Meaningful Roles for Peer Providers In Integrated Care

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Making the Case

Persons with a diagnosis of serious mental illness experience:

- Decreased life expectancy of between 20–25 years.
- Lower quality of life in the last years of life.
- Increased incidence of all major medical problems experienced in the U.S.
Increased Risk and Adverse Outcomes For

- Cardio–Vascular Diseases
- Diabetes
- Metabolic Syndrome
- Cancer
- Respiratory Diseases

Co–Morbidity and Modifiable Risk Factors

- Structural/Institutional Level
  - Provider Stigma
  - Poverty and Low SES
  - Siloed/Separated Systems of Care
  - Poly–Pharmacy
  - Psychototropic Medication Interventions

Co-Morbidity and Modifiable Risk Factors

Individual Level

- Smoking
- Drug and Alcohol Use
- Poor Nutrition
- Lack of Physical Activity
- Medication Side Effects – weight gain
- Positive and Negative Symptoms

Achieving the Triple Aim

- Productivity
- Sustainability
- Cost effective
- Comparatively effective

Reducing Costs

Patient Experience
- Patient satisfaction
- Outcomes
- Quality
- Safety

Population Health
- Risk management through pooling
- Preventive care
- Socio-economically impactful

Interventions in Behavioral Health

- Integrated Care
- Holistic Care
- Shared Decision-Making
- Medication Optimization
- Addressing Stigma
- Addressing Issues of Poverty
- Peer Support/Health Navigation
Meaningful roles for Peer Providers: A Guide

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Home Page
Click on the Link for the Toolkit
A Walk Through the Toolkit

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