CULTURAL COMPETENCE AND MENTAL HEALTH NORTHERN REGION SUMMIT XIX

Cultural Competency and Workforce Development: The Bridge to Health Care Reform

OCTOBER 2 - 3, 2013
Doubletree by Hilton Hotel Modesto
1150 Ninth Street, Modesto, CA 95354

Raibows and Waterfalls
a water color by John Michael Byers of Transitions Mental Health Association
DOUBLETREE HOTEL MODESTO – MAIN LEVEL

1. SALON 1
2. SALON 2
3. SALON 3
4. SALON 4
5. SALON 5
6. SAN JOAQUIN RIVER
7. MODESTO BOARDROOM
8. SAN JOSE
9. SACRAMENTO
10. PISTACHE
11. GINKGO
12. ASH
13. MAGNOLIA
14. MAGNOLIA PATIO
15. SONOMA
16. NAPA
17. GARDEN TERRACE
18. MAXI’S RESTAURANT
19. LOBBY LOUNGE
Our overall objectives at this Summit are:

1. Provide access to information regarding Health Inequities for unserved, underserved, and inappropriately served communities within the central region.

2. Provide a platform to increase the development of a workforce capable of delivering culturally competent services.

3. Provide attendees skill development techniques and strategies that can be utilized in their current programs to enhance the overall advancement of positive health services.
Sergio Aguilar-Gaxiola, MD, PhD, is a Professor of Clinical Internal Medicine, School of Medicine, University of California, Davis. He is the Founding Director of the Center for Reducing Health Disparities at the UC Davis Health System, the Director of the Community Engagement Program of the UCD Clinical Translational Science Center (CTSC), and the co-Director of the UC Davis Latino Aging Research and Resource Center (LARRC).

His applied research program has focused on identifying unmet mental health needs and associated risk and protective factors to better understand and meet population mental health needs and reduce mental health disparities primarily in underserved populations. Dr. Aguilar-Gaxiola is the author of over 100 scientific publications.

Daniel E. Dawes, Esq. is a healthcare attorney and the Executive Director of health policy and external affairs at Morehouse School of Medicine. In addition to his executive role, Daniel is a director of health policy and a lecturer of health law and policy at the Satcher Health Leadership Institute and holds a faculty appointment in the Department of Community Health and Preventive Medicine. During the negotiations around health reform, he founded and chaired the National Working Group on Health Disparities and Health Reform, a working group of more than 300 national organizations and coalitions that worked to ensure that the landmark health care reform law included health equity provisions to reduce disparities in health status and health care among vulnerable populations. In recognition of his efforts, he was one of 13 experts who were invited to serve on the Health Equity Leadership Commission, which provides guidance on implementing health reform to members of Congress, the Obama Administration, and officials at the Department of Health and Human Services. In addition, Daniel frequently advises international, regional, state, and local policymakers as well as think tanks, foundations, for-profit companies, and not-for-profit organizations on health care law and policy issues. He is a frequent speaker and author of several publications on health reform and health equity.
Before joining Morehouse School of Medicine, Daniel was an Attorney & Manager of Federal Affairs and Grassroots Network for the Premier Healthcare Alliance, as well as Senior Legislative and Federal Affairs Officer at the American Psychological Association (APA). Prior to working for the APA, Daniel worked on the Senate Health, Education, Labor, and Pensions (HELP) Committee under the leadership of Senator Edward M. Kennedy where he advised the Senator and members of the committee on an array of issues related to health care, public health, employment, education, and disability law and policy. During his tenure on the Senate HELP Committee Daniel was also a key figure in drafting provisions in several healthcare-related bills, which were enacted into law during the Bush Administration, including the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act, Americans with Disabilities Act Amendments Act, and the Genetic Information Nondiscrimination Act. Prior to his work with the Senate HELP Committee, Daniel received the prestigious Louis Stokes Health Policy Fellowship and worked for the CBC Health Braintrust under the leadership of Congresswoman Donna M. Christensen on legislative efforts related to health disparities, disability, and emergency preparedness/bioterrorism.

