



**Trauma Focused Cognitive Behavior Therapy**  
**(TFCBT)**  
**CIBHS Training Protocol for Clinicians**  
**(November 2017)**

CIBHS clinical training protocol for TFCBT consists of the following:

**For clinicians in an agency establishing a new TFCBT program:**

- Complete the *TF CBT Online Training Course* at <http://tfcbt.musc.edu/>.
- Attend an *Initial TF-CBT Training* (2 days for clinicians).
- Participate, as part of a TFCBT team in 12 Consultation Calls. Each team not to exceed 10 therapists including a TF-CBT supervisor. 14 calls recommended for missed calls for each practitioner to ensure completion of 12 calls.
- Attend a *Booster Training* (1 day for clinicians). The booster training to occur about 6 months after the initial training.
- Complete, submit, and pass at least 1 audio taped session for review. A minimum of 1 audio tape must be rated as “*satisfactory*”.
- Certification to be completed in 1 year from the date of initial training.

**Clinicians joining an established TFCBT team:**

The requirements for clinicians joining an established team are the same as those for clinicians starting training in TFCBT for a new program with one exception: If the organization has a supervisor who is a graduate of the Train the Supervisor (TTS) program through TFCBT national therapist certification program (the supervisor must be employed at the same agency as the certification candidate) then in that instance that supervisor can conduct the supervision necessary for those clinicians to obtain proficiency in the model for minimum of 6 months at least twice a month. This supervision would satisfy the requirements for consultation calls conducted by a national trainer. Proof of TTS graduate status would be required upon request for proficiency for each clinician applying for proficiency in TFCBT through CIBHS.

*Timeline exceptions are sometimes made for tapes turned in up to 6 months after the completion of the first year of training with supervisor justification for delayed timeline.*

## Certificate of Proficiency

CIBHS issues a *Certificate of Proficiency* acknowledging the completion of the CIBHS TFCBT training protocol after receipt of request for certification with attached required documentation that substantiates completion of all training activities.

*To qualify for proficiency in TFCBT through CIBHS, all the requirements for the training (initial training, consultation calls, booster training, and audio review) must be completed through a national trainer **currently** in contract with CIBHS. The only exception to this requirement is substituting consultation calls with supervision conducted by a TTS graduate currently employed at the organization where the clinician is seeking proficiency in the model.*