Protocols, Guidelines, and Toolkits

Overview
The following is a collection of protocols, toolkits, and guidance materials supporting federal, state, and community-based agencies’ efforts to implement best practices leading to systems change, improved outcomes, enhanced access, and improved delivery of prevention, treatment, and recovery services to California’s youth with, or at risk of, an opioid use disorder and their families. This list will be updated with additional and new resources on a regular basis.

Protocols
Includes 18-24

The ASAM National Practice Guideline – Special Populations: Adolescents (Chapter 10) – This resource is to support states in their ongoing efforts to introduce SUD service coverage and delivery system reforms by providing information about the preventive, treatment, and recovery services and the levels of care comprising the continuum of SUD care. It also provides an overview of nationally developed guidelines for SUD treatment criteria, including provider and service standards for each level of care. In addition, it provides useful tools and examples of state-based initiatives that can assist states in their efforts to ensure that care is delivered consistent with industry standard SUD treatment guidelines and that Medicaid beneficiaries receive the most appropriate services given their treatment and recovery needs.
Published by: ASAM, June 2015

Evidence-Based Strategies for Prevention Opioid Overdose: What’s Working in the United States – This document was designed to assist community leaders, local and regional organizers, non-profit groups, law enforcement, public health, and members of the public in understanding and navigating effective strategies to prevent opioid overdose in their communities.
Published by: Centers for Disease Control and Prevention, 2018

Medications for Opioid Use Disorder Treatment Improve Protocol (TIP) Series 63 - This TIP reviews the use of the three Food and Drug Administration (FDA)-approved medications used to treat OUD—methadone, naltrexone, and buprenorphine—and the other strategies and services needed to support recovery for people with OUD.
Published by: Substance Abuse and Mental Health Services Administration (SAMHSA), 2018

Screening and Assessing Adolescents for Substance Use Disorders TIP Series 31 - This manual provides guidelines in screening and assessing teens for substance use conditions. It covers confidentiality laws and screening and assessment in juvenile justice settings. The manual also includes screening and

A joint effort of California Institute for Behavioral Health Solutions, Advocates for Human Potential, Inc., and the California Department of Health Care Services, Substance Use Disorder Compliance Division
Substance Use Disorders – Youth Specific

Substance Abuse Treatment (Adolescent) – Substance Abuse Treatment (adolescent) is defined by the CEBC as the treatment of adolescents (ages 12-17) with active substance use issues, including alcohol, marijuana, and/or other drugs. The CEBC has evaluated only replicable programs that do not use medication as a component of treatment and focused on treatment programs, as opposed to programs designed to prevent the onset of substance use. Treatment can occur in a variety of settings, including outpatient, day treatment, residential, or inpatient, and may involve detoxification, counseling, education, relapse prevention training, life skills training, and self-help groups. Although many of these treatment programs may also be used in adults, the CEBC review and rating examines the research base for these treatments in adolescents only.

Youth Services Policy Manual – The purpose of the Youth Services Policy Manual (YSPM) is to provide instruction for the delivery of SUD services for adolescents in California funded by federal and state funds. The YSPM sets the minimum standards for delivery of services along with considerations for services across the Continuum of Care (COC). It is also hoped that this policy manual will serve as an educational resource for policymakers and professionals working in other youth services systems and a guide for juvenile and family court judges for choosing and placing adolescents in effective programs.

Guidelines

American Academy of Pediatrics: Policy Statement on Medication-Assisted Treatment of Adolescents with Opioid Use Disorders – This is the American Academy of Pediatrics’ policy statement about MAT for adolescents with OUDs. Recommendations include:

- Increasing resources for MAT within primary care and access to developmentally appropriate SUD counseling in community settings,
- Offering MAT to adolescent and young adult patients with severe OUD or discuss referral to other providers for this service among pediatricians; and
- Supporting further research focusing on developmentally appropriate treatment of SUDs in adolescents and young adults, including primary and secondary prevention, behavioral interventions, and medication treatment.

American Society of Addiction Medicine (ASAM) National Practice Guideline for the Use of Medications in the Treatment of Addiction Involving Opioid Use, (Part 10 Special Populations – Adolescents) – ASAM developed these practice guide to provide information on evidenced-based treatment of OUD. Specific pharmacological agents used in the treatment of addiction exert effects via action on specific receptors. Hence, the medications used in the treatment of addiction have specific efficacy based on their own molecular structure. Medications developed for the treatment of addiction involving opioid use may have benefits in the treatment of addiction involving an individual’s use of other substances.

Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their
Children - This publication provides comprehensive, national guidance for the optimal management of pregnant and parenting women with OUD and their infants based on the recommendations of experts reviewing the limited evidence available for this population as of 2017.
Published by: SAMHSA, 2018

Clinical Use of Extended-Release Injectable Naltrexone in the Treatment of Opioid Use Disorder: A Brief Guide – This guide explains how to use extended-release injectable naltrexone as part of MAT of opioid use disorder. It covers assessing patients, initiating MAT, monitoring progress, and deciding when to end treatment.
Published by: SAMHSA, 2014

Criteria for Adolescents – This excerpt provides use in connection with the review of a claim for benefits for adolescents.
Published by: ASAM, 2013

Coverage of Behavioral Health Services for Youth with Substance Use Disorders Joint CMCS and SAMHSA Information Bulletin – This bulletin is intended to assist states to design a benefit that will meet the needs of youth with substance use disorders (SUD) and their families and help states comply with their obligations under Medicaid’s Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) requirements.
Published by: Center for Medicaid and CHIP Services (CMCS), Substance Abuse and Mental Health Services Administration (SAMHSA), January 26, 2015

Decisions in Recovery: Treatment for Opioid Use Disorders - This handbook provides guidance on using the web-based, multimedia tool Decisions in Recovery: Medications for Opioid Addiction. This handbook and the web-based tool offers information about medication-assisted treatment. Both resources help people living with opioid use disorder compare treatment options and discuss their preferences with a provider.
Published by: SAMHSA, December 2016

Facing Addiction in America: The Surgeon General’s Report on Alcohol, Drugs, and Health - This report discusses opportunities to bring substance use disorder treatment and mainstream health care systems into alignment so that they can address a person’s overall health, rather than a substance misuse or a physical health condition alone or in isolation. It also provides suggestions and recommendations for action that everyone—individuals, families, community leaders, law enforcement, health care professionals, policymakers, and researchers—can take to prevent substance misuse and reduce its consequences.
Published by: Office of the Surgeon General, November 2016

Guidance to States and School Systems on Addressing Mental Health and Substance Use Issues in Schools – This joint informational bulletin calls for the urgent need to identify children and adolescents who have or are at risk for mental and substance use disorders and connect them with other services they need. The bulletin outlines best practice models, discusses funding for school-based mental health and substance use related prevention and treatment services, and provides specific examples of state-level strategies for Medicaid and other financing of school-based mental health services.
Published by: SAMHSA and CMCS, July 1, 2019
Identifying Mental Health and Substance Use Problems of Children and Adolescents: A Guide for Child-Serving Organizations – This manual offers guidance and tools for identifying mental illness or substance use issues early in children and adolescents in various settings, such as in schools, the juvenile justice and welfare system, and when receiving primary care.
Published by: SAMHSA, 2012

Medication-Assisted Treatment of Adolescents with Opioid Use Disorder – This policy statement advocates for increasing resources to improve access to MAT for opioid-addicted adolescents and young adults.
Published by: American Academy of Pediatrics, Committee on Substance Use and Prevention, September 2016

Opioid Use and Opioid Use Disorder in Pregnancy – This American College of Obstetricians and Gynecologists (ACOG) Committee Opinion publicized its recommendations in treating and caring for women with an OUD in pregnancy.
Published by: ACOG and ASAM, 2017

Preventing Prescription Drug Misuse: Understanding Who is at Risk - Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide – This guide addresses the abuse of illicit and prescription drugs, alcohol, and tobacco—and the special treatment needs for people aged 12 to 17.
Published by: National Institute of Drug Abuse (NIDA), January 2014

State Adolescent Substance Use Disorder Treatment and Recovery Practice Guide - Because the complex needs of this population are remarkably different from those of the traditional adult treatment population and requires different expertise and guidance to States on how their treatment and recovery systems can best serve adolescents, NASADAD and its federal and state partners collaborated to create this guidance document for states. This guidance is divided into three broad sections:
- Overarching principles of care;
- Service elements, including screening, assessment, and treatment and recovery services; and
- Administrative considerations for states.
Published by: National Association of State Alcohol and Drug Abuse Directors (NASADAD), September 24, 2014

Toolkits
Under 18
Medication-Assisted Treatment: An eBook for Parents & Caregivers of Teens & Young Adults Addicted to Opioids – This eBook helps parents/caregivers learn more about Medication-Assisted Treatment (MAT)—what it is, how it is used, where to find it, and how they can best support their child going through treatment.
Published by: Partnership for Drug-Free Kids, 2016