Daniel is highly respected for his capacity to achieve sound policy changes in a nonpartisan manner. He serves on several boards, commissions, and councils focused on health equity, including the Association of American Medical Colleges, the National Urban League, The White House National HIV/AIDS Strategy Committee, and the National Children’s Mental Health Network – the only attorney invited to serve on these panels. He is the recipient of several national awards and recognition, including the 2012 Distinguished Bellos Lecturer at Yale University, Congressional Black Caucus Leadership in Advocacy Award, the Congressional Staff Leadership Award, the Nebraska Alumni Association Early Achiever Award, the American Psychological Association Exceptional Leadership in Advocacy Award, and the SHIRE Health Reform Champion Award. Daniel holds a Juris Doctorate from the University of Nebraska - College of Law and a Bachelor of Science in business administration and psychology from Nova Southeastern University in Ft. Lauderdale, Florida.

Rainbows and Waterfalls
a water color by
John Michael Byers of
Transitions Mental Health Association
Integrated care as a health delivery concept has gained momentum nationwide, attracting widespread attention throughout the health services community. Integrated care promises to change the health care delivery system and current practice structure for mental health providers and provide a vehicle for health care reform that may benefit consumers. This presentation will provide an overview of the provision of behavioral health interventions in primary care, describe the role culture plays in its delivery, and address opportunities for cross-cultural education.

Lupe Alonzo-Diaz will focus on California’s healthcare workforce and OSHPD’s efforts to develop the healthcare workforce — including key primary care and mental health initiatives such as the development of five-year public mental health workforce plan which will guide the state, regional and local investments for the public mental health system.

**Status of California’s Healthcare Workforce and Key State-led Initiatives**

Lupe Alonzo-Diaz will focus on California’s healthcare workforce and OSHPD’s efforts to develop the healthcare workforce — including key primary care and mental health initiatives such as the development of five-year public mental health workforce plan which will guide the state, regional and local investments for the public mental health system.

**Cultural Competency & Workforce Development: The Bridge to Health Care Reform**

Dr. Vismara will focus on autism spectrum disorders (ASD) and the co-occurrence of behavioral and physical health conditions that are frequently associated with ASD. Due to
the complexities and pervasive nature of ASD, many of the challenges and barriers associated with the evaluation and treatment of this disorder may also be indicative of other healthcare workforce development issues. The presentation will begin with an overview of the clinical findings and manifestations of ASD, with an emphasis on the demographics and public health implications of this disorder. A brief review of the recent scientific findings and advances will also be included. An overview of the mental and physical health co-morbidity that frequently accompanies ASD will also be examined. Important issues of equity and diversity related to state-funded regional center services for ASD will be reviewed and the findings and recommendations of the Senate Select Committee Taskforce will be presented. The presentation will follow with a comprehensive review of the Autism Equity & Diversity Legislative Package that was presented during the current legislative session.

THE CALIFORNIA REDUCING DISPARITIES PROJECT (CRDP) PANEL:
HIGHLIGHTS OF THE FIVE POPULATION REPORTS

C. Rocco Cheng, PhD, Corporate Director of Prevention and Early Intervention Services, Pacific Clinics
Sergio Aguilar-Gaxiola, MD, PhD, Professor of Clinical Internal Medicine, School of Medicine, University of California, Davis
Poshi Mikalson, MSW, Project Director, LGBTQ Reducing Disparities Project, Mental Health American of Northern California and Equality California Institute
Janet King, MSW, Native American Health Center, Oakland, CA
Nicki King, PhD, CRDP Program Leader, UC Davis, African American Health Institute

California Reducing Disparities Project (CRDP) is one of the largest investment in the nation regarding mental health disparities in the diverse communities. CRDP is one of the statewide projects funded by MHSA. This panel will highlight key population report findings and recommendations from the five Strategic Planning Workgroups (SPWs) under CRDP: African American, Asian Pacific Islander, Latino, LGBTQ, and Native American.

