

# Strengths Assessment

for James

<b>Current Strengths:</b> What are my current strengths? (i.e. talents, skills, personal and environmental strengths)	<b>Individual's Desires, Aspirations:</b> What do I want?	<b>Past Resources – Personal, Social, &amp; Environmental:</b> What strengths have I used in the past?
<b>Home/Daily Living</b>		
<b>Most nights I can find a place to stay</b>	<b>I want a stable place to live</b>	<b>I have had my own place</b>  <b>Used to be married with a kid</b>
<b>Assets - Financial/Insurance</b>		
<b>I can barter for \$ and things I need</b>  <b>SSDI</b>		<b>\$ from past jobs</b>
<b>Employment/Education/Specialized Knowledge</b>		
<b>I could fix almost anything if I had the right tools</b>	<b>I want a job working on cars</b>	<b>Took auto classes in high school</b>  <b>Worked for brother</b>  <b>Used to have an impressive tool box</b>
<b>Supportive Relationships</b>		
	<b>I want a relationship with my daughter</b>	<b>daughter – joy of my life.</b>  <b>Wife</b>  <b>Brother – we used to be close. He looked out for me</b>  <b>My dog Rusty – used to go with me everywhere</b>

Wellness/Health		
	I need some dental work done	
Leisure / Recreational		
		<p>I'm good at pool</p> <p>Used to have my own cue – could hustle some money every so often</p>
Spirituality/Culture		

*What are my priorities?*

1. I want a relationship with my daughter
2. I want to work
3. I want to live
- 4.

Additional comments or important things to know about me:

*This is an accurate portrait of the strengths we have identified so far in my life. We will continue to add to these over time in order to help me achieve the goals that are most important to me in my recovery journey.*

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**My Signature**                      **Date**

*I agree to help this person use the strengths identified to achieve goals that are important and meaningful in their life. I will continue to help this person identify additional strengths as I learn more about what is important to their recovery.*

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**Service Provider's Signature**                      **Date**