2015 California Behavioral Health Policy Forum
Whole Person Care: Making the Vision a Reality

September 30 – October 2, 2015

Sheraton Carlsbad Conference Center
5480 Grand Pacific Drive
Carlsbad, California 92008
Sheraton Carlsbad – Conference Center
5480 Grand Pacific Drive, Carlsbad, CA 92008
# 2015 California Behavioral Health Policy Forum
## Whole Person Care: Making the Vision a Reality

### PROGRAM AT-A-GLANCE

#### WEDNESDAY, SEPTEMBER 30, 2015

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<th>Time</th>
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<tbody>
<tr>
<td>9:30 am – 9:45 am</td>
<td>Registration</td>
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<tr>
<td>9:45 am – 10:00 am</td>
<td>Welcome and Introductions</td>
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<tr>
<td>10:00 am – 10:30 am</td>
<td>CMMC Presentation</td>
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<tr>
<td>10:30 am – 11:00 am</td>
<td>Description of Population Reports - Group 1 and Q &amp; A (Armenian &amp; Deaf/Hard of Hearing)</td>
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<tr>
<td>11:00 am – 11:30 am</td>
<td>Description of Population Reports - Group 2 and Q &amp; A (Refugee/Asylees and Middle Eastern &amp; Southwest Asian)</td>
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<tr>
<td>11:30 am – 12:15 pm</td>
<td>Description of Population Reports - Group 3 and Q &amp; A (Russian Speaking &amp; Intellectual/Developmental Disabilities)</td>
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<tr>
<td>12:15 pm – 1:00 pm</td>
<td>Questions and Answers</td>
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<tr>
<td>12:15 pm – 5:00 pm</td>
<td>CBHDA Committee Meetings</td>
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<td>2:00 pm – 5:00 pm</td>
<td>CBHDA Cultural Competency, Equity and Social Justice Committee Meeting</td>
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<td>3:00 pm – 5:00 pm</td>
<td>CBHDA Medical Services System of Care Committee Meeting</td>
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<tr>
<td>3:00 pm – 5:00 pm</td>
<td>CBHDA Forensics Committee Meeting</td>
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#### THURSDAY, OCTOBER 1, 2015

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<tbody>
<tr>
<td>7:15 am – 5:00 pm</td>
<td>Registration</td>
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<tr>
<td>7:15 am – 8:30 am</td>
<td>Continental Breakfast</td>
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<tr>
<td>8:30 am – 9:00 am</td>
<td>Welcome</td>
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<tr>
<td>9:00 am – 10:00 am</td>
<td>National Keynotes</td>
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<tr>
<td>10:00 am – 10:15 am</td>
<td>Break</td>
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<tr>
<td>10:15 am – 11:00 am</td>
<td>DHCS: Overview and Goals of CA’s Medi-Cal “2020” 1115 Waiver Proposal</td>
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<tr>
<td>11:00 am – 12:15 pm</td>
<td>State Keynotes</td>
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<tr>
<td>12:15 pm – 1:15 pm</td>
<td>Lunch (included with registration)</td>
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<tr>
<td>1:15 pm – 2:15 pm</td>
<td>Provider Panel</td>
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<tr>
<td>2:15 pm – 3:15 pm</td>
<td>Stakeholder Panel (Parents, Families, and Clients)</td>
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<tr>
<td>3:15 pm – 3:30 pm</td>
<td>Break</td>
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<tr>
<td>3:30 pm – 4:45 pm</td>
<td>Breakouts</td>
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<tr>
<td>4:45 pm – 5:00 pm</td>
<td>Closing</td>
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<tr>
<td>5:15 pm – 6:30 pm</td>
<td>Reception / Networking</td>
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#### FRIDAY, OCTOBER 2, 2015