LUNCH (included with registration) Tuolumne River Room
Music provided by Dellanore Green and Mike Moran

WORKSHOP 1 Ash & Magnolia
UNDERSTANDING LATINO PREVALENCE RATES AND SERVICE UTILIZATION IN CALIFORNIA

Dr. Henry E. Villanueva, Quality Assurance Manager, Ventura County Behavioral Health
Emilio Abarca, Program Administrator II, Ventura County Behavioral Health

Examine California prevalence rates of Latinos facing serious mental illness using the California Mental Health and Substance Use System Needs Assessment (2012) conducted by the technical assistance collaborative and the human services institute. These data will inform an analysis of the prevalence and utilization ratios with a focus on California counties.
**WORKSHOP 2**

**LA CULTURA CURA: CONNECTING WITH AND SERVING DIVERSE POPULATIONS**

*Heriberto Escamilla, PhD, Director Of Research And Learning, National Compadres Network*

This is a highly interactive and participatory workshop designed ideally for a limited audience. It is especially suited for practitioners delivering health services to people from diverse socio-cultural backgrounds. Participants will learn evidence-based, measurable and practical skills that will help them competently and effectively connect with clients in a way that promotes healing, a sense of purpose, responsibility, interdependence in healthy and life-supporting relationships.

**WORKSHOP 3**

**PROMOTORES/AS MODEL**

*Ruben Sanchez, MA, Behavioral Health Clinician, El Concilio–Council For The Spanish Speaking*

*Sarah Gutierrez, MSW, ASW, Behavioral Health Clinician, El Concilio–Council For The Spanish Speaking*

The promotores/as model – what is a promotor/ra? How are they relevant to the mental health field? Promotores/as serve as liaisons between their community, health professionals and social service agencies. As liaisons they often play the roles of an advocate, educator, mentor, outreach worker, role model and translator. Promotores/as have gained significant importance in the way that mental (health) care is delivered in the united states for latinos in the last two decades.

**WORKSHOP 4**

**COMMUNITY-DEFINED SOLUTIONS FOR LATINO MENTAL HEALTH CARE DISPARITIES**

*Sergio Aguilar-Gaxiola, MD, PhD, Director, UC Davis, Center For Reducing Health Disparities*

*Margarita Rocha, Director, Centro La Familia*

The goal of this session is to share the findings of the California Reducing Disparities Project Latino Strategic Plan Workgroup (CRDP-Latino SPW) report. Participants will be able to recognize barriers in mental health among Latinos. They will also recognize strategies to improve mental health treatment for Latinos.
WORKSHOP 5 ................................................................. Sonoma
WELLNESS WORKS! A HOLISTIC APPROACH TO ACHIEVING WELLNESS AND SUCCESS IN LIFE AND WORK
Carolyn Martin, RN, FNP, PhD, Associate Professor, California State University, Stanislaus
Diane Feneck, MS, Coordinator Of The Wellness Works Program, Wellness Works!

The Wellness WORKs! Program builds self-esteem and transports individuals from welfare-to-wellness-to-work. Based on a holistic approach the program incorporates health-promoting curriculum and introduces participants to a variety of activities and topics. Participants' benefits relate to success in the work place. This program positively transforms the lives of those it serves.

WORKSHOP 6 ................................................................. Ginkgo
COMMUNITY CAPACITY-BUILDING
John Alvarado, MSW, ASW, Mental Health Clinician I, Stanislaus County Behavioral Health & Recovery Services
Luis Molina, BA, Community Behavior Health Consultant, Stanislaus County Behavioral Health & Recovery Services
Maria Sermeno, Grayson Community Group, Grayson CA
Manuel Rivera, BA, Manos Unidas, South Modesto community group

Support communities to act on their own behalf to promote the well-being of their members. Identify ways to strengthen the community’s capacity to: design well-being plans focused on results, nurture the leader-fullness of all and focus on building relationship. The dialogue will focus on the strength-based and wellness perspectives of community building rather than the deficit model.

WORKSHOP 7 ................................................................. Stanislaus/San Joaquin River Room
THE CRDP STRATEGIC PLAN, AFRICAN AMERICAN, AND API POPULATION REPORT
Ruben Cantu, Program Director, California Pan-Ethnic Health Network
C. Rocco Cheng, PhD, Corporate Director of Prevention and Early Intervention Services, Pacific Clinics
Nicki King, PhD, CRDP Program Leader, UC Davis, African American Health Institute

This workshop will start with the review of the CRDP and the process of constructing the strategic plan. Then implications for culturally responsive service planning and implementation in the African American and API communities will be discussed.

