Today’s Purpose

- Review population trends in California
- Examine Latino disparities Statewide
- Examine Latino disparities for select counties
- Discuss the implications of these disparities
- How to use this information
- Next Steps
The importance of this report and data

- Provides the opportunity to identify gaps as well as strengths.
- Begins the development of a Mental Health System Plan
- Reviews needs and service utilization for Medicaid recipients (Medi-Cal)
- Conducts a needs assessment for Latinos (the fastest growing population)
- Serves as a barometer and planning tool for counties

Prevalence and Penetration Defined

- **Prevalence Rates** represent the estimates of people in California with Serious Mental Illness (SMI) or Serious Emotional Disturbance (SED).

- **Penetration rates** tell us how many people are being served compared to how many people are eligible for services. These rates are calculated by dividing the number of people who actually receive public mental health services during a year by the monthly average of Medi-Cal eligible.

- All of the information combined provides us with some indication of how the public mental health system fairs in regards to meeting the needs of individuals across various demographic characteristics.
California Race and Ethnicity Distribution Population Trends

Statewide Disparity Comparisons 2006/07 to 2010/11

<table>
<thead>
<tr>
<th>Year</th>
<th>Hispanic</th>
<th></th>
<th>White</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Served 1</td>
<td>Holzer 2</td>
<td>% Difference</td>
</tr>
<tr>
<td>10/11</td>
<td>142,652</td>
<td>552,804</td>
<td>-74.19%</td>
</tr>
<tr>
<td>06/07</td>
<td>120,591</td>
<td>537,168</td>
<td>-77.55%</td>
</tr>
</tbody>
</table>

Portion of Target Population Served By County 06/07

Total height of bar = Estimated SED and SMI needs

Disparities By County By Ethnicity By Year

Orange to Purple = Difference between Ethnicity/Races
Darker to Lighter Shade = Change from 06/07
County Penetration Rate Ratios of Latinos to Whites By Year

For all elements, ratios depict the following:
1.0 = parity between the two elements compared
Less than 1.0 = disparity for Hispanics (source: CAEQRO)

<table>
<thead>
<tr>
<th></th>
<th>Ventura</th>
<th>Alameda</th>
<th>San Bernadino</th>
<th>San Diego</th>
<th>Fresno</th>
</tr>
</thead>
<tbody>
<tr>
<td>CY07</td>
<td>0.20</td>
<td>0.28</td>
<td>0.31</td>
<td>0.36</td>
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<tr>
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<td>0.34</td>
<td>0.34</td>
<td>0.38</td>
<td>0.33</td>
</tr>
</tbody>
</table>

Disparities By County By Ethnicity By Year

In Ventura County we see that from 2006/07 to 2010/11 there has been an increase in penetration rate for Latinos and a decrease in the White population as would be expected given the demographics.
### Ventura Disparity Comparisons
#### 2006/07 to 2010/11

| Year | Hispanic | | White | |
|------|----------|-----------------|
| Year | Served | Holzer Target | % Difference | Served | Holzer Target | % Difference |
| 10/11 | 2,451 | 10,422 | -76.48% | 2,485 | 4,594 | -45.91% |
| 06/07 | 1,949 | 10,022 | -80.55% | 2,839 | 4,755 | -40.29% |

1. CA EQRO: http://www.caeqro.com/webx/eqro1012/
   For 2010: http://www.dhcs.ca.gov/provgovpart/Pages/BehavioralHealthServicesAssessmentPlan.aspx

### Other CA Counties Disparity Comparisons 2006/07 to 2010/11

| Year | County | Hispanic | | White | |
|------|--------|----------|-----------------|
| Year | County | Served | Holzer Target | % Difference | Served | Holzer Target | % Difference |
| 10/11 | Alameda | 3,928 | 8,733 | -55.02% | 4,153 | 6,140 | -32.36% |
| 06/07 | Alameda | 2,835 | 8,344 | -66.02% | 4,427 | 6,128 | -27.76% |
| 10/11 | San Bernardino | 8,188 | 36,817 | -77.76% | 8,667 | 16,167 | -46.39% |
| 06/07 | San Bernardino | 6,933 | 35,945 | -80.71% | 9,594 | 17,048 | -43.72% |
| 10/11 | San Diego | 9,974 | 38,314 | -73.97% | 11,459 | 24,440 | -53.11% |
| 06/07 | San Diego | 9,080 | 36,401 | -75.06% | 12,190 | 24,433 | -50.11% |
| 10/11 | Fresno | 4,827 | 22,539 | -78.58% | 3,130 | 7,127 | -56.08% |
| 06/07 | Fresno | 5,205 | 21,690 | -76.00% | 3,644 | 7,344 | -50.38% |
Decreasing disparities in CA by 10% would mean serving 55,280 additional clients and decreasing by 20% would equal serving and additional 110,560 clients

- Strategically target communities
- Creating services in the targeted community
- Work with community based organization to serve as facilitators

Initiatives in Ventura County

- Moved and expanded facilities in the Santa Paula
- Opened a Youth and Family Clinic in Fillmore
- Implemented Outreach and Engagement Programs targeting Latinos in Santa Paula, Fillmore and Piru
- Conducted a Latino Access Study
- Adjusted the Spanish readability of the Ventura County Outcomes System to reflect the local community
- Conducted an EQRO PIP in Santa Paula examining access for Latinos
Initiatives in Ventura County (cont’d)

- Plans are in place to move the Oxnard Clinics (Adult and Youth & Family) to Center Point Mall located in a high density Latino area
- Currently conducting an EQRO PIP looking at satisfaction of Interpreter use
- Beginning to use Promotoras in an outreach and education effort in the Santa Clara Valley

Implications and Next Steps

- Use the Behavioral Health Needs Assessment (2012) as a tool to better understand changing demographics
- Find venues to heighten county awareness of the need to further reduce disparities for Latinos
- Create pathways to engage and educate Latinos
- Create pathways for reducing disparities for Latinos who meet the SMI/SED criteria
- Identify successful practices that are specific to Latinos and develop them to Promising Practices then Evidenced Based Practices
- Commit to increasing the penetration rate with specific targets
Discussion and Questions

Accessing the report
http://www.dhcs.ca.gov/provgovpart/Pages/BehavioralHealthServicesAssessmentPlan.aspx