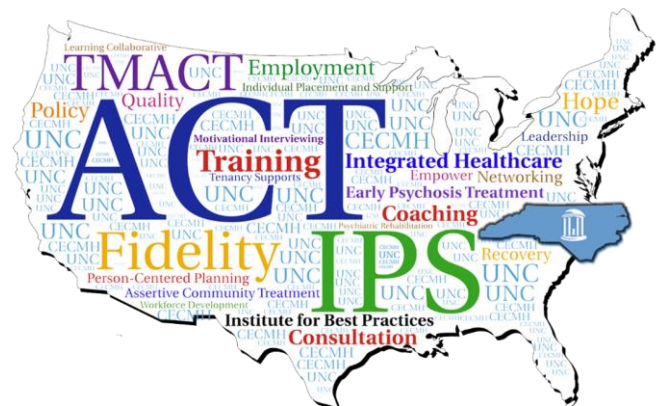
All documents shared at the training have been placed in a [Google Drive](#) for you to download as needed- anyone with this link can access:

- 3 articles on the TMACT
- TMACT Summary Scale
- ACT team roles
- Comprehensive Assessment (CA) Guide for WA
- Robert's Case Example Integrated Assessment, etc.
- Recovery plan (blank)
- Weekly client schedule (blank)
- Daily staff schedule
- ACT transition assessment scale

LINK: <https://tinyurl.com/yb4b2c4l>

## ACT + TMACT Resources

- University of North Carolina Institute for Best Practices  
<http://www.institutebestpractices.org/act/description/>
- University of Washington PACT website:  
<http://depts.washington.edu/ebpa/projects/pact>
- Ohio Case Western University Center For Evidence-Based Practices  
<https://www.centerforebp.case.edu/practices/act>
- New York Center for Practice Innovations  
<http://www.practiceinnovations.org/Initiatives/ACT-Institute>
  - NY Office of Mental Health: [long link](#)
- Ontario ACT Association  
<https://www.ontarioactassociation.com>
- California- CIBHS FSP Toolkit  
<https://www.cibhs.org/publication/fsp-toolkits>



## EBP Resources

Topic	Organization	Link
IPS Supported Employment	International IPS Employment Center, Westat	<ul style="list-style-type: none"> <li><a href="https://ipsworks.org/">https://ipsworks.org/</a></li> <li>IPS &amp; ACT guide: <a href="https://ipsworks.org/wp-content/uploads/2018/03/IPS-ACT-Guide.pdf">https://ipsworks.org/wp-content/uploads/2018/03/IPS-ACT-Guide.pdf</a></li> </ul>
	BU Center for Psychiatric Rehabilitation	Reasonable Accommodations <a href="https://cpr.bu.edu/resources/reasonable-accommodations">https://cpr.bu.edu/resources/reasonable-accommodations</a>
Financial Wellness	SOAR	<a href="https://soarworks.prainc.com/">https://soarworks.prainc.com/</a>
	Peer-supported economic empowerment	<a href="https://psycnet.apa.org/record/2016-43088-004">https://psycnet.apa.org/record/2016-43088-004</a>
	Asset Development & Financial Recovery	<a href="http://www.cmhsrp.uic.edu/download/NRTC4.IDA%20Project%20Report.10.25.10.pdf">http://www.cmhsrp.uic.edu/download/NRTC4.IDA%20Project%20Report.10.25.10.pdf</a>
IDDT & Co-occurring Substance Use & Harm Reduction	Case Western	<a href="https://www.centerforebp.case.edu/practices/sami">https://www.centerforebp.case.edu/practices/sami</a>
	SUD Pathology	<a href="https://us.thinkt3.com/course-offerings/tapas-substance-use-disorder-pathology">https://us.thinkt3.com/course-offerings/tapas-substance-use-disorder-pathology</a>
	Stages of Change & Treatment- comparing models	<a href="https://www.ct.gov/dmhas/lib/dmhas/publications/CSP-StagesChangeTx.pdf">https://www.ct.gov/dmhas/lib/dmhas/publications/CSP-StagesChangeTx.pdf</a>
	Harm Reduction: T3 (online courses)	<a href="https://us.thinkt3.com/courses-offerings/tapas-introduction-to-harm-reduction">https://us.thinkt3.com/courses-offerings/tapas-introduction-to-harm-reduction</a>
Wellness (Illness) Management Recovery (IMR)	CIBHS	<a href="https://www.cibhs.org/post/illness-management-and-recovery">https://www.cibhs.org/post/illness-management-and-recovery</a>
Peer Support Services	WRAP	<a href="http://mentalhealthrecovery.com/">http://mentalhealthrecovery.com/</a>
	WHAM	<ul style="list-style-type: none"> <li><a href="https://www.integration.samhsa.gov/health-wellness/wham">https://www.integration.samhsa.gov/health-wellness/wham</a></li> <li><a href="https://www.thenationalcouncil.org/training-courses/whole-health-action-management/">https://www.thenationalcouncil.org/training-courses/whole-health-action-management/</a></li> </ul>
	WISE- Peer Training	<a href="https://www.wiseup.work/peer-trainings">https://www.wiseup.work/peer-trainings</a>
	CA Statewide Peer Organization: CAMHPRO	<a href="https://camhpro.org/">https://camhpro.org/</a>
Psychiatric Rehabilitation	Psychiatric Rehabilitation Association (CPRP Credential)	<a href="https://www.psychrehabassociation.org/">https://www.psychrehabassociation.org/</a>