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<tr>
<td>8:00 am – 12:00 pm</td>
<td>Registration</td>
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<td>8:00 am – 9:00 am</td>
<td>Continental Breakfast</td>
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<tr>
<td>9:00 am – 9:15 am</td>
<td>Welcome</td>
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<tr>
<td>9:15 am – 10:30 am</td>
<td>Impact of Criminal Justice Populations in County Behavioral Health</td>
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<tr>
<td>10:30 am – 10:45 am</td>
<td>Break</td>
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<tr>
<td>10:45 am – 11:55 am</td>
<td>County Panel – Thursday and Friday Discussions</td>
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<td>12:00 pm</td>
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WEDNESDAY, SEPTEMBER 30, 2015

Mental Health Challenges and Resiliency for Six California Communities: Ongoing Outreach and Engagement Efforts of the CMMC

9:30 AM – 9:45 AM
REGISTRATION
FOYER

9:45 AM – 10:00 AM
WELCOME AND INTRODUCTIONS
CARLSBAD BALLROOM

CMMC PRESENTATION

10:00 AM – 10:30 AM
DESCRIPTION OF POPULATION REPORTS - GROUP 1 AND Q & A
Carlsbad Ballroom
(Armenian & Deaf/Hard of Hearing)

10:30 AM – 11:00 AM
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(Refugee/Asylees and Middle Eastern & Southwest Asian)

11:00 AM – 11:30 AM
DESCRIPTION OF POPULATION REPORTS - GROUP 3 AND Q & A
Carlsbad Ballroom
(Russian Speaking & Intellectual/Developmental Disabilities)

11:30 AM – 12:15 PM
QUESTIONS AND ANSWERS
CARLSBAD BALLROOM

12:15 PM – 1:00 PM
LUNCH/CLOSING
Carlsbad Ballroom
(Brief Introduction to Newest Reports on Women & Older Adults)

CBHDA COMMITTEE MEETINGS

1:00 PM – 5:00 PM
REGISTRATION
FOYER

2:00 PM – 5:00 PM
CBHDA CULTURAL COMPETENCY, EQUITY AND SOCIAL JUSTICE COMMITTEE MEETING
Carlsbad Ballroom

3:00 PM – 5:00 PM
CBHDA MEDICAL SERVICES SYSTEM OF CARE COMMITTEE MEETING
Delmar

3:00 PM – 5:00 PM
CBHDA FORENSICS COMMITTEE MEETING
Solana

PLEASE NOTE: THERE WILL NOT BE A GOVERNING BOARD MEETING AT THE POLICY FORUM.
THURSDAY, OCTOBER 1, 2015

What does integration of mental health, substance use, and primary care look like now from the following perspectives? Review progress, current plans and future plans including Drug Medi-Cal.

7:15 AM – 5:00 PM
REGISTRATION .......................................................... FOYER

7:15 AM – 8:30 AM
CONTINENTAL BREAKFAST ........................................... FOYER

8:30 AM – 9:00 AM
WELCOME ........................................................... SUNSET BALLROOM
Alfredo Aguirre, LCSW, San Diego County Behavioral Health Director and Co-Chair CBHDA Cultural Competency, Equity and Social Justice Committee
Bill Horn, District 5, Chair, Board of Supervisors, County of San Diego
Nicholas “Dr. Nick” Yphantides, MD, MPH, Chief Medical Officer, Health & Human Services Agency, San Diego County
Mary Hale, MS, President, County Behavioral Health Directors Association of California (CBHDA) and Deputy Agency Director, Orange County Behavioral Health Services, Orange County Health Care Agency
Darrell Evora, MBA, MA, President, California Council of Community Mental Health Agencies and President and CEO, EMQ Families First
Al Senella, President, California Association of Alcohol and Drug Program Executives, President and CEO, Tarzana Treatment Centers
Sandra Naylor Goodwin, PhD, MSW, President and CEO, California Institute for Behavioral Health Solutions (CIBHS)

This Policy Forum…
use the CIBHS Yapp

The CIBHS Yapp gives you
- Forum Documents
- News Feed
- Info on upcoming conferences
...and much more!

Complete instructions and system requirements for downloading and installing the CIBHS Yapp on page 14.
THURSDAY, OCTOBER 1, 2015 (Continued)

9:00 AM – 10:00 AM

NATIONAL KEYNOTES  SUNSET BALLROOM

The Federal Government – both the administration and the legislature – are very active with health care reform. What all is happening and how does our work in California fit into the national efforts?

