

**2021 Virtual California Health Equity Summit:**  
***Healing Communities Beyond 2020:***  
***Our Health, Our Culture, Our Climate. #ElevatingVoices***

**Thursday, June 10, 2021**

**10:00am – 10:10am - Opening Ceremony**

**10:10am- 10:25am- Welcoming**

**10:25am- 10:30am – Tribute to Janet King**

**10:30am – 11:30am – Keynote- Corrina Gould**

**11:30am – 12:00pm – Room Themes:**

**1) #Elevating Voices**

**2) #StayUp/Lean Forward:**

**3) #Health Equity**

**4)#SafeSpace:**

**12:00pm- 12:30pm –Lunch**

**Workshops Session(s) (12:30pm-1:45pm)**

**Workshop 1:**

**Behavioral Health Racial Equity Collaborative**

**Mary Nakamura**, Cultural Competence/Ethnic Services Manager & Workforce Education and Training Health Program Manager, Sacramento County Behavioral Health Services

**Leslie Napper**, Advocacy and Community Engagement Peer Advocate, Disability Rights California

**Adèle James**, Certified Professional Coach, CEO, Adèle James Consulting

Sacramento County Behavioral Health Services has initiated a pilot in partnership with African American/Black/African Descent communities to form a Behavioral Health Racial Equity Collaborative (BHREC). Our panel will feature the voices of a consumer advocate involved in this process, one of the BHREC facilitators, and the County lead.

**Workshop 2:**

**Naming Anti-Blackness: The Call to Personal and Professional Develop**

**Dana Stone, PhD., LMFT**, Associate Professor, California State University, Northridge

**Shyrea Minton, EdD., LPCC**, Associate Professor, California State University, Northridge

**Deborah Buttitta, PsyD., LMFT**, Lecturer, California Family State University, Northridge

Presenters will share their process of navigating anti-Blackness and white supremacy as clinicians, behavioral health educators, and clinical supervisors. The practice of Naming racism will provide a framework for anti-racist practices and racial healing. Participants will engage in reflection of their own experiences and in facilitated dialogue with the group.

### **Workshop 3:**

#### **Healing Collective Trauma Together**

**LouMeshia Brown, MA., LMFT**, Senior Manager, County of Santa Clara Behavioral Health Services Department

**Juliana Van Meter, MSW**, Program Manager II, The County of Santa Clara Behavioral Health Services Department

**Patricia Marquez-Singh**, Trauma Informed and Healing Centered Program Manager, Office of Cultural Competency, Division of Equity and Social Justice, County Executive's Office

Healing and addressing collective trauma that the workforce experiences is essential to the health and wellbeing of the organization and the people who are served. Please join us as we explore multi-layered strategies to attend to internal collective trauma in a trauma-informed, racially just, culturally- rooted and healing approach.

### **Workshop 4:**

#### **Ending the Silence and Stigma Surrounding Suicide in Multicultural Communities**

**Hufsa Ahmad, MSW**, Program Coordinator, Multi-Ethnic Collaboration of Community Agencies (MECCA)

**Iliana Soto Welty**, Executive Director, Multi-Ethnic Collaboration of Community Agencies (MECCA)

**Dr. Miguel Gallardo**, Director of Research and Evaluation & Professor of Psychology, MECCA, Pepperdine University

Black, Indigenous, People of Color have largely been unaddressed in suicide prevention efforts. In response, MECCA developed 8 ethnic-specific suicide prevention trainings and campaigns. This presentation will cover our learnings about suicide in BIPOC/LGBTQ communities; discuss culturally-responsive strategies when addressing suicidal clients, and outline steps to create your own ethnic-specific prevention campaign.

### **Workshop 5:**

#### **Mental Health and Substance Use Culturally Responsive Service Provision Through Sexual Orientation and Gender Identity Data Collection**

**R Anthony (Tony) Sanders-Pfeifer, PhD.**, Clinical Psychologist, ACBH

**Amy Saucier, LMFT**, Clinical Review Specialist Supervisor, ACBH

**Cammie Duvall, LMFT**, QA Clinical Review Specialist, ACBH

We will explore the evidence based (and community-defined) practices for MH and SUD programs to collect Sexual Orientation and Gender Identity/Expression (SOGI/E) data, and how

to best document this in electronic health records (EHR). By collecting SOGI/E data clinicians and counselors will be able to: tailor their clinical decision making, to assess health disparities, and to apply relevant cultural healing practices to these diverse cultural groups.