2:45 PM - 3:00 PM  BREAK
Music provided by Baskuana
Cultural Competency and Workforce Development: The Bridge to Health Care Reform

3:00 PM - 4:30 PM

WORKSHOPS | SESSION II

WORKSHOP 8 .................................................. Stanislaus/San Joaquin River Room
LGBT CULTURAL COMPETENCE AND WORKPLACE DEVELOPMENT
Rev. Elena J. Kelly, San Joaquin Pride Center/Stockton Transgender Alliance

This presentation will focus on the needs and obstacles that are unique when working with the LGBTQIA community, how that many agencies currently fail to meet those needs, the importance of proactive training, creating an LGBTQIA-affirming culture in the workplace, transforming the organization’s culture, sharing some concrete strategies, and measuring cultural competence.

WORKSHOP 9 .................................................. Sacramento
INTEGRATION OF CARE FROM A PEER PERSPECTIVE
Michele D. Curran, Chief Consultant, Curran And Associates Educational Consortium

This workshop presentation is an introduction to the background discussions needed for each county offering integrated behavioral health and primary care services. As we coordinate our efforts in offering care to complex service recipients, it is imperative that service providers in each discipline develop a common understanding of the recipients.

WORKSHOP 10 ................................................. Sonoma
MULTI-ETHNIC POOL OF CONSUMER CHAMPIONS: AN EMPLOYMENT POOL FOR HEALTH CARE
Khatera Aslami, Consumer Relations Manager And MHSOAC Commissioner, Alameda County BHCS/Pool Of Consumer Champions
Jay Mahler, Pool Of Consumer Champions
Mary Hogden, Pool Of Consumer Champions
Lorenzo Quan, Pool Of Consumer Champions
Michelle Campbell Mateo, Pool Of Consumer Champions
Angel Cortes, Pool Of Consumer Champions
Paulette Franklin, African American Committee of the Pool Of Consumer Champions

Alameda county’s pool of consumer champions has 700 ethnically diverse members, who have ‘lived experience’ in our behavioral health care system. POCC is creating a pipeline for healthcare reform employment. We will explain how POCC increases personal wellness, educates people in self-advocacy and builds their skills for the workforce.
Cultural Competency and Workforce Development: The Bridge to Health Care Reform

WORKSHOP 11 ................................................................. San Jose

TRADITIONAL HEALING PRAXIS: A CULTURAL RESPONSE-ABILITY TO AN AMERICAN HOLOCAUST

Samuel Martinez, LCSW, Social Justice Worker, Traditional Healing Praxis

Western Medicine looks to the east, but continues to overlook native self reliance, and our severest challenge, healing Post Generational Trauma. I offer ‘evidenced based’ on our healing; How we, the Dislocados - the uprooted, find our way back-home and feel comfortable again in our-own skin. I merged the best, as the son of an American Holocaust Survivor and an LCSW, by providing 40 years of crisis-emergency response services to a population that deserves our best-practice.

WORKSHOP 12 ................................................................. Pistache

STRENGTHENING FAMILIES INNOVATIVE PROGRAM

Sharon Jones, MHSA Coordinator, Merced County Department of Mental Health

The Strengthening Families innovative workshop presentation will showcase Merced county’s community driven program that builds on healthy relationships, positive secure attachments, cultural wisdom, and cross cultural learning by hiring staff who live in the community as part of the mental health workforce with the goal of creating sustainable health and wellness resources and building capacity.

WORKSHOP 13 ................................................................. Ash & Magnolia

WHO SHOULD WE BE HIRING? UPSTREAM APPROACHES FOR SUPPORTING AFRICAN AMERICAN MALES TO WORK AS MENTAL HEALTH PROVIDERS

Gigi R. Crowder, LE, Ethnic Services Manager/Cultural Responsiveness Coordinator, Alameda County BHCS
Tomas Alvarez III, MSW, CEO, Beats, Rhymes And Life, Inc.