**Charles Ingoglia, MSW**, Senior VP, Policy and Practice Improvement, National Council for Community Behavioral Healthcare

The focus of this session will be to share information, build awareness, and inspire attendees to be more involved in advocacy. An up-to-date analysis of issues affecting the behavioral health industry will be provided.

**Ron Manderscheid, PhD**, Executive Director, National Association of County Behavioral Health and Developmental Disability Directors

Major developments are occurring at the national level: services integration, management of all benefits, movement toward case and capitation rates. HHS Secretary Burwell has accelerated these trends. Looking forward 3-5 years, how will these changes become manifest at the local level? What will be the role of counties in this transformation?

10:00 AM – 10:15 AM

BREAK

10:15 AM – 11:00 AM

DHCS: OVERVIEW AND GOALS OF CA’S MEDI-CAL “2020” 1115 WAIVER PROPOSAL  SUNSET BALLROOM

**Hannah Katch**, Assistant Deputy Director, Health Care Delivery Systems, Department of Health Care Services

California’s proposed 1115 waiver renewal, Medi-Cal 2020, envisions an integrated Medi-Cal program that achieves sustainable, high-value health care. Medi-Cal 2020 will bring together California’s counties, managed care plans, providers, state programs, and federal partners to share accountability for our beneficiaries’ health outcomes and improve our population health.

Thank You to our Mobile App Exhibitors
11:00 AM – 12:15 PM

STATE KEYNOTES

What does integration of mental health, substance use, and primary care look like now from the State perspective? Review progress, current plans and future plans including Drug Medi-Cal. How does behavioral health fit into the overall state plan?

Karen Baylor, PhD, LMFT, Deputy Director, Mental Health and Substance Use Disorder Services, CA Department of Health Care Services

Brenda Grealish, Assistant Deputy Director, Mental Health and Substance Use Disorder Services, CA Department of Health Care Services

Dina Kokkos-Gonzales, Chief, Mental Health Services Division, CA Department of Health Care Services

Don Braeger, Chief, SUD Prevention, Treatment and Recovery Division, CA Department of Health Care Services

Marlies Perez, Chief, Substance Use Disorder Compliance Division, CA Department of Health Care Services

The DHCS staff will provide status updates on the recent renewal of the 1915(b) Specialty Mental Health Services waiver, including the Special Terms and Conditions, and the recent approval of the amendment to the 1115 Bridge to Reform, Substance Use Disorder Organized Delivery System Waiver, which will transform and improve the delivery of substance use disorder services in California. DHCS will provide additional updates on other initiatives and priorities occurring within mental health and substance use disorder services, such as the recent submission of an application to the Substance Abuse and Mental Health Services Administration to plan to develop and establish Certified Community Behavioral Health Clinics (CCBHC).

12:15 PM – 1:15 PM

LUNCH (included with registration)

1:15 PM – 2:15 PM

PROVIDER PANEL

What does integration of mental health, substance use, and primary care look like now from the provider perspectives? Review progress, current plans and future plans including Drug Medi-Cal. Is there a clear vision?

Kim Bond, President and CEO, Mental Health Systems

A discussion of the collaboration and integration of behavioral health provider agencies and primary health care provider agencies from several different perspectives.

Vitka Eisen, MSW, EdD, Chief Executive Officer, HealthRIGHT 360

A discussion on the integration of mental health, substance use, and primary care from the perspective of an agency that has integrated its FQHCs and Behavioral Health Care.

Al Senella, President, California Association of Alcohol and Drug Program Executives, President and CEO, Tarzana Treatment Centers

The presentation will focus on care integration under the newly approved Drug Medi-Cal-Organized Delivery System (DMC-ODS). It will look at some key challenges facing providers and some possible solutions.

