

Worksheet #3  
Services Necessary for the Recovery Process



### WORKSHEET #3

#### SERVICES NECESSARY FOR THE RECOVERY PROCESS

Identify a specific individual. Then, in each row, rate the extent to which the service, or service quality, has been effectively available and accessible to that individual.

You should highlight your answers and save the PDF.

Type of Service	Unavailable			Readily Available	
	1	2	3	4	5
Peer-run services	1	2	3	4	5
Professional services	1	2	3	4	5
Living supports (food, clothing, shelter, sundries, transportation)	1	2	3	4	5
Holistic (symptoms are addressed, but not in isolation from other aspects of the individual's life)	1	2	3	4	5
Religious (for those consumers who are inclined toward religion)	1	2	3	4	5
Media (that is helpful in public education and stigma reduction)	1	2	3	4	5
Crisis intervention services	1	2	3	4	5
Wellness Recovery Action Plan (or alternate well-structured, self-directed, peer- and professional-supported approach to prevention and symptom management)	1	2	3	4	5
Relapse prevention plan	1	2	3	4	5
Culturally relevant services (consider the consumer's various cultural orientations)	1	2	3	4	5