

# **Wellness Webinar # 1- Recovery Perspectives in Wellness Models Agenda – March 2<sup>nd</sup>, 2012**

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**I. History of the Recovery Movement** (Timeline from 1960's to present)

**II. What is Wellness?** (The Eight Dimensions of Wellness - SAMHSA)

**III. Are Mental Health Professionals Prepared to Address Wellness?**  
(Dialogue with audience)

**IV. Mental Health Service in Two Worlds**  
(Medical Model and Social Model)

**V. Top Ten Professional Concerns**

**VI. Addressing Professionals' Concerns**  
(Dialogue with audience)

**VII. Common Peer Concerns**

**VIII. Addressing Peer Concerns**  
(Dialogue with audience)

**IX. Peer-Professional Collaboration**

**X. Closure**  
(Final questions/comments, resources, plans for future Webinars)