Wellness Webinar # 1- Recovery Perspectives in Wellness Models
Agenda – March 2nd, 2012

Facilitator: Anne MacRae, PhD, OTR/L, BCMH, FAOTA

I. History of the Recovery Movement (Timeline from 1960’s to present)

II. What is Wellness? (The Eight Dimensions of Wellness - SAMHSA)

III. Are Mental Health Professionals Prepared to Address Wellness? (Dialogue with audience)

IV. Mental Health Service in Two Worlds (Medical Model and Social Model)

V. Top Ten Professional Concerns

VI. Addressing Professionals’ Concerns (Dialogue with audience)

VII. Common Peer Concerns

VIII. Addressing Peer Concerns (Dialogue with audience)

IX. Peer-Professional Collaboration

X. Closure (Final questions/comments, resources, plans for future Webinars)