The Viewpoint discrimination survey in England – the extent of discrimination faced by mental health service users in England

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Overview of presentation

• Background to Viewpoint
• Methods and interviewers
• Results
  – DISC-12
  – RGUK
• Conclusions
Background

• Joint research project – IoPPN & McPin
• Evaluation of Time to Change
• INDIGO (Thornicroft et al 2009) and Stigma Shout (Rethink 2008)
• Determine changes in overall discrimination and by the area of life in which discrimination is experienced, since TTC began and over the first year of its second phase (2011-12)
Methods

• Separate samples of mental health service users were interviewed annually from 2008 to 2012 using the Discrimination and Stigma Scale

• In 2011 and 2012, social capital was also measured using the Resource Generator-UK
The interviewers

• Vast majority have lived experience of MH problems

• Fully trained, supervised and paid members of team

• Route back into employment and education
Survey tool

- Discrimination and Stigma Scale, DISC 12 (Thornicroft et al)
- Experienced discrimination (21 life areas and ‘other’)
- Anticipated discrimination (4 life areas)
- Overcoming stigma and discrimination
- Resource Generator UK from (Webber) from 2011
Percentage of participants free from discrimination

<table>
<thead>
<tr>
<th>Year</th>
<th>Participants</th>
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<tbody>
<tr>
<td>2008</td>
<td>9</td>
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<tr>
<td>2009</td>
<td>13</td>
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<tr>
<td>2010</td>
<td>13</td>
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<tr>
<td>2011</td>
<td>12</td>
</tr>
<tr>
<td>2012</td>
<td>9</td>
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Results: overall discrimination

<table>
<thead>
<tr>
<th>Year</th>
<th>Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008</td>
<td>41.6</td>
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<tr>
<td>2009</td>
<td>30.1</td>
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<td>2010</td>
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<tr>
<td>2011</td>
<td>31.7</td>
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<tr>
<td>2012</td>
<td>34.3</td>
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Resource Generator UK

- Participants 2011: 14
- Participants 2012: 13.5
- General population: 17.2
Conclusions

• Overall level of discrimination across the life areas studied has fallen over 2008-12

• No evidence that more people using mental health services experience no discrimination

• Economic austerity, welfare benefits source of discrimination