

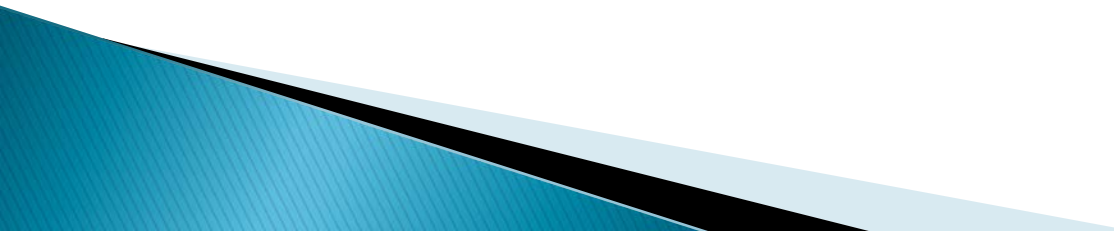


# Meaningful Roles for Peer Providers In Integrated Care

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# Making the Case

Persons with a diagnosis of serious mental illness experience:

- ▶ Decreased life expectancy of between 20–25 years.
  - ▶ Lower quality of life in the last years of life.
  - ▶ Increased incidence of all major medical problems experienced in the U.S.
- 

# Increased Risk and Adverse Outcomes For

- ▶ Cardio–Vascular Diseases
- ▶ Diabetes
- ▶ Metabolic Syndrome
- ▶ Cancer
- ▶ Respiratory Diseases

# Co-Morbidity and Modifiable Risk Factors

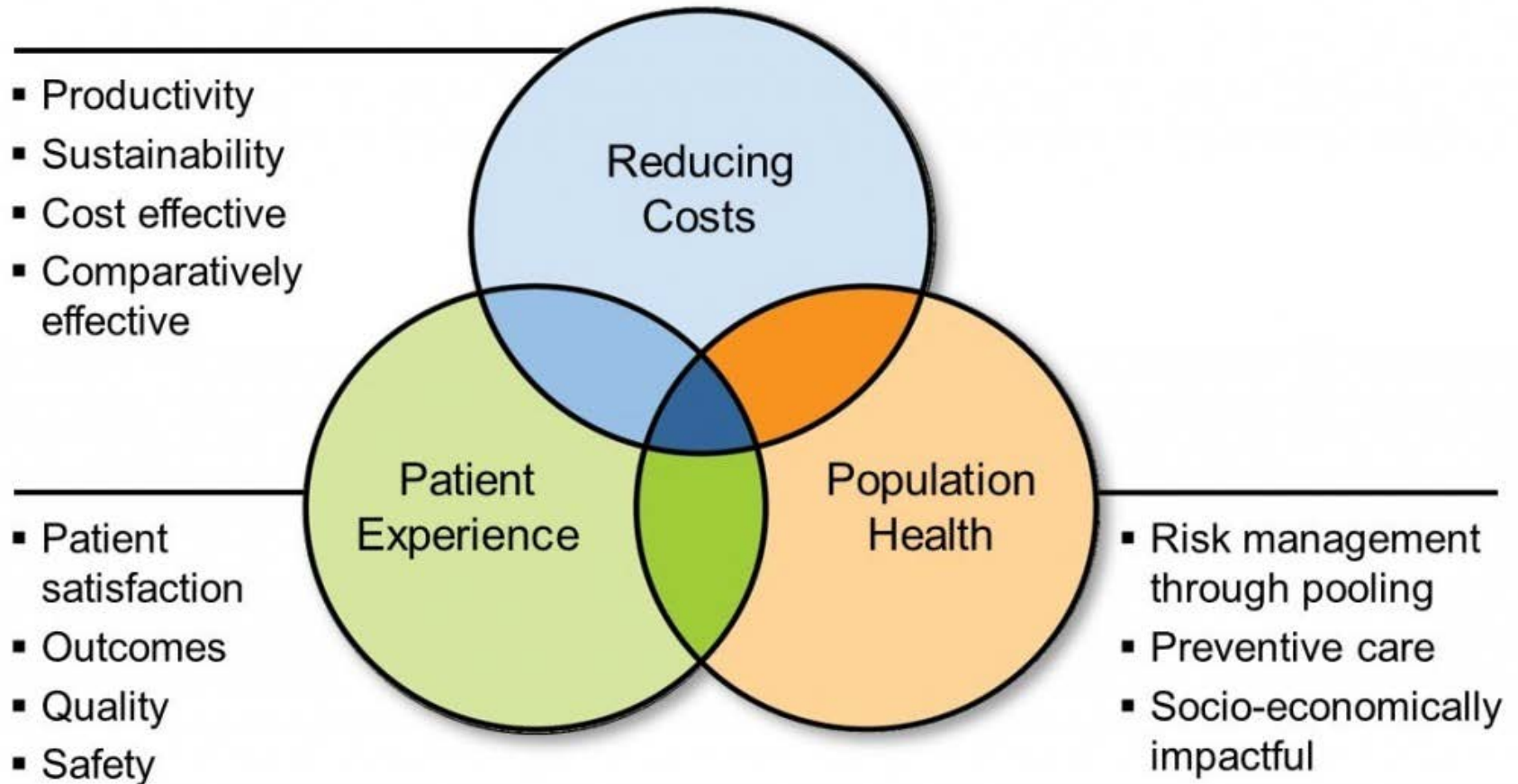
- ▶ Structural/Institutional Level
  - Provider Stigma
  - Poverty and Low SES
  - Siloed/Separated Systems of Care
  - Poly-Pharmacy
  - Psychotropic Medication Interventions

# Co-Morbidity and Modifiable Risk Factors

## ▶ Individual Level

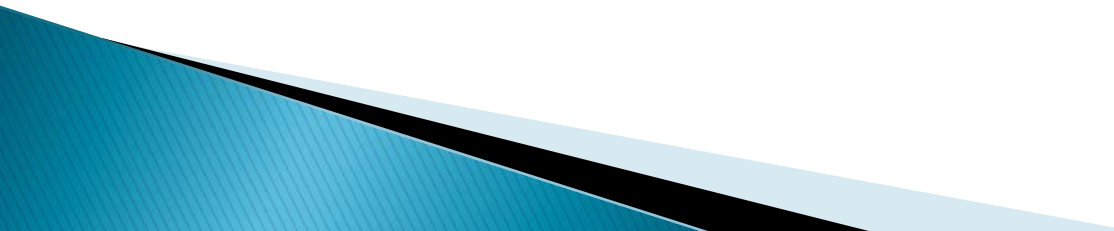
- Smoking
- Drug and Alcohol Use
- Poor Nutrition
- Lack of Physical Activity
- Medication Side Effects – weight gain
- Positive and Negative Symptoms

# Achieving the Triple Aim



Source: Berwick DM et al. *Health Affairs (Millwood)* 2008;27:759-769.

# Interventions in Behavioral Health

- ▶ Integrated Care
  - ▶ Holistic Care
  - ▶ Shared Decision-Making
  - ▶ Medication Optimization
  - ▶ Addressing Stigma
  - ▶ Addressing Issues of Poverty
  - ▶ Peer Support/Health Navigation
- 

# Meaningful roles for Peer Providers: A Guide

[www.casra.org](http://www.casra.org)

Home Page

Click on the Link for the Toolkit



# A Walk Through the Toolkit

- ▶ Active Table of Contents
  - ▶ External links to website resources
  - ▶ Fact Sheets
  - ▶ Blue boxes
    - Quotes from Peers and Providers
    - Key Concepts
    - Program Highlights
- 