Recognizing the unique opportunities presented through health care reform that will open the door wider for men of color to receive behavioral health services when it is appropriately assessed or indicated. We will discuss who we are currently inappropriately serving in our counties. We will identify community defined strategies which include developing pipelines and mentoring opportunities to draw more African American youth and college students to choose careers working in the mental health field. This will greatly enhance our workforce to be more reflective of the communities we serve.
Cultural Competency and Workforce Development:
The Bridge to Health Care Reform

**WORKSHOP 14**

**Ginkgo**

**HOLISTIC WELLNESS – ENGAGING CULTURAL AND LINGUISTIC TRADITIONS TO IMPROVE COMMUNITY RESILIENCE**

Juan G. Ibarra, DrPH, MPH, MSW, Epidemiologist, San Francisco Dept. Of Public Health

San Francisco’s Office Of Quality Management completed an evaluation of MHSA Prevention and Early Intervention’s Holistic Wellness Programs. Overall, programs are having a positive impact on program participants. They expressed improvement in their physical, mental, and emotional health, as well as social connectedness, community building, and coping skills.

**4:45 PM - 5:45 PM**

**NETWORKING RECEPTION AT THE HOTEL** (Optional) ............... Arbor Theatre

**COMMUNITY ENTERTAINMENT EVENT**

5:15 PM - 6:30 PM

**1010 10th Street Plaza, Modesto** across the street from the hotel

**FEATURING PERFORMANCES BY**

- **Amigas Promotoras** (Ballet Folklorico by girls ages 7-13)
- **Casa Cultural** (Ballet Folklorico Tradiciones dancers)
- **Khmer Youth of Modesto** (Cambodian Dancers from Marshall Elementary School)
- **The Bridge Hmong Dancers** (Traditional Dance)
- **ASPARA Traditional Dance** (Cambodian Coconut Dance)

- **The Bridge Cambodian Cultural Musicians** (musicians)
- **The Bridge Laotian Dancers** (dancers with live music by Cambodian Musicians)
- **Time Value Rock Band** (Rock with funk emphasis – young musicians)
Daniel E. Dawes, Esq., Healthcare Attorney & Executive Director, Health Policy & External Affairs

This presentation will discuss the education and advocacy that was involved during health reform negotiations to ensure inclusion of health equity provisions. This presentation will also discuss the applicable provisions of the law that will have the greatest impact on eliminating health disparities and achieving health equity. The current status of health equity provisions, challenges to implementing these provisions, and opportunities to get involved will also be presented. Join us to learn how you can be a part of successful implementation at the local, state, and federal law levels.
WORKSHOP 15  .................................................. Sacramento
TRANSFORMING MENTAL HEALTH CARE: INTEGRATING SPIRITUALITY INTO WELLNESS AND RECOVERY
Constance Gustafson, MSW, Associate, California Institute for Mental Health
Kumar Menon, MSPA, Chief, Community And Government Relations, Office of the Director, Los Angeles County Department of Mental Health

To support the adoption of its ground breaking practice parameters for spiritual support and mental health, the Los Angeles County Department of Mental Health worked with the California Institute for Mental Health to pioneer a set of teaching/learning tools, protocols and practices. The set includes a mental health and spirituality knowledge and skills development curriculum for mental health staff and contractors; a manual and toolkit to help individuals support their own wellness and recovery through self actualization of their spirituality interests; and a series of training vignettes to facilitate team learning and understanding of spirituality and religion, diversity, cultural values and mental wellness.

WORKSHOP 16  .................................................. Sonoma
REDUCE DISPARITY THROUGH CULTURAL COMPETENT WORKFORCE EDUCATION AND TRAINING: API PANEL DISCUSSION
Keo Silim, BHSII-Stanislaus County-Behavioral Health Recovery Services/BHS/StanWorks
Bee Lee, MSW-Community Service Agency-Adult, Child & Family Services
Rev. Taulau Topua, Senior Pastor of Via Dolorosa Congregational Christian Church of Samoa Modesto
Master Nguyen and his disciple from Phuoc Son Vietnamese Temple
Abbott Somtack Souvannaseng, Venerable Bounma Khamwongsod, Buddhist Monk Mikey Sakda Amphavannasouk of Wat Lao Buddharangsry
Venerable Loren Vibol, Venerable Prum Ve, Acha Thang Saing, Dr. Van Prom, DC, president of Watt Cambodian Buddhist Association

A facilitated panel discussion with Community leaders, Faith Based, Health Care Provider and Spiritual Leaders from the Asian Pacific Islander (API) to share the perspective and knowledge from the API Community to better engage and provide culturally appropriate access to services for the API Community.