Ways to Address the Opioid Epidemic in Youth and Youth Adults – This webinar discusses youth-oriented OUD prevention strategies, Motivational Interviewing for youth and Young adults, and MAT for youth and young adults with an OUD.
Published by: Relias, 2018
**Treating Youth with Opioid Addiction: Cases and Controversies (1.5 CME)** – This features a conference recording from the 2018 ASAM Annual Conference offered in a case-based eLearning format. The case discussions cover a range of questions, including:

1. Developmentally specific approaches to treatment of adolescents and young adults with opioid use disorders (OUDs);
2. Use of relapse prevention medication in youth;
3. The role of families, when and how to involve them;
4. Confidentiality, use of various levels of care;
5. The impact of other substance use disorders (primarily cannabis and alcohol);
6. Delivery models for medications and psychosocial treatment modalities; and others.

Published by: American Society of Addiction Medicine (ASAM), 2018

**Includes 18-24**

**Behavioral Health Among College Students Information and Resource Kit** – This kit discusses the consequences of substance misuse among college students including the misuse of prescription and over-the-counter drugs. It explores various causational factors, such as peer pressure, stress, social norms, and advertising messages.

Published by: SAMHSA, 2018

**California’s Public Substance Use Disorder Treatment System for Youth: An Overview** – This resource addresses some of the unique needs of youth with a SUD, including Medi-Cal coverage of an SUD, the Consent and the State Only Medi-Cal Minor Consent Program, financing of public SUD services in California, promising practices, and considerations.

Published by: California Health Care Foundation, 2017

**CIN Toolkit: Three Strategies to Help Primary Care Teams Treat Substance Use Disorders** - This document is a guide for primary care organizations and care teams working to integrate substance use disorder (SUD) treatment services. It provides proven strategies, best practices, and tools used by organizations within California to expand the capability of primary care teams in commercial and safety-net sectors to confidently and willingly provide SUD services.

Published by: California Improvement Network, January 31, 2019

**Medication Assisted Treatment in Residential Treatment Facilities** - With support from the California Health Care Foundation, Haritage Consulting created a toolkit for residential treatment facilities to increase access to MAT for clients residing in their facilities, either by providing medication services onsite or through referral and partnerships. The toolkit contains:

- A three-part booklet explaining the research supporting MAT, the process for receiving IMS approval, and how providers can become DATA 2000 waivered to prescribe buprenorphine.
- An appendix with sample policies and procedures for providing IMS, so that facilities can quickly adopt the necessary measures to safely provide clients medications.

Published by: California Department of Health Care Services (DHCS), 2019

**Medication Assisted Treatment Toolkit for Counselors** - With support from DHCS, Haritage Consulting created a toolkit for substance use counselors to learn more about MAT and have conversations with their clients about how MAT can help them. The toolkit contains:
• A two-part booklet explaining the research supporting MAT, and how counselors can help clients who are receiving MAT as part of their treatment
• Two quick guide documents to the FDA-approved medications for opioids and alcohol use disorder
• A quick guide to helping clients find a MAT prescriber
• An instruction guide to using the overdose reversal drug Narcan
• A document from the National Council on Challenging Myths about MAT
• SAMHSA’s MAT for Opioid Addiction - Facts for Family and Friends

Published by: DHCS, 2019

**Opioid Safety Toolkit for Health Plans** - This toolkit for health plans implementing opioid safety initiatives. The toolkit showcases best practices and success stories and provides practical tools across five areas:

1. Leadership and Change Management: How to mobilize your organization to make change
2. Provider Network: How to ensure your network provides safer pain management and evidence-based addiction treatment
3. Medical Management: How to coordinate care for high-risk members
4. Pharmacy Benefit: How to safely reduce new opioid starts and streamline access to buprenorphine and naloxone
5. Member Services: How to offer resources for members and their families/caregivers to learn about opioid safety and pain management

Published by: California Health Care Foundation and Manatt Health, 2019

**SAMHSA Opioid Overdose Prevention TOOLKIT** - This toolkit provides steps for first responders, information for prescribers, safety advice for patients & family members, and resources for overdose survivors and family members.

Published by: SAMHSA, 2018

**Stem the Tide: Addressing the Opioid Epidemic** - This toolkit includes resources for hospitals and health systems to share with clinicians and patients and to use to enhance partnerships within their communities. The information is categorized into eight topic areas:

1. Clinician education on prescribing practices
2. Nonopioid pain management
3. Addressing stigma
4. Treatment options for opioid use disorders
5. Patient, family and caregiver education
6. Transitions of care
7. Safeguarding against diversion
8. Collaborating with communities

Published by: American Hospital Association, 2017