Criminal Justice Involvement	Intersection of Mental Illness & the Criminal Justice System	<a href="https://www.psychrehabassociation.org/about/core-principles-and-values">https://www.psychrehabassociation.org/about/core-principles-and-values</a>
	Policy Research Associates	<a href="https://www.prainc.com/resources/criminal-justice/">https://www.prainc.com/resources/criminal-justice/</a>
Shared Decision Making	Shared Decision Making: A Model for Clinical Practice: Glyn Elwyn	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3445676/pdf/11606_2012_Article_2077.pdf">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3445676/pdf/11606_2012_Article_2077.pdf</a>
Motivational Interviewing	MI: T3 (online courses)	<a href="https://us.thinkt3.com/courses-offerings/motivational-interviewing-facilitating-change">https://us.thinkt3.com/courses-offerings/motivational-interviewing-facilitating-change</a>
	MINT: trainer listing	<a href="https://motivationalinterviewing.org/trainer-listing">https://motivationalinterviewing.org/trainer-listing</a>
Housing First & Supportive Housing	Housing-Focused Outreach: T3 (online courses)	<a href="http://us.thinkt3.com/housing-focused-outreach-an-emerging-approach">http://us.thinkt3.com/housing-focused-outreach-an-emerging-approach</a>
	Corporation for Supportive Housing	<a href="https://www.csh.org/supportive-housing-101/">https://www.csh.org/supportive-housing-101/</a>
	California Continuums of Care- homeless resources	<a href="https://www.hud.gov/states/california/homeless/continuumcare">https://www.hud.gov/states/california/homeless/continuumcare</a>
	CIBHS	<a href="https://www.cibhs.org/housing-and-benefits-assistance">https://www.cibhs.org/housing-and-benefits-assistance</a>

## Other Helpful Links

- Repository of Recovery Resources <https://cpr.bu.edu/resources/recovery-repository>
- Awesome Outcome Database for ACT: <https://www.omh.ny.gov/omhweb/tableau/act.html>
- National Empowerment Center: <https://power2u.org/>
- Recovery Academy- Pat Deegan: <https://www.patdeegan.com/>
- Mental Health America Center for Peer Support and National Credential (NCPS): <http://www.mentalhealthamerica.net/center-peer-support>
- Resilience, Inc.- Peer Workforce Development <https://resilience4u.us/>

## LOOKING AHEAD: ACT LEARNING COMMUNITY

As a follow up to this training, Solano will be hosting North Bay Area regional meetings with those trained and seeking to implement ACT for ongoing technical assistance and support.

Other trainings that we will offer:

- TMACT Evaluator Training
- Sharing training opportunities for other EBPs
- ACT 102 Training- in depth training for teams about processes, roles, level of services, etc.

Contact me if you want more info:

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