WORKSHOP 17  .................................................. San Jose
TREATING ASIAN AMERICAN COMMUNITIES WITH CLAS (CULTURALLY AND LINGUISTICALLY APPROPRIATE SERVICES)
Mai Le, Project Coordinator, NICOS Chinese Health Coalition
Michael Liao, Director of Programs, NICOS Chinese Health Coalition

Using the Office of Minority Health’s Standards for Culturally and Linguistically Appropriate Services (CLAS) as a framework, this interactive workshop will show participants how to better prepare their organizations for serving the behavioral health needs of Asian American communities. Free follow-up consultation and training will be offered to all participants.
WORKSHOP 18 ...............................................................Pistache

DSM 5: TOOLS TO ADVANCE CULTURAL COMPETENCE

Margaret Faye, PhD, California Institute For Mental Health
Neal Adams, MD, California Institute For Mental Health

This workshop provides an overview of changes in DSM 5 related to the consideration of cultural factors in psychiatric diagnosis and treatment. The new Cultural Formulation Interview (CFI), cultural assessment and culturally based concepts of distress and illness will be featured and opportunities for interactive learning will be provided.

WORKSHOP 19 ................................................................. Ginkgo

INNOVATIVE MODEL FOR FIGHTING STIGMA RELATED TO MENTAL HEALTH CONDITIONS IN LOCAL COMMUNITIES: INTEGRATING RESEARCH, CULTURALLY RESPONSIVE PRACTICES AND TECHNICAL ASSISTANCE

Eduardo Vega, MA, Executive Director, Mental Health Association of San Francisco
Daniel Esparza, Senior Program Manager, Mental Health Association of San Francisco

This workshop will examine the process of understanding culturally specific experiences of stigma, exploring California community-based programs for stigma reduction, and establishing guidelines for culturally responsive practices in culturally relevant stigma reduction programs. Concepts and specific program examples from a literature review will be examined. Preliminary guidelines and exemplar programs will be presented through the lens of the “Promising Practices Program.” The process of engaging with California Community Development Partners will be described, and challenges and lessons learned will be presented through the work of The Center for Dignity, Recovery and Stigma Elimination’s Training and Technical Assistance Model.

WORKSHOP 20 ............................................................... Ash & Magnolia

THE AFRICAN AMERICAN FAITH COMMUNITY, KEEPERS OF THE FLOCK

Minister Monique Tarver, California Mental Health And Spirituality Initiative, Chair
Gigi R. Crowder LE, CC Coordinator/Ethnic Services Manager, Alameda County Behavioral Health Care Services
Pastor Horacio Jones, Tri Cities Community Development Center, Founder/President

Recognizing the unique opportunities presented through health care reform, this workshop will help guide efforts to build on community connection and engagement as reported in the Alameda County African American utilization study; to facilitate the implementation of culturally responsive services to clients/consumers and families of African descent who identify spirituality as a tool and resource in resilience, wellness and recovery.
WORKSHOP 21 ....................................................... Stanislaus/San Joaquin River Room

THE NATIVE AMERICAN POPULATION REPORT AND THE MULTICULTURAL PERSPECTIVE OF THE CRDP

Janet King, MSW, Native American Health Center, Oakland, CA
Stacie Hiramoto, MSW, Director, Racial and Ethnic Mental Health Disparities Coalition

This workshop will cover main findings and recommendations from the Native American SPW’s population report, “Native Vision,” and implications for working in a culturally responsive and appropriate manner with Native American communities. In addition, a multicultural perspective of the CRDP will be shared.