## **Workshop 6:**

### **Healing in Nature: Reclaiming Ancestral Filipinx Roots**

**Alyssa Marie Gimenez**, Graduate Student Researcher, San Francisco State University - Health Equity Research (HER) Lab

The COVID-19 pandemic has exacerbated anti-Asian sentiment, increasing stress for Filipino/a/x individuals that remain understudied. This community-informed project investigates the relationship between stress reduction in nature and telomere length for Filipinx living in San Francisco. The long-term goal is to advance health equity for Filipinx through culturally relevant healing in nature.

## **Workshop 7:**

### **Intergenerational Trauma & Historical Injustices: ‘Serving Community Needs’ through Training & Cultural Strategies for Therapeutic Healing (Native American & Asian American Community Narratives)**

**Matthew R. Mock, PhD.**, Independent Practice, Berkeley California & Professor of Psychology, John F. Kennedy University, Pleasant Hill, California

**Raquel Morris, LCSW**, Unit Supervisor, Adult System of Care, Monterey County Behavioral Health

This presentation will help participants enhance clinical work with multicultural communities in multiple ways. First, participants understand how their own experience of loss as exemplified by the presenter informs their clinical work. This includes the past year, 2020 up to the present, mid-year 2021. Second, attendees will gain insight into what it is like to work with children and their parents in context through loss and trauma through dynamic narratives of Native Americans and Asian Americans, including first-hand accounts. Third, the self-of-the-therapist in working effectively focusing on culturally diverse families will be discussed. Fourth, the workshop will generate ideas for facilitating therapeutic healing including traditional Native American and Asian American practices as well as types of rituals with cultural humility to support families in working through trauma and loss. Fifth, the workshop will offer a framework for facilitating strength-based conversations with adult clients, parents, and children about grief. This framework includes ways of inviting cultural themes of ethnicity, gender, social class, immigration status, sexual orientation and faith into these resilience-identifying and strength-based therapeutic strategies.

**1:45pm – 2:00pm Wrap Up**

## **Friday, June 11, 2021**

**10:00am-10:10am- Welcoming/Recap of Summit**

**10:10am-10:15am- Spoken Word**

**10:15am-10:30am- Reflection of the State**

**10:30am- 11:30am-Keynote Speaker- Stacey Abrams w/Moderator**

**11:30am–11:40am- Entertainment**

**11:40am – 12:00pm – TBD**

**12:00pm – 12:30pm – Lunch**

## **Workshops Session 1 (12:30pm – 1:45 pm)-**

### **Workshop 8:**

#### **Engaging BIPOC Communities in Trauma-Informed Telehealth with Cultural Humility and Responsiveness**

**Ritchie J. Rubio PhD.**, Director of Practice Improvement and Analytics, San Francisco Department of Public Health - Behavioral Health Services

This presentation will highlight the use of trauma-informed and culturally-adapted tools in responding to the behavioral health needs of clients who identify as Black, Indigenous, and People of Color (BIPOC) as they access and engage in services provided through telehealth during this time of the COVID-19, racism, and economic pandemics.

### **Workshop 9:**

#### **African Healing Modalities that should not be overlooked in the West**

**Laina P. Magaya, PM**, Principal, Biominuka

**Martin G. Magaya**, Head of Agricultural Education Dept., Belvedere Technical Teachers College, Harare Zimbabwe

**Piwai**, Gwenyambra, Piwai Official

Modern health practices and pharma have always been a one size fits all delivery system and riddled with slight biases that have negative, minor or major impact for certain disparate communities. Within the black diaspora, as is gravely exposed by the plight of the COVID-19 pandemic, it is imperative to return to; and maintain African health and medicinal practices that have long served certain cultures; rituals, medicine, botanicals and music therapy.

