Cultural Competency & School Settings

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CPEHN: Together We’re Stronger
Eliminating Health Disparities

6. What is this person’s race? **Mark X one or more races** to indicate what this person considers himself/herself to be.

- White
- Black, African Am., or Negro
- American Indian or Alaska Native — Print name of enrolled or principal tribe.
- Asian Indian
- Chinese
- Filipino
- Other Asian — Print race.
- Japanese
- Korean
- Vietnamese
- Native Hawaiian
- Guamanian or Chamorro
- Samoan
- Other Pacific Islander — Print race.
Over 1/3 Californians are under 25 years of age

California Health Interview Survey, 2015
3/4 of youth are people of color, compared with 1/2 adults

California Health Interview Survey, 2015
12% of youth speak a language other than English at home; 38% speak two or more languages

California Health Interview Survey, 2015
Most youth in California have health coverage

- Almost all youth in California are covered either by Medi-Cal or by employer-based insurance.
- Since California expanded Medi-Cal eligibility to all low-income undocumented children, almost all children under the age of 19 have coverage.
- Some gaps remain, primarily for youth ages 19-24.

California Health Interview Survey, 2015
But challenges in access remain

<table>
<thead>
<tr>
<th>Last time saw doctor for routine physical exam or check-up</th>
<th>Latino</th>
<th>White</th>
<th>African American</th>
<th>American Indian/Alaskan Native</th>
<th>Asian</th>
<th>Native Hawaiian/Pacific Islander</th>
<th>Two or more races</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>3.5%</td>
<td>0.9%</td>
<td>N/A</td>
<td>N/A</td>
<td>N/A</td>
<td>N/A</td>
<td>1.5%</td>
</tr>
<tr>
<td>Within the last 2 years</td>
<td>93.8%</td>
<td>97.2%</td>
<td>92.4%</td>
<td>100%</td>
<td>99.7%</td>
<td>100%</td>
<td>98.5%</td>
</tr>
<tr>
<td>More than 2 years ago</td>
<td>2.7%</td>
<td>1.9%</td>
<td>7.6%</td>
<td>N/A</td>
<td>0.3%</td>
<td>N/A</td>
<td>N/A</td>
</tr>
</tbody>
</table>

California Health Interview Survey, 2015
Social determinants impact the health of youth...
African American youth are 3X as likely as their peers to report receiving threats of violence from their peers
At least 1 in 10 African American and Latino youth do not feel that their nearest park is safe during the day

California Health Interview Survey, 2015
1 in 3 California youth are food insecure

<table>
<thead>
<tr>
<th>Food insecure</th>
<th>Latino</th>
<th>White</th>
<th>African American</th>
<th>American Indian/Alaska Native</th>
<th>Asian</th>
<th>Native Hawaiian/Pacific Islander</th>
<th>Two or more races</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not able to afford enough food</td>
<td>37.3%</td>
<td>36.9%</td>
<td>45.5%</td>
<td>73.7%</td>
<td>15.9%</td>
<td>15.4%</td>
<td>65.2%</td>
</tr>
</tbody>
</table>

California Health Interview Survey, 2015
Students who feel most connected at school are least likely to have used alcohol; the reverse is also true.

<table>
<thead>
<tr>
<th>Connectedness</th>
<th>Never</th>
<th>Once</th>
<th>7+</th>
</tr>
</thead>
<tbody>
<tr>
<td>High</td>
<td>67.4%</td>
<td>6.8%</td>
<td>13.2%</td>
</tr>
<tr>
<td>Medium</td>
<td>55.3%</td>
<td>7.9%</td>
<td>20.0%</td>
</tr>
<tr>
<td>Low</td>
<td>45.7%</td>
<td>8.2%</td>
<td>29.6%</td>
</tr>
</tbody>
</table>

Kidsdata.org, 2011-2013
Substance use in grades 7-11

- Latino students are most likely to have used alcohol, tobacco, or other drugs in the last month.
- Asian students are least likely.

Kidsdata.org, 2011-2013
High school student marijuana use

- African American and Latino students are more likely to have used marijuana than the statewide average.
- Students who have used marijuana are mostly likely to have used it seven or more times.

