Merging Passion, Purpose, and Academic Performance: The Prepared Curriculum: To Post-Secondary and Career Readiness: An Outcome Based Solution
Psychological Resilience

- is an individual's tendency to cope with stress and adversity.
- Psychologists have identified some of the factors that make someone resilient, among them:
  - A positive attitude
  - Optimism.
  - The ability to regulate emotions.
  - The ability to see failure as a form of helpful feedback.
### Risk factors
- Difficult temperament
- Low self-esteem
- Negative thinking style
- Family disharmony, instability or breakup
- Harsh or inconsistent discipline style
- Parent/s with mental illness or substance abuse
- Peer rejection
- School failure
- Poor connection to school
- Difficult school transition
- Death of family member
- Emotional trauma
- Discrimination
- Isolation
- Socioeconomic disadvantage
- Lack of access to support services

### Protective factors
- Easy temperament
- Good social and emotional skills
- Optimistic coping style
- Family harmony and stability
- Supportive parenting
- Strong family values
- Positive school climate that enhances belonging and connectedness
- Involvement with caring adult
- Support available at critical times
- Participation in community networks
- Access to support services
- Economic security
- Strong cultural identity and pride
Why Is Resilience Important?

- Think positively
- See challenges
- Commit to goals
- Focus on what they can control
- Are empathetic
- Don’t blame themselves

Resilient people
I can't do it
Transitioning

- Returning to the community from Residential.
- Ageing out of Foster Care.
- Leaving Probation.
- Completing Community Treatment Programs

- Education & Treatment Alternatives have leveled the playing field for all students by providing access to one platform for complete and current information regarding college and career readiness.
The Dilemma

Students are **not** adequately being prepared for post-secondary and career readiness.

- Among recent graduates, less than 1 in 10 have taken a foundational set of courses they need to be post-secondary and career ready.
- Nearly half did not complete a college or career prep course sequence.
- Only 8 percent of high school graduates completed a full post-secondary and career preparatory curriculum.
- Post-secondary and career readiness is still a new expectation that will require a significant change to school structures.
- Rather than aligning high school coursework with students’ future goals, high schools are prioritizing student coursework to classes that will aid them in meeting graduation requirements.
MISSION STATEMENT

By providing students and parents with an ongoing roadmap to make informed decisions regarding post-secondary and career choices, TPC constructs a 6th-Grade to 16 series of building blocks which encourages students to consider all possible Post-secondary and career options.

The TPC program’s real time access via any mobile device allows parents, agencies, school administration, counselors and mentors the ability to assess student progress as students receive real time feedback.

TPC levels the playing field for all students by providing access to one platform for complete and current information regarding post-secondary and career readiness.
Program Offerings:

- Four-year college and university syllabus
- Community college syllabus
- Career and technical education syllabus
- Employment syllabus
- Entrepreneur syllabus
- 6th – 12th grade syllabus
- Adult Syllabus
- Transition Syllabus
- Mentoring
- Customized to fit organization needs
Core Skills Needed Beyond High School

Entrepreneurial

- Critical thinking and problem solving
- Creativity and innovation
- Inquiry and analysis
- Risk taking

Personal

- Initiative and self direction
- Personal responsibility and self management
- Adaptability and flexibility
- Personal awareness
- Learn independently
- Perseverance
Core Skills Needed Beyond High School

Civic/Interpersonal

- Core academic foundation
- Collaboration and teamwork
- Communication
- Global and cultural awareness
- Ethics and integrity

Professional

- Time management
- Career literacy
- Financial literacy
- Grit and resilience
- Work ethic; dependable and reliable
- Self advocacy
A Grade by Grade Curriculum

9th – Grade Students:

- Setting future goals
- Study skills assessment
- Community resources
- Why school?
- Decision making and problem solving
- Looking back and looking forward
- Career Research
- Dealing with future conflicts
- What are my post-secondary options?
- Transitioning back home
10th – Grade Students:

• Important test - taking strategies
• Developing leadership skills
• Self-esteem/ Self control
• What can I learn from my past mistakes?
• Coping with self-defeating behaviors
• The importance of attending a post-secondary school
• You can afford college
• Planning for your release
• Transitioning back home
• Building a support network
11th – Grade Students:

- Dealing with conflicts
- Life Obligations
- Important time management skills
- Rights and responsibilities
- Communicating feelings
- Building a resume
- Components of a job application
- Workplace behaviors
- Attending a post – post secondary school
- Relating placement to careers
12th - Grade Students:

- Graduation requirements
- Senior year plans
- Post-secondary day prep
- Improving communication skills
- Personal Finance – checking and savings budget
- Building credit/understanding credit bureaus
- Building a strong support network
- Connecting back to your community
- Important communication skills
- Transitioning back home
KEY Takeaways

1. Product can be customized to meet agency, program, or school needs.
2. Pre 6th-grade to 16 program with a dedicated syllabus by grade level. Contains 1600 videos, written assignments, and assessments. Contains Student, Parent and Administrator component. Available in Spanish
3. System is agnostic and compatible with any mobile device
4. Interoperable with any Student Information System or calendar. Single Sign and One Roster compliant
5. District or agency can customize and produce their own PD or classroom videos
6. Weekly video guidance seminars during academic year which track to post-secondary selection process
7. Program supports HS and agency counselors during academic year
8. Progress alert system.
9. Financial Aid specific seminars
10. Controlled hosting environment
“I am not what happened to me, I am what I choose to become.”

-- Carl Jung