Patricia A. Judd, PhD, Clinical Professor of Psychiatry, UC San Diego School of Medicine, Director, UC San Diego Outpatient Psychiatric Services - Hillcrest

The Providers Panel will provide participants with an increased understanding of current challenges in the integration of mental health, substance use and physical health treatment for clients funded through Medi-Cal. Strategies will be suggested for rising to these challenges. Special attention will be given to the integration of differing requirements for medical record documentation billing and continuum of care.
2:15 PM – 3:15 PM

STAKEHOLDER PANEL (PARENTS, FAMILIES, AND CLIENTS) .................................. SUNSET BALLROOM

How are they experiencing mental health, substance use, and primary care issues? Is integration helpful? How do they view the current System of Care? What do they need to access needed services?

Steve Pitman, President, Board of Directors, National Alliance on Mental Illness (NAMI) - Orange County

In all areas of traditional medical practice the family is seen as an important support system for the “client/patient.” When treating mental illness, the family continues to be seen as a bit of a nuisance and in all likelihood part of the problem. The family should be seen as an important part of the support system necessary for the client to live a happy, healthy, productive life.

Linda Naranjo, Peer Support Specialist, NAMI San Diego

Linda, a native San Diegan, Peer Employment Training Graduate, NAMI San Diego employee and future social worker, enjoys crocheting, food, watching movies and pampering her dogs. She will share life experiences that as an individual, intern and professional in the behavioral health system contribute to her wellness and the community.

Daphyne Watson, MSW, Executive Director, Mental Health America of San Diego County

The presentation will focus on the need to fully address the mental health needs of all in the community. Often ethnic groups and other various communities have not benefited or understood the benefits of whole person, integrated mental health care. Mental Health America of San Diego County operates a program that is designed to focus on the mental health needs of various ethnicities and utilizes innovative approaches to care.

Rebekah Hedman, Parent Partner, San Diego Center for Children WrapWorks Program

Militizia Jimenez, MS, CRC, Employment Specialist, Mental Health Systems Inc., Familia a Familia Teacher, Member of NAMI North Coastal

3:15 PM – 3:30 PM

BREAK
THURSDAY, OCTOBER 1, 2015 (Continued)

BREAKOUTS

Within the context of integration of mental health, substance use, and primary care, how have these subareas changed and what is the future?

Format: Half presentations, half conversations about policy

**DSM-5/ICD-10** .......................................................... SUNSET BALLROOM

**Moderator:** Percy Howard, III, LCSW, Chief Program Officer, CIBHS

**Bill Walker, LMFT,** Director, Kern County Mental Health, Co-Chair of CBHDA Info Technology Committee

**Dan Walters,** Technology Services Manager, Kern County Mental Health, SWAT Chairman (via phone)

**Vic Singh, LCSW,** Director, San Joaquin County Behavioral Health Services, Co-Chair of CBHDA Info Technology Committee, Board Member of San Joaquin Community Health Information Exchange

During this session, the attendee will learn the history of ICD and DSM, the relationship between these diagnosis methods, how to determine the most accurate diagnosis to be able to provide the most effective and efficient treatments and discuss potential workflow changes based on these diagnosis updates. ICD-10 Implementation strategies will be reviewed.

**PAYMENT MODELS** .................................................. DEL MAR

**Moderator:** Shoshana Zatz, BS, Associate, CIBHS

**Don Kingdon, PhD,** Mental Health Policy Director, Harbage Consulting

The presentation will focus on behavioral health financing from a federal, state and county perspective. The financing alternatives will be explored from a delivery system, beneficiary, and quality perspective including the incentives to address these issues associated with the financing alternatives presented. Time will be provided for questions and discussion with those attending to assure that the policy implications of fiscal and delivery system reform are considered.

**INTEGRATED BEHAVIORAL HEALTH HOMES** .................. CARLSBAD BALLROOM

**Moderator:** Sandra Naylor Goodwin, PhD, MSW, President and CEO, CIBHS

**Charles Ingoglia, MSW,** Senior Vice President, Policy and Practice Improvement, National Council for Community Behavioral Healthcare

Mr. Ingoglia will describe the factors related to adopting and sustaining the implementation of integrated behavioral health homes.