<table>
<thead>
<tr>
<th>Race</th>
<th>Never</th>
<th>Once</th>
<th>7+</th>
</tr>
</thead>
<tbody>
<tr>
<td>African Ame</td>
<td>66.40%</td>
<td>5.40%</td>
<td>18.30%</td>
</tr>
<tr>
<td>American Inc</td>
<td>75.50%</td>
<td>4.20%</td>
<td>14.80%</td>
</tr>
<tr>
<td>Asian</td>
<td>88.50%</td>
<td>2.60%</td>
<td>5.50%</td>
</tr>
<tr>
<td>Latino</td>
<td>67.90%</td>
<td>5.50%</td>
<td>17.50%</td>
</tr>
<tr>
<td>Native Hawaiʻi</td>
<td>76.10%</td>
<td>3.20%</td>
<td>13%</td>
</tr>
<tr>
<td>White</td>
<td>74.30%</td>
<td>3.60%</td>
<td>15.30%</td>
</tr>
<tr>
<td>Two or more</td>
<td>73.60%</td>
<td>4.20%</td>
<td>14.90%</td>
</tr>
</tbody>
</table>

Kidsdata.org, 2011-2013
Core cultural competencies

- Community Assessment
- Communication (Language Access)
- Engagement
- Innovation
- Workforce Development
- Continuous Feedback
- Data and Quality Improvement
# Models of engagement

<table>
<thead>
<tr>
<th>Build a longer term coalition</th>
<th>Focus groups</th>
<th>Short Term Coordinated Network</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Provide sustainable community connections &amp; builds capacity</td>
<td>• For short term, targeted feedback</td>
<td>• Partnered with key organizations (1 year)</td>
</tr>
<tr>
<td>• Focus on organizations</td>
<td>• Partner with community groups to access consumers</td>
<td>• Obtained detailed feedback on enrollment, utilization issues.</td>
</tr>
<tr>
<td>• Provide grants, capacity building and training</td>
<td>• Provide survey tool</td>
<td>• Monthly calls and 2 in person meetings with stipends for participation.</td>
</tr>
<tr>
<td>• Regular in person meetings and conference calls.</td>
<td>• Obtain feedback from residents</td>
<td>• Developed recommendations for state.</td>
</tr>
</tbody>
</table>
Examples from the Field

How school-based health centers are implementing SUD services for youth.
The California School-Based Health Alliance is the statewide non-profit organization dedicated to improving the health and academic success of children and youth by advancing health services in schools.

Our work is based on two basic concepts:

• Health care should be accessible and where kids are
• Schools should have the services needed to ensure that poor health is not a barrier to learning.
California’s 256 SBHCs
California SBHCs: Overview

Services Provided

- Medical Services: 86%
- Health Education: 71%
- Mental Health Services: 62%
- Reproductive Health: 56%
- Youth Engagement: 51%
- Dental Prevention: 49%
- Dental Treatment: 27%

School Levels Served

- High School: 47%
- Elementary School: 26%
- Mobile/School-Linked: 16%
- Middle School: 11%
Alternatives to Suspension at San Fernando High School

Case Study: San Fernando High School Teen Health Center

- Students with an on-campus minor substance use violation are required to attend 4 sessions of the SAP group.
- The referral process includes a contract signed by the SFHS Dean, the student and their parent.
- Suspensions decreased by 64% during the first year of implementation.
Training Non-Clinical Staff in B.I. at El Cerrito High School

Case Study: James Morehouse Project at El Cerrito High School

- Due to their deep connection to their school campus and staff, the James Morehouse Project receives many referrals, including many for substance use.
- Building capacity was/is key!
- Non-clinical staff, such as health educators, front desk personnel, and youth development coordinators are all training in Brief Intervention (B.I.) by the Community Prevention Initiative.
CRAFFT as a Standard Tool at Skyline High School

Case Study: Seven Generations Health Center at Skyline High School

- CRAFFT is now in EHR, so providers are asking these set questions at every visit.
- Providers consider these questions easy to ask.
- If students score high, they are referred to Teen Intervene (treatment program).

### The CRAFFT Screening Interview

**Begin:** “I’m going to ask you a few questions that I ask all my patients. Please be honest. I will keep your answers confidential.”

**Part A**

- **During the PAST 12 MONTHS, did you:**
  - Drink any alcohol (more than a few sips)?
  - Smoke any marijuana or hashish?
  - Use anything else to get high?
  - For clinic use only: Did the patient answer “yes” to any questions in Part A?

**Part B**

- Have you ever ridden in a CAR driven by someone (including yourself) who was “high” or had been using alcohol or drugs?
- Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in?
- Do you ever use alcohol or drugs while you are by yourself, or ALONE?
- Do you ever FORGET things you did while using alcohol or drugs?
- Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use?
Questions?

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