School Aged Treatment Services (SATS)

Who We See: SATS is designed to serve the largest group of children and provide services at the school site or local clinic. Referrals to SATS are the most common initial referral made for a child or youth older than 5 years old. Children aged 0 to 5 are primarily referred to 0-5 Comprehensive Children’s Services. Primary concerns for those served in SATS are quite varied, but are rarely include severe risks (e.g., only 5% are at risk for suicide, 3% engage in other types self harm.).

What We Do: Children and youth typically start with weekly services and, on average, end within nine months; however, 25% of them are seen for twelve months or longer. The initial phase of treatment typically includes more services (e.g., approximately 9 hours in the first month and 6 hours per month for the next three months).

How We Help: 79.4% of children and youth who complete services at SATS experience some improvement. 62% of the children and youth who enter services with SATS successfully complete services. Services are highly effective for these children and youth in regards to the most common initial needs (e.g., Depression, School Behavior). Many other issues are not as common, but help from SATS is still effective. For example, 69% of children with School Attendance issues showed improvement. 65% of children needing help with sleep issues showed improvement.

Source: Objective Arts /CANS and Special Programs Report for Outcomes, Utilization, and Treatment (SPROUT) March 2018