**Marvin Southard, DSW,** Director, Los Angeles County Department of Mental Health

Establishing Certified Community Behavioral Health Clinics (CCBHCs) can help California address Medi-Cal super utilizers. What such clinics do by themselves could have much more of an impact if they are embedded into a Health Neighborhood approach that combines integrated service delivery with efforts to change the community’s overall wellness.
THURSDAY, OCTOBER 1, 2015 (Continued)

3:30 PM – 4:45 PM

BREAKOUTS, continued

MEANINGFUL ROLES FOR PEER PROVIDERS IN INTEGRATED HEALTHCARE .......................... CARDIFF

Moderator: Kristin Dempsey, MS, MFT, Senior Associate, CIBHS
Lucinda Dei Rossi, MPA, CPRP, Public Policy Coordinator, California Association of Social Rehabilitation Agencies (CASRA)
Laura Pancake, LCSW, Vice President of Wellness and Recovery, Integrated Care and Training, Pacific Clinics
Karin Lettau, MS, Director of Training & Employment, California Association of Mental Health Peer Run Organizations—CAMHPRO

Many integrated or collaborative care settings are utilizing peer support as an important strategy to assist individuals to access and utilize the services provided in these settings. This session will assist participants to explore the recently published “Meaningful Roles for Peer Providers In Integrated Healthcare: A Guide” and present current models utilizing peer support specialists as well as best practices in creating a healthy environment where peer specialists can be utilized as catalysts for change.

Adrienne Shilton, MPPA, Director, Intergovernmental Affairs, CBHDA

4:45 PM – 5:00 PM

CLOSING .......................................................... SUNSET BALLROOM
Sandra Naylor Goodwin, PhD, MSW, President and CEO, CIBHS

5:15 PM – 6:30 PM

RECEPTION / NETWORKING ........................................ PALM COURTYARD
FRIDAY, OCTOBER 2, 2015

8:00 AM – 12:00 PM
REGISTRATION .............................................................. FOYER

8:00 AM – 9:00 AM
CONTINENTAL BREAKFAST ............................................ FOYER

9:00 AM – 9:15 AM
WELCOME ................................................................. SUNSET BALLROOM
Mary Hale, MS, President, County Behavioral Health Directors Association of California (CBHDA) and Deputy Agency Director, Orange County Behavioral Health Services, Orange County Health Care Agency

Alfredo Aguirre, LCSW, San Diego County Behavioral Health Director and Co-Chair CBHDA Cultural Competency, Equity and Social Justice Committee

9:15 AM – 10:30 AM
IMPACT OF CRIMINAL JUSTICE POPULATIONS IN COUNTY BEHAVIORAL HEALTH ........................................... SUNSET BALLROOM
More and more people with mental illness and addictions are in jails and prisons. How can ensuring appropriate behavioral health services are available to this population help to reverse this trend?

Stephen Kaplan, LCSW, Director, County of San Mateo, Behavioral Health and Recovery Services

Over the last five years there has been a major shift in State policy on criminal justice issues. AB 109 Parole Realignment shifted responsibility for non-violent offenders to counties, and Proposition 47 reclassified drug related offenses from felonies to misdemeanors. This presentation will present an overview of how San Mateo County planned for, implemented, and evaluated its service delivery model to address these policy changes. A conversation with a formerly incarcerated individual who has received services as a result of these changes will be included.

Lorenzo Castaneda, Formerly incarcerated person/client

Marvin Southard, DSW, Director, Los Angeles County Department of Mental Health

“Diversion” is a primary means by which county behavioral health systems can address the impact of criminal justice populations. The sequential intercept model of diversion requires multiple programs and partnership efforts at the various points of diversion. However, activation of a community change model is necessary to make diversion truly effective.

10:30 AM – 10:45 AM
BREAK
FRIDAY, OCTOBER 2, 2015 (Continued)

COUNTY PANEL — RESPONSES TO THURSDAY AND FRIDAY’S DISCUSSIONS

How are counties coping with all the change? How much have they accomplished toward full integration of mental health, substance use disorders and primary care? How far along are counties toward the new SUD system of care? And, how are counties managing the criminal justice population?