2:45 PM - 3:00 PM

BREAK

Music provided by Baskuana

3:00 PM - 4:30 PM

WORKSHOPS | SESSION IV

WORKSHOP 22 ................................................................. Sonoma

CONSORTIUM: A COLLABORATIVE AND HOLISTIC APPROACH IN CULTURALLY COMPETENT SERVICE DELIVERY AND WORKFORCE DEVELOPMENT

Becky Smith Gould, LCSW, MPA, Deputy Director, San Joaquin County Behavioral Health Services
Debbie Alter, Executive Director, Nami San Joaquin
Raksmey Roeum-Castleman, MPH, Program Director, Human Services Projects, Inc.
Ramona Valadez, MSW, Executive Director, Native Directions, Inc.
Kerrie Melton, Consumer Outreach Coordinator, San Joaquin County Behavioral Health Services
Cris Clay, MA, Executive Director, University of the Pacific, Community Re-Entry Program

The “Consortium”, an evolutionary and integrated process of change to affect cultural competency, workforce development, and the overall health of the un-served, underserved, and inappropriately served ethnic specific communities through the discussion and exploration of history and culture within the San Joaquin County system of service delivery.

WORKSHOP 23 ............................................................... Ballroom IV & V

COVERED CALIFORNIA EL CONCILIO

Claudia E. Vega, Covered California

Covered California was created to develop an organized marketplace where legal residents of California can buy health coverage that cannot be denied or canceled if you are sick have pre-existing health conditions. Covered California is the state agency in charge of implementing the federal patient protection and affordable care act in California.
WORKSHOP 24. ...............................................................  Pistache

PROVIDING CULTURALLY TAILORED PROGRAMS IN ORDER TO ELIMINATE HEALTH DISPARITIES AND REDUCE STIGMA ASSOCIATED WITH MENTAL ILLNESS AND SUBSTANCE ABUSE

Katherine Reyes, Mental Health Counselor, San Mateo County Health System, Behavioral Health and Recovery Services, Office of Diversity and Equity

Maria Lorente-Foresti, Psychologist, San Mateo County Health System, Behavioral Health and Recovery Services, Office of Diversity and Equity

Staff from the Office of Diversity and Equity (ODE) within San Mateo county health system’s Behavioral Health and Recovery Services (BHRS) will present on local efforts tailored to diverse racial, ethnic, linguistic and cultural communities. These efforts bring together community defined practices, media, storytelling and other non-traditional engagement strategies.

WORKSHOP 25. ...............................................................  Ginkgo

ETHNIC, ORGANIZATIONAL, AND INTER-ORGANIZATIONAL CULTURAL IMPLICATIONS FOR AND THE ACA

David Weikel, PsyD, Candidate, Alliant International University, Fresno

Toni Knott PhD, Alliant International University, Fresno

A model representative of, and related to, culture will be introduced that can be utilized for the relationship building needed to implement the interagency collaborations required by the Affordable Care Act. It is also applicable to the development of the skill sets of agency staff, management, and community stakeholders in these organizations.

WORKSHOP 26. ...............................................................  Ash & Magnolia

MENTORING TOWARDS A CULTURALLY DIVERSE WORKFORCE: A COLLABORATIVE EFFORT TO INCREASE STAFF DIVERSITY

Ellie Valdes Dwyer, LCSW, Supervising Mental Health Clinician, San Mateo County, Behavioral Health and Recovery Services

Kristin L. Dempsey, MFT, Supervising Mental Health Clinician, San Mateo Behavioral Health and Recovery Services

San Mateo BHRS Latino collaborative partnered with BHRS Workforce Development to create a mentoring program in which mentors are matched to provide personalized, responsive mentoring to culturally diverse mentees. Individualized mentoring allowed for mentees to make nuanced requests for mentors who could provide cross cultural, linguistic, and cross discipline mentoring.
WORKSHOP 27 .................................................. San Jose
THE CONSUMER PERSPECTIVE: HOW MEANINGFUL EMPLOYMENT, CULTURAL RESPONSIVENESS, AND STIGMA AFFECT RECOVERY
Will Taylor, Consumer Affairs Director, Mental Health America of Northern California
The Placer County Speakers Bureau presents inspirational stories of recovery from mental illness to audiences in the community. Our presenters are a diverse group of people who have lived those stories and are leading successful, independent lives in the community.

