SAN DIEGO COUNTY PROBATION SUPERVISION MODEL

**Evidence-Based Practice Strategic Initiatives**
- Use Assessment Tools
- Match Supervision to Risk Level
- Create Individualized Case Plans
- Employ Incentives and Sanctions Continuum
- Educate Stakeholders
- Improve Officer Skills
- Manage/Reduce Detention Population
- Use Screening Tools for Diversion Strategies
- Explore Detention Alternatives

**Supervise Probationers to Reduce Recidivism using Integrated Behavioral Intervention Strategies (IBIS) and Case Management**

**Motivational Interviewing**
- Collaborative style of conversation to strengthen a person’s own motivation to change
- Brief Interaction
- Complementary with other tools

**Cognitive Behavioral**
- Thinking affects behavior
- Antisocial and unproductive thinking causes antisocial and unproductive behavior
- Thinking can be influenced
- We can change how we feel and behave by changing how we think.

**Incentives and Sanctions**
- Swift, certain and consistent
- Administrative, not adversarial
- Proportionate to behavior and risk level

**ASSESSMENT**
- Use empirical assessment tool
- Assign to supervision level by risk
- Understand criminogenic needs

**PLANNING**
- Ensure plan is comprehensive, ongoing and dynamic
- Include probationer
- Pay attention to stage of change

**LINKING**
- Make appropriate referrals
- Use Community Resource Directory
- Engage community supports

**MONITORING**
- Provide incentives
- Apply swift and certain sanctions
- Acknowledge relapse triggers
- Revise case plan as needed

**ADVOCACY**
- Working with and on behalf of probationers to obtain services and resources
- Increase probationer’s belief in the ability to succeed