### **Workshop 10:**

#### **Living with Love: Reducing Mental Health Disparities for Migrant Indigenous Communities**

**Alison Herrmann**, Associate Director, UCLA Kaiser Permanente Center for Health Equity

**Dulce Vargas**, Program Manager, Mixteco/Indigena Community Organizing Project (MICOP),

**Irisela Contreras**, Program Evaluation Coordinator, Mixteco/Indigena Community Organizing Project (MICOP)

This presentation provides an overview of mental health and domestic violence challenges confronting Mexican migrant indigenous communities, the implementation of a culturally and linguistically competent Community Defined Practice that understands the community's needs, and an in-depth description of the process and challenges of developing a Community-Based Participatory Research.

### **Workshop 11:**

#### **Health Equity in BH and the Role of CHWs & CHCs**

**Elizabeth Oseguera**, Assistant Director of Policy, California Primary Care Association  
**David Buddy Orange**, Vice President of Human & Organizational Development, California Primary Care Association  
TBD, CHC

Please join us in this session where CPCA will be providing an overview on their approach to addressing equity in CHCs while highlighting the contribution of CHWs. We will also provide resources and training tools that can help your organization advance race equity conversations to mitigate health disparities. Lastly we will have TBD, CHC present on how they've initiated this work at their CHC.

### **Workshop 12:**

#### **Critical Social Justice in Times of Racial Pandemic: Asian Americans Rising Up, Speaking Out, Staying Strong**

**Matthew R. Mock, PhD.**, Independent Practice, Berkeley California & Professor of Psychology, John F. Kennedy University, Pleasant Hill, California

The global pandemic in current context has further exposed the virus of racism and xenophobia against Asians and Asian Americans. These relational forms of inequities, discrimination and trauma is not new but historical. There will be a revisiting of these ongoing injustices including their impact on the wellness of multicultural communities including AAPIs. Most importantly, social movements and relational practices, including those by psychologists, to confront and heal from the "virus" of xenophobia will be presented. Our own personal resilience as psychotherapists, as "soul healers" will be discussed.

### **Workshop 13:**

#### **Sensing, Feeling, Thinking, and Experiencing: Our way into Wellness in Action**

**Patricia Rojas-Zambrano**, Program Director of Wellness in Action, Center for Empowering Refugees and Immigrants  
**Laura Coelho**, Program Manager of Wellness in Action, Center for Empowering Refugees and Immigrants

This experiential workshop invites participants into liberatory practices for increasing diversity and inclusion in community mental health, through a decolonizing lens. Using storytelling, somatics, and expressive arts we cultivate embodied co-learning for wellness and healing, centering the experiences and needs of diverse communities that transcend tokenism and honor relational and ancestral wisdom.

## **Workshop14:**

This session will be in Spanish, translated in English

### ***METAMORFOSIS: La Transformación de los Proveedores Clínicos hacia las Pláticas, el Personalismo y el Empoderamiento***

**Dulce J. Lopez, PsyD., Founder of METAMORFOSIS: Thru Love**

Este entrenamiento introducirá a los proveedores clínicos como utilizar las pláticas, el personalismo, y el empoderamiento para los clientes Latinx y sus familias. Los participantes aprenderán los beneficios de las pláticas, el personalismo y el empoderamiento como herramientas para apoyar el tratamiento de las familias servidas. Este entrenamiento/taller será conducido en español porque es la lengua primaria de los clientes servidos. Solo para recalcar, que la expectativa es que los proveedores clínicos bilingües proporcionen servicios en español con pocas/ningunos entrenamientos en el idioma.

### ***METAMORFOSIS: Transforming Clinical Providers towards Talks, Personalism and Empowerment***

**Dulce J. Lopez, PsyD., Founder of METAMORFOSIS: Thru Love**

This training will introduce clinical providers to the use of Talks/*Platicas*, Personalism/*Personalismo*, and Empowerment/*Empoderamiento* for Latinx clients and their families. Participants will learn the benefits of talks, personalism and empowerment as tools to support the treatment of families served, engagement and retention. This training/workshop will be conducted in Spanish because it is the primary language of the clients served. Just to emphasize, that the expectation is for bilingual clinical providers to offer Spanish-language services with few/no trainings in Spanish.

**1:45pm – 2:30pm Closing**