WORKSHOP 28 .......................... Stanislaus/San Joaquin River Room
FIRST, DO NO HARM,” THE LGBT POPULATION REPORT
Poshi Mikalson, MSW, Project Director, LGBTQ Reducing Disparities Project, Mental Health American of Northern California and Equality California Institute
This workshop will share main findings and recommendations from CRDP’s LGBTQ population report, “First, Do No Harm.” Implications for working in a culturally appropriate and responsive manner with the LGBTQ communities will be discussed.

CLOSING CEREMONY .......................... Stanislaus/San Joaquin River Room

4:45 PM

THANK YOU TO OUR EXHIBITORS

Health Professions Education Foundation
DMBGS
Doing My Best, God’s Son!
Customized Coin pouches

California Mental Health & Spirituality Initiative
NICOS Chinese Health Coalition

World of Honey

Cultural Competency and Workforce Development: The Bridge to Health Care Reform
2013 NORTHERN REGION CONFERENCE PLANNING COMMITTEE

Doretha Williams
Flourney CiMH

JoAnn Johnson
Sacramento County

Madelyn Schlaepfer
Stanislaus County

Vic Singh
San Joaquin County - BHRS

Gina Ehlerl
CiMH

Peter Duenas
Stanislaus County

Manuel Jimenez
Merced County

Angelo Lamas
Merced County

SPEAKERS/PROGRAM
Sharon Jones—Merced County Department of Mental Health
Melissa Alamilla—Merced Adult Wellness Center
Hermisha Brown—Merced Adult Wellness Center
Pouran Nowzari—Fresno County Behavioral Health
Connie Cha See—Fresno County Behavioral Health
Ron Shaw—Working Well Together
Elena Robles—Merced Adult Wellness Center

CiMH/LOGISTICS
Theresa Ferrini, CGMP

CONSUMERS AFFAIRS
Monica Silva—Stanislaus County BHRS
Noel Silva—Turning Point
John Black—Stanislaus County BHRS

EVALUATION
Angelo Balmaceda—San Joaquin County - BHRS
Janelle Frederiksen—San Joaquin County - BHRS
Pouran Nowzari—Fresno County
Ron Shaw—NAMI of California
Cha See—Tulare County
Jeanette Jameson—Stanislaus County - BHRS
Kirsten Jasek-Rysdahl—Stanislaus County - BHRS

ENTERTAINMENT
Angelica Arrellano—Stanislaus County - BHRS
Angelo Balmaceda—San Joaquin County - BHRS
John Black—Stanislaus County - BHRS
Andrew By—Stanislaus County - BHRS
Pete Duenas—Stanislaus County - BHRS
Melissa Farris—Stanislaus County - BHRS
Teresa Garibay—Stanislaus County - BHRS
Jorge Fernandez—Stanislaus County - Center for Human Services
Fernando Granados—Stanislaus County - Sierra Vista Children and Family Services
Red Hawk—Stanislaus County - West Modesto King Kennedy Neighborhood Collaborative
Jean Kean—Stanislaus County - The Bridge
Christina Kenney—Stanislaus County - Turning Point Empowerment Center
Vanessa Lopez—Stanislaus County - BHRS

Gustavo Martinez—Stanislaus County - Casa Cultural Art Center
Pholy Meas—Stanislaus County - Modesto School District
Carmen Morag—Stanislaus County - International Rescue Committee
Katy Nariman—Stanislaus County - Center For Human Services
Luz Pulido—Stanislaus County - BHRS
Keo Silim—Stanislaus County - BHRS
Monica Silva—Stanislaus County - BHRS
Tim White—Stanislaus County - BHRS
Laura Canela—Stanislaus County - Casa Cultural Art Center
Rossy Gomar—Stanislaus County - Oakdale Promotoras Project
Nora Martinez—Stanislaus County - Center for Human Services
We would like to thank the sponsor of this conference, the Central Region Workforce Education and Training Partnership. The Central Region Partnership is comprised of Mental Health Directors, leaders, providers, consumers, family members, concerned citizens and stakeholders of 20 counties in the Central Region of California. The Partnership’s support for this informative conference has allowed many to attend, share and learn from one another regarding the critical topic of becoming culturally humble, especially as it relates to those who are touched by California’s public mental health system and workforce.

HOST COUNTIES / ORGANIZATIONS

California Institute for Mental Health
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