California Reducing Disparities Project
Strategic Plan to Reduce Mental Health Disparities

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CPEHN: Together We’re Stronger
Eliminating Health Disparities

6. What is this person’s race? Mark ☒ one or more races to indicate what this person considers himself/herself to be.

- White
- Black, African Am., or Negro
- American Indian or Alaska Native — Print name of enrolled or principal tribe.
- Asian Indian
- Chinese
- Filipino
- Other Asian — Print race.
- Japanese
- Korean
- Vietnamese
- Native Hawaiian
- Guamanian or Chamorro
- Samoan
- Other Pacific Islander — Print race.
California Reducing Disparities Project

- A groundbreaking investment of public dollars in reducing disparities
- Population reports for the African American; Asian and Pacific Islander; Latino; Lesbian, Gay, Bisexual, Transgender, and Questioning; and Native American communities
- A multicultural coalition to provide state level recommendations on MHSA components and related activities
- Comprehensive strategic plan to reduce disparities from the community
Population Reports

- Five population reports developed by strategic planning workgroups
- Comprehensive stakeholder process that reached thousands across the state
- Highlight community-defined promising practices and recommendations for reducing disparities
- Available at Office of Health Equity webpage
California MHSA Multicultural Coalition (CMMMC)

- Goal is the integration of cultural and linguistic competence into the public mental health system
- A platform for racial, ethnic, and cultural communities to address historical system & community barriers, and work together toward solutions to eliminate barriers and mental health disparities
- A diverse group of members representing the five target populations, plus other underserved groups, including the Armenian, Arab and Muslim, and Deaf and Hard of Hearing communities
The Strategic Plan

- A synthesis of the population reports, their findings, and recommendations
- A vision for the elimination of mental health disparities
- A roadmap to transforming our current public mental health system into one that better meets the needs of all Californians
- Key strategies to achieve the vision
- Recommendations for the implementation of CRDP Phase 2
Strategic Plan Process

- Compiled recommendations from the five population reports
- Categorized into four themes and five goals
- Discussed and prioritized by the CRDP Partners for inclusion in the strategic plan
- Refined and vetted with CRDP Partners
Strategic Plan Components

- Introduction and Background
- Community Assets to Eliminate Disparities
- Community Actions for Reducing Disparities in Mental Health
- Recommendations for CRDP Phase 2
- Executive Summary
Introduction and Background

- Background on California and our public mental health system
- Snapshot of mental health disparities in communities of color and LGBTQ communities
- Overview of current efforts to reduce disparities
- Introduction to the California Reducing Disparities Project
Community Assets to Eliminate Disparities

- Overview of work being done at the local level to reduce disparities in areas including:
  - Stigma
  - Discrimination and social exclusion
  - Language barriers
  - Insurance status
  - Social and environmental conditions
  - Quality of care and satisfaction
  - Lack of appropriate data collection
Community Actions for Reducing Disparities in Mental Health

- Purpose of the strategic plan
- Process used to develop the plan
- Four overarching themes
- Five goals
- Twenty-four long-term strategies
- Recommendations for implementing the strategies
Overarching Themes

- Address and incorporate cultural and linguistic competence at all levels
- Implement capacity building at all levels
- Improve data collection standards at all levels
- Address the social and environmental determinants of health
Goal 1

*Increase Access to Mental Health Services for Unserved, Underserved, and Inappropriately Served Populations*
Goal 2

Improve the Quality of Mental Health Services for Unserved, Underserved, and Inappropriately Served Populations
Goal 3

Build on Community Strengths to Increase the Capacity of and Empower Unserved, Underserved, and Inappropriately Served Communities
Goal 4

*Develop, Fund, and Demonstrate the Effectiveness of Population-Specific and Tailored Programs*
Goal 5

*Develop and Institutionalize Local and Statewide Infrastructure to Support the Reduction of Mental Health Disparities*
Recommendations for Phase 2

- **Purpose:** Implement promising practices in unserved, underserved, and inappropriately served communities
  - Fund local community-based organizations to implement selected prevention and early intervention (PEI) approaches equally across the five populations for a four year pilot
  - Strong community based participatory evaluation component to elevate them to the level of evidence-based practice
  - Include technical assistance and capacity building for the funded pilots
  - Ongoing work to implement the 24 policy-level strategies
  - Collaboration with county departments of mental health
Conclusion and Appendices

- 14 appendices, including:
  - Disparities in accessing mental health services
  - California public mental health system entities
  - Examples of community assets and considerations to address stigma, discrimination and social exclusion, language barriers, lack of insurance, social and environmental conditions, quality of care, and lack of appropriate data collection
  - Implications of health care reform
  - Social and environmental issues impacting mental health
  - Strategic planning process
Public Comment

- 30-day public comment period
- Three community forums
- Strategic Plan will be available at www.cpehn.org
Timeline

- 30-day public comment period
- Final Strategic Plan released ~6 weeks after public comment period
- RFP for Phase 2 funds released
- Funding awarded for 4-year Phase 2 pilot program
Additional Information

- CPEHN website: www.cpehn.org
- Office of Health Equity website: www.cdph.ca.gov/programs/Pages/OHEMain.aspxContacts
Contact us at CPEHN

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