Bruce Copley, MA, Executive Director, Santa Clara County Behavioral Health Department, Alcohol and Drug Administrator

With the implementation of Health Care Reform has come awareness of the need to provide a comprehensive set of behavioral health services. The primary care health system is more and more aware of the need to have an integrated care management system that includes use of behavioral health interventions to assist in addressing chronic health conditions. To meet this need in the public sector the traditional division of mental health and substance use services needs to be addressed. The future of the public behavioral health system needs to be one of integration and the ability to address the large number of clients who have dual diagnosis conditions along with a primary chronic health condition. The next five years will be the time-frame for the public system to achieve this needed integration.

Marvin Southard, DSW, Director, Los Angeles County Department of Mental Health
Dean True RN, MPA, Branch Director, Adult Services, Shasta County Health & Human Services Agency

12:00 PM

ADJOURN

Mary Hale, MS, President, County Behavioral Health Directors Association of California (CBHDA) and Deputy Agency Director, Orange County Behavioral Health Services, Orange County Health Care Agency
Get the CIBHS Yapp

How can I view a Yapp on my phone or tablet?

System Requirements

Apple Devices: Yapp works on iOS devices running iOS 7.1.2 or later. This includes iPhones, iPads and iPod Touch devices.

Android Devices: If you are on Android 4.3 or lower, you should upgrade to KitKat 4.4, if possible.

Downloading the App

You will receive an invitation to view our CIBHS Yapp. The invitation includes a link: http://my.yapp.us/BHFORUM

If you received the link:

Tap or input it from your iOS or Android device.

You’ll be directed to your app store to download the Yapp container app, if you don’t already have it on your device. If you do not already have it one your device, you will need an account to download the Yapp container. The account is an Apple App Store account or a Google Play Store Account.

If you are downloading from a computer via the CIBHS website: http://www.cibhs.org/cibhs-apps

If your invitees visit the link on a computer, we’ve still got you covered. They can first view a preview of what the app has in store. Then, they can either type in a phone number and the app invite will be sent directly to that phone, or they can scan the app’s QR code with their smartphone. (If they report trouble with the link on a computer, make sure there isn’t a “www.” in front of the “my.yapp.us” portion of the link.)

Opening the App

Once Yapp is downloaded, open it. On Android, your app will install automatically inside.

On iOS, tap ‘I’ve Been Invited to a Yapp’ and the app will install automatically.

An input page may appear, on the first line, input your name, and on the second line input the highlighted text into this link, for example http://my.yapp.us/BHFORUM

Otherwise, a library will open, choose the CIBHS Yapp, and wait for the cover to open and turn.

Viewing the Content

Your navigation is at the bottom of the screen (IPhone), Android and other devices may have the menu to left showing after you swipe the screen to the right.

Social Media

The CIBHS Yapp has one social media functions-News Feed. In the News Feed page, you and anyone who has downloaded the app can post pictures and comments from your phones or tablets.
2015 POLICY FORUM
PLANNING COMMITTEE

Sandra Naylor Goodwin, PhD, MSW
President and CEO
CIBHS

Victor Kogler
Vice President
CIBHS

Doretha Williams-Flournoy, MS
Chief Operating Officer
CIBHS

Patricia Ryan, MPA
Interim Executive Director
CBHDA

Thomas Renfree
Deputy Director, Substance Use Disorder Services
CBHDA

Mary Hale, MS
President
CBHDA
and Deputy Agency Director,
Orange County Behavioral Health Services,
Orange County Health Care Agency

Michele Peterson, MPH
Association Director
California Council of Community Mental
Health Agencies (CCCMHA)

Olivia Loewy, PhD
Executive Director
AAMFT-CA Division

Stacie Hiramoto, MSW
Director
REMHDCO

Richard Van Horn
President Emeritus
Mental Health America of Los Angeles and
MHSOAC

Jo Ann Johnson, LCSW
Ethnic Services Manager
Sacramento County Mental Health

Betty Dahlquist, MSW, CPRP
Executive Director
CASRA

Christine Stoner-Mertz
Chief Executive Officer
Lincoln Child Center

Alice J. Washington
Associate
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