Adolescent and Young Adult Treatment Resources
(5-1-14)

The Institute of Medicine (2006. Improving the Quality of Health Care for Mental and Substance-Use Conditions, Quality Chasm Series, Washington, DC: National Academies Press) identified many barriers in current care and recommended the increase use of standardized and evidenced based screening, assessment and treatment protocols. This page provides a link to some of the more widely used resources developed and/or used by SAMHSA/CSAT’s adolescent and young adult treatment grantees that may be of use to current and future grantees as well as others in the field in general. It is organized into reviews and protocols for each of these 3 areas, followed by a more general review of topic areas identified by NIDA (2014) principles of adolescent substance use disorder treatment. Each area begins with a recent published review and then is followed by one or more articles on protocols/resources that have been used. Where possible we have also included links to the purveyors of specific protocols and/or other sites for more information.

STANDARDIZED SCREENING REVIEWS & PROTOCOLS

Reviews:


Global Appraisal of Individual Needs Short Screener (GAIN SS)

- Purveyor’s Contact Information: gaininfo@chestnut.org or 309-451-7900 or http://www.gaincc.org/gains

Massachusetts Youth Screening Instrument (MAYSI)

- Purveyor’s Contact Information: www.nysap.us/MAYSI2.html or nysap@umassmed.edu or 508-856-8564 or...
STANDARDIZED CLINICAL ASSESSMENT REVIEWS & PROTOCOLS

Reviews

- Updated links to most measures in the field are also available from the Alcohol & Drug Abuse Institute Library at http://adai.washington.edu/

Comprehensive Adolescent Severity Index (CASI)

- Purveyor’s Contact Information: Kathy Meyers at meyershagan@erols.com or 610-287-2786.

Global Appraisal of Individual Needs Quick Version 3 (GAIN-Q3)

- Purveyor’s Contact Information: gaininfo@chestnut.org or 309-451-7900 or http://www.gaincc.org/gainq3

Global Appraisal of Individual Needs (GAIN-I)

- Purveyor’s Contact Information: gaininfo@chestnut.org or 309-451-7900 or http://www.gaincc.org/gain

Teen Addiction Severity Index (T-ASI)

• Purveyor’s Contact Information: Get from Dr. Yifrah Kaminer Kaminer@uchc.edu or 860-679-4344

EVIDENCED BASED TREATMENTS REVIEWS & PROTOCOLS
Reviews

Adolescent Community Reinforcement Approach (A-CRA)
• Purveyor’s Contact Information: ebtxquestions@chestnut.org or 309-451-7800 or http://www.chestnut.org/LJ/ACRA-ACC

Brief Strategic Family Therapy (BSFT)
• Purveyor’s Contact Information: Joan Muir JMuir@med.miami.edu or http://www.bsft.org/

Functional Family Therapy (FFT)
- Purveyor’s Contact Information: Holly DeMaranville holly@fftllc.com or (206) 369-5894 or http://www.fftllc.com/

### Multidimensional Family Therapy (MDFT)
- Purveyor’s Contact Information: info@mdft.org or (305) 749-9332 or http://www.mdft.org/

### Motivational Enhancement Therapy and Cognitive Behavioral Therapy (MET/CBT)
for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration. SMA05-4103

- Purveyor’s Contact Information: Randy Muck randy@ayftx.com or 240-397-3918 or http://www.ayftx.com/

**Multisystemic Therapy (MST)**


- Purveyor’s Contact Information: Melanie Duncan info@mstservices.com or 843-856-8226 or http://www.mstservices.com/

**Seven Challenges (7C)**


- Purveyor’s Contact Information: sconner@sevenchallenges.com or (520) 405-4559 or www.sevenchallenges.com

**OTHER RESOURCES BY TOPICAL AREA**

**Principles of Adolescent Development & Substance Use Treatment**


**Trauma**


SAMHSA’s Definitions of Trauma Informed and Trauma Focused Interventions:  
http://www.samhsa.gov/ntic/trauma.asp

SAMHSA CMHS’s National Children’s Traumatic Stress Network (NCTSN) resource center, treatment tool box and online learning center: http://www.nctsn.org/

Other Co-occurring Mental Health


Illegal Activity and Justice System Involvement

- Dennis, M. L., & Belur, V. (2011, May). Client profiles in the Offender Reentry Program and the need to address the twin issues of trauma and crime. Presented at Community Corrections and Offender Reentry Program Grantee Meeting, Denver, CO.

Juvenile Treatment Drug Courts


HIV and Other Infectious Disease Risk Behaviors


**School Settings & Problems**


**Family Problems**


**Young Adults**


• Meta-analysis on treatment for young adults currently being conducted by Dr. Douglas Smith smithdc@illinois.edu

Cost-Effectiveness and Benefit Costs


Contingency Management


• Smell, M. (2008). What is Contingency Management (CM) and how is it used with adolescents? Raleigh, NC: Community Policy Management Substance Abuse Services


• For training families how to do contingency management, see also http://trainingsupportsystem.com

Continuing Care and Recovery Services


• Association of Recovery High School: http://www.recoveryschools.org/

• Collegiate Recovery Community: http://www.depts.ttu.edu/hs/csa/collegiate_recovery.php

Screening, Brief Intervention and Referral to Treatment (SBIRT)


• Mitchell, S. G., Gryczynski, J., Gonzales, A., Moseley, A., Peterson, T., O'Grady, K. E., & Schwartz, R. P. (2012). Screening, Brief Intervention, and Referral to Treatment (SBIRT)
for Substance Use in a School-Based Program: Services and Outcomes. The American Journal on Addictions, 21(1), S5-S13.


Urine Testing


Health Disparities


